

Issue 28 2024-2025



YEARS OF

Akanksha

TECHNOLOGY IN EDUCATION

SKILL DEVELOPMENT AND VOCATIONAL EDUCATION

AND CREDIT TRANSFER

INTERNATIONALISATION

MULTILINGUISM

RESEARCH AND INNOVATION

DIGITALIZTION OF TEACHING-LEARNING PROCESS

National Education Policy (NEP 2020)

Seva Mandal Education Society's

Dr. Bhanuben Mahendra Nanavati College of Home Science (Empowered Autonomous)

NAAC Re-accredited 'A+' Grade with CGPA 3.69/4 UGC Status: College with Potential for Excellence

Best College Award 2016-17 adjudged by S.N.D.T. Women's University

Selected under "Enhancing Quality & Excellence in Select Autonomous Colleges Scheme (RUSA)

Smt. Shardaben Champaklal Nanavati Institute of Polytechnic-

Smt. Hiraben Manilal Nanavati Junior College of Home Science

Smt. Kamlaben Gambhirchand Shah Department of Computer Applications

Smt. Manjulaben Gunvantrai Shah Department of Post Graduates Studies

Dedicated Staff of Dr. B.M.N. College of Home Science 2024-2025



Faculty of Undergraduate & Postgraduate Programs in Home Science



Faculty of Smt. K.G. Shah Department of Computer Applications



Faculty of Smt. Hiraben Manilal Nanavati Junior College of Home Science



Faculty of Smt. Shardaben Champaklal Nanavati Institute of Polytechnic



Non- teaching staff of Dr. B.M.N. College of Home Science



Vision

Empowerment of Women through Quality in Education

Mission

To impart transformational and accessible education that intellectually stimulates and academically inspires women from all sections of society to gain personal strength, build self-reliance, digital competence and enhance entrepreneurial skills to achieve optimum empowerment.

Our institutional objectives are as follows:

- To foster a healthy learning environment
- To make teaching and research relevant to social needs
- To inculcate a humanist outlook in students by means of value-based education and community outreach programs
- To focus on vocationalization of courses







राष्ट्रीय मूल्यांकन एवं प्रत्यायन परिषद

विज्यविद्यालय अनुसन आयोग का स्थापन संस्थान

NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

An Autonomous Institution of the University Grants Commission

Certificate of Accreditation

The Executive Committee of the

National Assessment and Accreditation Council

on the recommendation of the duly appointed

Peer Jeam is pleased to declare the

Seva Mandal Education Society's

Dr. Bhanuben Mahendra Nanavati College of Home Science

Matunga, Mumbai,

affiliated to Shreemati Nathibai Damodar Thackersey Women's University, Maharashtra as

Accredited

with CSPA of 3.69 on four point scale

al A grade

valid up to December 31, 2024

Date: December 04, 2018





Director



श्रीमती ना. दा. ठाकरसी महिला विद्यापीठ

१, एन् ठाकरसी रोड, न्यु मरीन लाईन्स, मुंबई - ४०० ०२०. महाराष्ट्र, भारत

दूरध्वनी : 91-22-22033313

E-mail: pvc@sndt.ac.in

Prof. (Dr.) Ruby Ojha
Pro Vice-Chancellor



S.N.D.T. Women's University

1, N. Thackersey Road, New Marine Lines,

Mumbai - 400 020. Maharashtra, India

Tel.: 91-22-22033313

E-mail: pvc@sndt.ac.in

NWARD NO: 308 Date: 2/7/2024

Plemarks :-

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PVC-31/2024-25/39

25th June, 2024

To,

The Principal,

Dr. Bhanuben Mahendra Nanavati College of Home Science,

338, R.A. Kidwai Road, Matunga,

Mumbai-400 019

Subject : Granting Empowered Autonomous Status to Dr. Bhanuben Mahendra Nanavati College of Home Science.

Dear Madam,

This has the reference to your application Ref. No.407 dated 12/02/2024, requesting for Empowered Autonomous Status to your college. As per the instruction given by Hon'ble Vice Chancellor madam, we are please to inform you that the Empowered Autonomous Status is granted to your college as per Uniform Statue No.1 of 2023 dated 22/05/2023 (RNI. No. MAHBIL/2009/37831).

This information is being sent to the department of Higher Education, Government of Maharashtra, for further process.

Thanking you,

Prof. Ruby Ojha

Pro-Vice Chancellor

Principal

Dr. Bhanuben Mahendra Nanavati College of Home Science, (Autonomous) 338, R. A. Kidwai Road, Matunga Mumbai - 400 019.

Encl: Uniform Statue No.1 of 2023 dated 22/05/2023

(RNI. No. MAHBIL/2009/37831)

Principal's Desk

Dear Friends,

The academic year 2024-2025 was a significant year for Dr. BMN as it marked the completion of our 40th year since inception in 1984. The year saw a number of activities commemorating the celebration of the Ruby Jubilee year. It is with pride that I share that Dr BMN was awarded 'Empowered Autonomous College Status' by Govt of Maharashtra and we were felicitated for the



same on the SNDTWU Foundation Day on 5th July 2024, at the hands of His Excellency Shri Ramesh Bais, Governor of Maharashtra. Additionally, Smt. K.G. Shah Department of Computer Applications Program received affiliation to AICTE (All India Council of Technical Education); M. Sc. Clinical Nutrition and Dietetics Program of the Smt Manjulaben Gunvantrai Shah Dept of Post Graduate Studies was recognised by Pepsico Ltd for its contribution to its Nutrition Education Program; and the National Council for Quality Management and the Shree Vadilal Gandhi Trust felicitated the institution for 10 award-winning projects since the inception of the BEQET (Best Educational Quality Enhancement Techniques) award in 2006. We continued with our COIL program (Collaborative Online Learning) in collaboration with the Wilkes University, Pennsylvania wherein select students of the BCA Department completed a co-design coding project for the second consecutive year while the Foundational Courses participated in the instruction, as well as attending a seminar course on 'Women of the Global South'

The year witnessed a host of exciting co-curricular activities. This included international multidisciplinary conferences on 'Vanaprasthasharam: Health and Longevity in Senior Citizens', and 'Nutrition Communication and Extension: Integrating Science, Policy, and Practice for Healthier Communities'. At National Level Symposiums were conducted on the following topics: 'Breastfeeding Week - Bridging the Gap between Mother and Child;' "Open Access to Scholarly Information: Research & Academic Communities Role in Building a Sustainable Knowledge Society".; 'Nutraceuticals and Functional Foods in Health' and "Bridging Gaps in Tourism and Hospitality Education: Designing a Skill-Based Curriculum". In addition, State Level Symposia were held on 'Implementation of NEP 2020'; 'DIGIHUM: Digital Innovations in Humanities and Literature Education'; 'IKS – Exploring Living Heritage of India', and 'Harnessing Artificial Intelligence with Effective Communication'.

The Department of M.Sc in Clinical Nutrition and Dietetics continued with the National Level Student Exchange Program with Avinashilingam Women's (deemed) University for Home Science & Higher Education for Women, Coimbatore. Our young talents have kept the BMN flag flying high - Ms.

Akshata Dhokale (SYFSN) who has won gold medals at International, National and State Levels in

gymnastics, while Cadet Ms. Isha Mahesh Navale (SYBCA) won the gold, silver medal and bronze

medals in events of rifle shooting, and silver medal in boat pulling competition at National and State

levels. Our sports women represented the university in chess, karate and shooting at the National Level

and State Level. We hosted a number of innovative workshops supported by the Rashtriya Uchchatar

Shiksha Abhiyan (RUSA) while our collaborative ventures continue with Tata Power Skill Development

Institute (TPSDI); Homi Bhabha Science Centre, the Department of Higher Education, Centre for

Environmental Education, Advanced Centre for Water Resources Development and Management, and

UNICEF under YEWS Program. "Akanksha", an intercollegiate cultural fest on the theme

"EMOTIONS" and intercollegiate Techfest 'Tekzone Season 19' on the theme "AI UNLEASHED:

Redefining Creativity" The Department of Computer Applications launched its inaugural 'Hackathon,

Webweavers - A Web Development Hackathon' in 2025. A unique initiative this year was the second

intercollegiate Sports competition 'Lakshya' organised by our non-teaching staff.

I extend my deep-felt appreciation to all the departments and committees for the success with which

they have conducted academic, cultural, NSS, sports, extension and alumni events. We are indebted to

the SMES Management for being our pillar of strength. We also thank our well-wisher, alumni and

collaborating partners from the industry for their constant support, especially for student freeships and

infrastructure development.

We will miss our dear students who are leaving the portals of our college for the world ahead, but we

are confident that they will shine in whatever life path they chose to pursue.

with warmth and best wishes

Prof. (Dr.) Mala Pandurang

'AKANKSHA' EDITORIAL COMMITTEE

Convenor : Prof. Dr. Mala Pandurang (Principal)

Editors : Mrs. Salethmary Austin, Ms. Milina Pereira, Mrs. Cindrella D'costa,

Ms. Manali Chavan, Ms. Reema Jose & Ms Paulomi Desai.

Cover Design : Ms. Nalini Parab.

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INSTITUTIONAL AWARDS AND RECOGNITION

College was awarded 'Empowered Autonomous College Status' on the SNDTWU Foundation Day on 5th July 2024 by SNDTWU and the Govt of Maharashtra at the hands of His Excellency Shri Ramesh Bais, the Governor of Maharashtra.





The institution has been awarded for 10 awardwinning projects since the inception of the BEQET Quality (Best Educational Enhancement Techniques) award in 2006 by the National Council for Quality Management and the Shree Vadilal Gandhi Trust on 8th March, 2025.

M. Sc. Clinical Nutrition and Dietetics Program of the Smt. Manjulaben Gunvantrai Shah Dept of Post Graduate Studies was:

- recognised by Pepsico Ltd. for its contribution to its Nutrition Education Program which has covered one lakh children in the past ten years at a function presided by Dr. Petro Antorio Tattarani, M. D. Chief Medical Officer, Senior Vice President, Life Science PepsiCo (New York) on 15th July 2024.
- awarded as the Best Performing Institute in the Quaker "Bowl of Growth" Program bringing "Fuel the Future - A social impact" competition by PepsiCo Ltd. on 16th July 2024.





Dr. BMN College of Home Science secured 3rd place in the Overall Championship Award at the SNDT Women's University Annual Prize Distribution Ceremony on National Sports Day, 29th August, 2024 for the academic year 2023-2024.

STUDENT LAURELS

DEGREE AND ANNUAL PRIZE DISTRIBUTION CEREMONY

Dr. BMN College of Home Science organised the 5th Graduation Ceremony on 8th March, 2025. Degrees and Diplomas were awarded to the students who completed various graduate and postgraduate courses of the college in the academic year 2023-24. The ceremony was presided by Ms. Jyoti Kumar Bansal, Chief - Brand and Communications, Tata Power Company Ltd.



GOLD MEDALISTS OF THE BATCH OF 2023-2024

Name	Program
Ms. Bhayani Amisha Samir Priti and	Master of Science in Clinical Nutrition and
Ms. Mody Dhvani Sanjay Megha	Dietetics (M.Sc. CND)
Ms. Panjwani Raina Sanjay Kareena	B.Sc. Home Science (Textile Science and
	Apparel Design)
Ms. Siddiqui Kainat Kamil Khatija	Bachelor of Computer Applications

MERIT HOLDERS OF 2023-24

Department	Name of the student	Rank
Resource Management (Hospitality	Ms. Swarnkar Sonakshi Shashi Kumar Sonal	2 nd
Management)		
Food Science and Nutrition	Ms. Lalit Sayli Subhash Pallavi	2 nd
Human Development	Ms. Muqri Rashida Abdul Rehman Tahmina	2 nd
Nutrition & Dietetics	Ms. Pandey Mansi Dinesh Anita	2 nd
Bachelor of Computer Applications	Ms. Mallick Sabahat Fatima Zulfaqquar	2 nd
	Sanober Naaz	
	Ms. Tiwari Deepali Radheshyam Suman	3 rd
M.Sc. Clinical Nutrition & Dietetics	Ms. Tamhane Aakansha Ashok Anjana	2 nd
M.Sc. Computer Science	Ms. Mahalakshmi Devaraj Padhmavathi	1 st
Post Graduate Diploma in Sports	Ms. Hawaldar Masira Mubeen Tahira	1 st
Science, Fitness & Nutrition		
Post Graduate Diploma in Early	Ms. Shah Rupal Abhay Naina	1 st
Childhood Education		

RECIPIENTS OF ACCOMPLISHED ALUMNA AWARD

Name	Present Designation		
Ms. Gitanjali Patel (Batch of 1988, B.Sc. with	Headmistress, Indian Education Society, KG		
specialisation in Human Development)	& Balodyan, Hindu Colony, Mumbai		
Ms. Naziya Rashid Shaikh (Batch of 2002, B.Sc.	Senior Manager, Clinical Nutritionist,		
with specialisation in Food Science and Nutrition)	Shamrock Nutra Science Pvt Ltd		
Ms. Nandita Dhanaki (Batch of 2014, M.Sc. with	Assistant Dietician, Advanced Centre for		
specialisation in Clinical Nutrition and Dietetics)	Treatment, Research and Education in		
	Cancer (ACTREC), Kharghar, Navi Mumbai		
Ms. Himanshi Dilip Ajmera (Batch of 2008,	Senior Consultant, Deloitte Consulting USI		
Bachelor of Computer Applications)			
Ms. Sadaf Anjum Shaikh (Batch of 2017,	Consultant at PricewaterhouseCoopers		
Bachelor of Computer Applications)			
Ms. Subbulakshmi R. Sankaradoss Yadava (Batch	Senior Consultant/ Deputy Manager,		
of 2017, Bachelor of Computer Applications)	Deloitte		

RECIPIENTS OF ACCOMPLISHED ALUMNA APPRECIATION CERTIFICATES AWARD

Name	Present Designation
Ms. Khushi Hinduja (Ms. Sheetal Nagpal)	Founder of the Young Author Program,
Batch of 1999, B.Sc. Food Science and Nutrition	Mahim
Ms. Malvika Athavale	Eatrite – The Nutrition Clinic (Mumbai)
Batch of 2000, B.Sc. Food Science and Nutrition	(Self-Employed) Clinical Nutritionist &
	IBS Dietician
Ms. Parindi Kothari	Owner – Parindi's Fitness Hub
Batch of 2002, B.Sc. Food Science & Nutrition	
Ms. Aishwarya Prabhakar Suryawanshi	Lead Infrastructure Engineer, Nomura
Batch of 2014, Bachelor of Computer Applications	
Ms. Nisha Umashankar	Consultant at Capgemini
Batch of 2019, Bachelor of Computer Applications	

MERIT RANK HOLDERS

Diploma in Beauty Culture & Hair Dressing

(Maharashtra State Board of Technical Education) - January 2025

Name of the students	Rank
Ms. Sangeeta Bala	1 st
Ms. Kiran Ragade	2 nd
Ms. Gayatri Kudtarkar	3 rd

K.U. Naram Awards from the Association of Food Scientists and Technologists of India (AFSTI)

Department	Name of the Student	Rank
Smt. Manjulaben Gunvantrai Shah, Dept of Post	Ms. Amisha Bhayani	1 st
Graduate Studies (M.Sc. Clinical Nutrition and Dietetics)	Ms. Dhvani Modi	2 nd
Postgraduate Diploma in Sports Science, Fitness and	Ms. Masira Hawaldar	1 st
Nutrition.	Ms. Maryam Shaikh	2 nd
Food Science and Nutrition	Ms. Sayli Lalit	1 st
	Ms. Mrunal Mahajan	2 nd
Nutrition and Dietetics	Ms. Mansi Pandey	1 st
	Ms. Vanshita Singh	2 nd

ANNUAL PRIZE DISTRIBUTION CEREMONY

Dr. BMN College of Home Science organised its Annual Prize Distribution ceremony on 13th March, 2025. Chief guest Shri. Hiren Shah, Vice-chairman of the Seva Mandal Education Society. Students were felicitated under the following categories:

- Subject Toppers of B.Sc. Home Science at FY and SY level, HMN Junior College, BCA
 Department, M.Sc. CND Department and SCNI Polytechnic.
- Student achievers Sports awards at the National level, State level and Yuva Mahotsav.
- Students with paper presentations at the International, National and State levels.
- Student's contributions to the college were acknowledged and felicitated.

Student Body Office Bearers 2024-2025

Presidents: Ms. Prachi Samir Shah TYB.Sc. (RM) /

Ms. Vaishnavi Manjunath Kotiyan TYBCA

Secretary : Ms. Khan Huda Ayub TYB.Sc. (HD) /

Ms. Sakshi Vinaykumar Gupta TYBCA

NSS Representatives : Ms. Yogeshwari Chettiyar SYB.Sc. (TSAD)/

Ms. Ariba Arif Khan SYBCA

Cultural Representatives: Ms. Shaikh Alfiya Irshad TYB.Sc. (HD) /

Ms. Sebastina Paulraj Nadar SYBCA

Sports Representatives: Ms. Aaditi Ashok Shinde TYB.Sc. (ND) /

Ms. Malati Konar SYBCA

Co-opted members : Ms. Vasundhara Singh SYM.Sc. CND/

Ms. Aakanksha Chetan Shigvan SYJC/

Ms. Samruddhi Shrikrishna Matkar Polytechnic (TY Applied Art)

Caste Representatives: Ms. Priyanka Ramkrishna Gawai TYB.Sc. (HD) /

Ms. Vanshita Anand Dighe SYBCA

Best Student of the Year

The following students received the 'Best Student Award' for 2024-2025 for their outstanding performance in Academic and Co-curricular activities:

Department	Name
Department of Human Development	Ms. Huda Khan (TYHD)
Smt. K.G Shah Department of Computer Applications	Ms. Aastha Shah (TYBCA)
Smt. Manjulaben Gunvantrai Shah Department of Post Graduate Studies: (M.Sc. in Clinical Nutrition and Dietetics)	Ms. Harshada Paliwal (M.Sc. CND)
Smt. HMN Junior College	Ms. Aakanksha Chetan Shigvan (SYJC)
Smt. S.C.N. Institute of Polytechnic (Applied Art)	Mr. Harshal Sachin Kanekar

SPORTS

BEST SPORTS WOMEN OF THE YEAR	BEST PROMISING PLAYER OF THE YEAR	BEST SPORTS STAR OF THE YEAR
Ms. Tanisha Pujari (FYTSFD)	Ms. Sakshi Gupta (TYBCA)	Ms. Karina Sharma (FYTSFD)
Ms. Namrata Shigvan (SYJC)	Ms. Chandra Auji (SYJC)	Ms. Namrata Shigvan (SYJC)

NSS / SOCIAL OUTREACH

BEST NSS VOLUNTEER OF THE YEAR GENDER CHAMPION OF THE YEAR

NS UNIT

Ms. Yogeshwari Chettiar SYB.Sc. (TSAD)



Ms. Alisha Bee Ansari SYB.Sc. (HD)

BMN PERSONALITY QUEEN

BMN Queen:

Ms. Sebastiana Nadar (SYBCA)

Princess 1:

Ms. Rushi Kirkire (FYBCA)

Princess 2:

Ms. Saee Shinde (TYBCA)

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INTERNATIONAL LEVEL LAURELS

- Smt. K.G. Shah Department of Computer Applications has continued international collaboration for the 2nd year with WILKES University, Pennsylvania, United States, for a Project on Python Coding under the Collaborative Online International Learning (COIL) initiative. This project of 2 credits involved Co-design & Co-development using Python programming language by students of both the institutions. The project timeline was from September 2024 to November 2024. A total of 80 students worked on this project and 16 TYBCA students were the group leaders.
- The following students presented a e-poster at International Conference on "Nutrition Communication and Extension: Integrating Science, Policy, and Practice for Healthier Communities" organized by Nutrition Society of India, Mumbai Chapter, in collaboration with the Department of Post Graduate Studies, SNDT Juhu & Anjuman-E-Islam College of Home Science on 26th September, 2024
- Ms. Vasundhara Singh, Ms. Harshada Paliwal, Dr. Lakshmi Menon and Dr. Rupali Sengupta won 2nd prize: Assessment of Knowledge, Attitude and Practices Regarding Food Labels and its Impact on the Purchase of Packed Food Products by Female Household Stakeholders aged 25-50 years in Mumbai.
- Ms. Harshita Tiwari, Ms. Sakshi Mhatre & Dr. Rupali Sengupta won Consolation prize:
 "Nutrition Education Intervention for malnutrition in females of 15-19 years of age".
- The following students of M. Sc. Clinical Nutrition and Dietetics (I & II) won prizes at the International Conference 'Vishwa Swasthyam 2025' on "Integrative Strategies for Metabolic Health. Protect the Present, Safeguard the Future", held on 10th & 11th Jan. 2025. Category: Therapeutic Food Products
 - 1st prize Ms. Naba Ansari and Ms. Alfiya Ansari (II) on "Development & Evaluation of plant-based unsweetened cocoa-flavoured ready-to-mix beverage powder using water chestnut flour & tragacanth gum".
 - 2nd prize Ms. Zainab Hotelwala & Ms. Mantasha Inamadar (II) on "Tanka Torani: A fermented kodo millet beverage for weight management".

Category: Metabolic Disorder, Risk Assessment & Prevalence

Consolation prize: Ms. Jhenkar Syal, Ms. Vaishnavi Bhoir, Ms. Siddhi Gawas, & Ms.
 Nishita Sirodariya (I) on "Impact of Ultra-Processed Food Consumption on Anthropometric Measurements in Adolescence & Young Adults".

NATIONAL LEVEL LAURELS

- Cadet Ms. Isha Mahesh Navale (SYBCA) won the Silver medal in the Boat Rigging Competition and a Bronze medal in the Rifle Shooting Competition at All India's NCC Annual Training Camp, Kozhikode-2025, on 19th January 2025.
- Ms. Akshata Dhokale (SYFSN) won 3 Gold medals in Acrobatic Gymnastics, representing Maharashtra at the Senior and Junior National Gymnastics Championship held in Surat, Gujarat, from 28th December, 2024 to 1st January 2025.
- Ms. Akshata Dhokale (SYFSN) won Gold medal in 38th National Acrobatic Gymnastics, held in Deradhun, Uttrakhand on 11th February, 2025.
- Ms. Sakshi Thakare and Ms. Harshita Tiwari (SYM.Sc.CND) won 1st prize and cash award Rs. 8000 for the product formulation "Soul kadi" at the Startup pitch contest of the Indian Convention of Food Scientists Technologist (ICFoST) 2024 held at the All-India level with over 30+ entries at DY Patil University, Navi Mumbai.
- Ms. Karina Sharma (FYTSFD) participated in the University Cross Country Coaching Camp held at SRMP College, Akluj, from 14th to 18th November 2024. She was selected to represent SNDT Women's University and participated in the All-India Inter-University Cross Country Championship held in Mangalore on 19th and 20th November 2024.
- Ms. Sakshi Gupta (TYBCA), Ms. Taneesha Pujari (FYTSFD), and Ms. Bahar Gupta (FYRM) represented SNDT Women's University in the All-India Inter-University Yoga Tournament held in Bhubaneswar from 24th to 28th December, 2024.

STATE LEVEL LAURELS

- Cadet Isha Mahesh Navale (SYBCA) won Gold medal in Rifle Shooting at the State level and a Silver medal in boat pulling at the All-India Nau Sainik Camp NCC representing Maharashtra held from 25th August to 5th September 2024.
- Ms. Akshata Dhokale (SYFSN) won 3 Gold Medals at the State Championships in Acrobatic Gymnastics, held in Sangli from 29th November to 1st December 2024.
- Ms. Krutika Pustake (SYBCA) won 2nd Place in the Women's Category at the 2nd Late Shri Vasudeva V Dempo Open Rating Chess Tournament, organized by Tiswadi Taluka Chess Association at Goa on 22nd September, 2024.

• The following students of Smt. Manjulaben Gunvantrai Shah Department of Post Graduate Studies in Clinical Nutrition and Dietetics have won prizes at 17th Maharashtra State Inter-University Research Convention Aavishkar 2024-2025 organised by Dr. Babasaheb Ambedkar Technological University on 12th January, 2025.

Commerce, Management and Law category:

- 1st prize Ms. Harshada Paliwal & Ms. Vasundhara Singh (SY M.Sc. CND)
- 2nd prize Ms. Mantasha Inamdar & Ms. Zainab Hotelwala (SY M.Sc. CND)
- 3rd prize Ms. Juveria Ansari and Ms. Samiksha Gupta (SY M.Sc. CND)

Humanities and Arts category:

- 2nd prize - Ms Sakshi Thakare, SY M.Sc. CND

REGIONAL LEVEL LAURELS

Winners of SNDT Women's University Yuva Mahotsav competition held on 20th and 21st September, 2024 at Smt. M. M. P. Shah College of Arts and Commerce

Event Name	Prize	Name of the Student	
	Fine Arts		
Spot Photography	2 nd	Ms. Rhea Chetiwal (TYBCA)	
Poster making	Consolation	Ms. Nikita Jadhav (TYB.Sc.)	
		Theatre	
Street Play	2 nd	Ms. Sakshi Jadhav (SYRM), Ms. Sargam Parulekar	
		(SYRM), Ms. Minal Dhore (SYRM), Ms. Kanika Sonawne	
		(SYBCA), Ms. Jayee Chavan (SYRM), Ms. Mansi Vanjari	
		(TYHD), Ms. Anjali Nirwane (SYBCA), Ms. Tanisha	
		Thapar (FYTSFD), Ms. Mahi Kamble (SYFSN) and Ms.	
		Eshwari Ayekar (FYTSFD)	
Mime	2 nd	Ms. Kanika Sonawne (SYBCA), Ms. Sargam Parulekar	
		(SYRM), Ms. Sakshi Jadhav (SYRM), Ms. Mahi Kamble	
		(SYFSN), Ms. Mansi Vanjari (TYHD) and Ms. Minal	
		Dhore (SYRM)	
One act		Ms. Sakshi Jadhav (SYRM), Ms. Minal Dhore (SYRM),	
	Consolation	Ms. Mahi Kamble (SYFSN) and Ms. Jayee Chavan	
		(SYRM)	

Skit	3 rd	Ms. Mansi Vanjari (TYHD), Ms. Kanika Sonawne
		(SYBCA), Ms. Jayee Chavan (SYRM), Ms. Sargam
		Parulekar (SYRM), Ms. Mahi Kamble (SYFSN) and Ms.
		Sakshi Jadhav (SYRM)
Mimicry	1 st	Ms. Jayee Chavan (SYRM)
	2^{nd}	Ms. Sakshi Jadhav (SYRM)
	3 rd	Ms. Eshwari Ayekar (FYTSFD)

INTERCOLLEGIATE / INTERUNIVERSITY LEVEL

- Fireflies Dance troupe (Department of Computer Applications) won prizes at various intercollegiate dance events are as follows:
 - 2nd prize in group dance organised by Atharva College on 26th September 2024
 - 1st prize duet dance organised by UBS College on 26th October 2024
 - 1st prize in group dance organised by Kirti College on 11th December 2024
 - 2nd prize in group dance organised by Vaze Kelkar College on 20th December 2024
 - 2nd prize in group dance organised by SIES College on 24th December 2024
 - 2nd prize in group dance organised by Gurukul College on 12th January 2025
 - 1st prize in group dance organised by IHM College on 9th February 2025
- Ms. Gayathri K. Pillai (SYBCA) won the following prizes at Intercollegiate Elocution Competitions:
 - 2nd prize at 'Chronicles fest' organised by Bhavans College on 3rd December 2024
 - 1st prize at SAMARTHA fest organized by S.M. Shetty College of Science, Commerce, and Management - Women Development Cell (Powai), on 22nd & 23rd January 2025.
 - 3rd prize in the Yuva Abhivyakti organized by MAVA on 16th February, 2025.
- The following students won the prizes at the SNDTWU Senior Intercollegiate Sports Tournament in chess, yoga, and badminton held on 3rd & 4th September 2024 at UMIT College, Juhu.
 - 1st prize Ms. Krutika Pustake (SYBCA) Chess Tournament- Individual
 - 1st prize Ms. Sakshi Gupta (TYBCA) Yoga Tournament Individual
 - 1st prize Ms. Sakshi Gupta (TYBCA), Ms. Anushka Shigvan (SYRM), Ms. Tanisha
 Pujari (FYTSFD), Ms. Bahar Gupta (FYRM), Ms. Isha Rathod (SYTSFD), Ms. Mahek
 Shaikh (SYTSFD) Yoga Tournament Team

- The following students won the prizes at the Senior Inter-Collegiate Taekwondo and Road Race Tournament and Selection Trials, organized by the Department of Sports and Physical Education, from 23rd to 25th September 2024 at SNDT Arts & Commerce College, Pune.
 - 3rd prize Ms. Taneesha Pujari (FYTSFD) under 46-49 kg category.
 - 3rd prize Ms. Ayesha Shaikh (FYRM) under 49-53 kg category.
 - 3rd prize Ms. Prerna Avhad (SYM.Sc. CND) under 53-57 kg category.
 - 2nd prize Ms. Zainab Qureshi (FYHD) above 73 kg category.
 - 4th prize Ms. Karina Sharma (FYTSFD) in the Road Race
- Ms. Tanishka Govekar (TYFSN) won 1st prize in Essay Writing (Marathi) & Ms. Jiya Ambekar (SYND) won 3rd prize in Essay Writing (English) at 'Nirjhar 2024 Intercollegiate Competition' at B M Ruia Girls College, Mumbai on 14th February 2025.
- Ms. Rutuja Bhosale (SYTSAD) won 1st prize for her innovative idea and start-up project, 'Rutuja's Craftopia' presented at Nirmal OJAS competition organised by Institution's innovation Council of College of Home Science, Nirmala Niketan Mumbai held on 6th March 2025.

Annual Inter-Collegiate Chess Tournament

The 2nd Annual Inter-Collegiate Chess Tournament was organized in collaboration with the Lions Club of Sion and the Lion Dr. Ashok Mehta Sports and Cultural Academy on 30th November 2024. The arbiter was Mr. Hrishikesh Chavan and the tournament witnessed enthusiastic participation from 36 players representing 21 colleges across Mumbai, its western and central suburbs, and Navi Mumbai. It marked a significant milestone as the first open chess tournament for both boys and girls.

FACULTY ACHIEVEMENTS AND RECOGNITION

• **Prof. Dr. Mala Pandurang** has been nominated as a trustee of SPARROW, which is an internationally recognised Sound and Pictures Archives for Research on Women.

• Dr. Rupali Sengupta

Appointed as a Ph.D. co-guide to Ms. Shravya Karkera, who is registered for a Ph.D. in Clinical Nutrition at MGM School of Biomedical Sciences, Mahatma Gandhi Mission Institute of Health Sciences (deemed university under UGC Act 1956), Navi Mumbai, on 17th March 2025.

Awarded for her contribution to the field of nutrition as an Academician with the "Icon of Inspiration Award" at the Nutribolism 25th Conclave on 25th January, 2025.

• Dr. Pradnya Ambre

- Awarded the Diploma of Associateship / as an Associate of Society of Dyers and Colorists, UK by the Society's Trustee Board of the Education, Qualification and Accreditation. This entitles international recognition with the designatory letters ASDC on 25th April, 2025.
- with Mrs. Ankita Mehta won 2nd prize for the paper titled "Waste to wardrobe-Eco-friendly practices for greener fashion" presented at 2-day National Conference on FASHION- I-S-T-A-S (2025) sponsored by ICSSR (WRC) and organised by KET's V.G. Vaze College, Mulund on 24th and 25th January 2025.
- **Dr. Lakshmi Menon** won 1st prize at the international conference for the poster presentation on 'Burnout Eating Behaviour & Nutrition Status among Employed Women Aged 18 to 55 years' at 'Vishwa Swasthyam 2025: Integrative Strategies for Metabolic Health Protect the Present, Safeguard the Future' on the theme 'Role of Physical Activity, Sleep & Mental Health' organised by Lifeness Science Institute (LSI) on 11th January, 2025.
- Ms. Bhavisha Sancheti received 1st prize at the National Conference for the e-poster presentation on "Adiposity in School-going Children Aged 10-15 years in Mumbai" at the Nutrition and Health Research Conference (NHRC) 2025 jointly organized by Hirabai Cowasji Jehangir Hospital, Pune, with the Nutrition Society of India, Mumbai Chapter and Smt. MMP Shah College of Arts and Commerce on 12th March 2025.

PRESENTATIONS AT THE INTERNATIONAL LEVEL

Prof. Dr. Mala Pandurang

- Co-instructor, online course on 'Women of the Global South' under COIL program
 (Collaborative Online Learning) with the Wilkes University, Pennsylvania (USA). The first
 introductory session was on 21st January, 2025.
- Participated (on invitation) in the Indo-German Forum: Research, Innovation and Transfer
 (Dialogue and Networking Event) on 20th March 2025 at The Hyatt Regency hotel, New
 Delhi, and also participated in a closed discussion of the Ambassador Scientists of the
 Alexander von Humboldt Postdoctoral Foundation at The Lalit hotel, New Delhi on 21st

- March 2025. The meeting was chaired by the Secretary General of the Foundation, Dr Thomas Hesse.
- Ms. Prachi Tendulkar (TSFD) presented a paper on 'Fashion and Gender Equality' at International Conference on 'Fashion as a Tool for Social Change' organized by School of Arts and Design, Woxen University on 5th August, 2024.
- Ms. Sonu Mishra presented a poster on "Dietary risk factors of metabolic health among adolescents residing in Mumbai city" at the international conference Vishwaswathyam-2025: Integrative Strategies for Metabolic Health- protect the present, Safeguard the Future on 11th January 2025.
- Ms. Sudha Valan (BCA) presented a research paper on "Automating Administrative Tasks for Teachers Using AI" at the 2nd International Conference on Innovations in Software Computing organized by Department of Computer Science & Information Technology, Chhatrapati Shivaji Maharaj University, Panvel, Navi Mumbai held in hybrid mode on 26th April 2025.

PRESENTATIONS AT NATIONAL LEVELS

- **Prof. Mala Pandurang:** "Exploring a Wide Network of Postdoctoral Research Opportunities" to students and faculty members at IISER Bhopal, on 20th October 2024.
- The following faculty members presented a poster at the 56th Annual National Conference of the Nutrition Society of India (NSI), a three-day national conference on the theme of "Transdisciplinary Approaches in Addressing Nutrition Challenges" at the Symbiosis International University campus at Lavale, Pune, from 13th to 15th November, 2024.
 - Dr. Vinaya Vaishampayan: "Exploring the Jolly Fat Hypothesis: Impact of BMI,
 Nutritional Status and Social Connectedness on Elderly Help in Mumbai".
 - Dr. Harsha Chopra: "To Compare Body Mass Index (BMI) and Quality of Life (QoL) of Female School Teachers, aged 30-50 Years, Teaching in Primary and Secondary Schools of Mumbai Suburbs".
 - Ms. Madhura Ghaisas: "Making of Handmade Paper from Onion Peels: A Step Towards Sustainability".
 - Mrs. Arundhati Lahiri: "Impact of Nutritional Intervention on Hemoglobin Levels of Adolescents and Young Adult Girls (16-24 Years) Studying in Undergraduate College in Mumbai".

- Ms. Sajani Mathew: "Nutritional assessment of school children (4–8 yrs.) studying in a municipal school in the urban slums of Mumbai".
- Ms. Honey Thakkar presented a paper on "Roots of Social and Emotional Learning in Ancient Indian Education System: A Historical Perspective" at the AECED National Early Years Conference 2024 titled Policy to Practice: Navigating the Foundational Years in collaboration with the University of Rajasthan on 8th November, 2024.

• Ms. Gulnaaz Engineer

- Presented a paper on 'Marital Satisfaction and Psychological Well-being among Childless and Child-Free Individuals' at the RUSA Sponsored National Level at Research Scholar's Meet (2024-25) at Patkar Varde College, Goregaon, Mumbai, on 14th December, 2024
- Presented a paper on 'Childlessness: Marital Satisfaction and Psychological Wellbeing' at the 19th AAVISHKAR Inter-collegiate/Institute/Department Research Convention (Zonal Round) at Lala Lajpat Rai College of Commerce and Economics, Mahalakshmi, Mumbai on 11th December, 2024.

SEMINARS / WORKSHOPS / FACULTY DEVELOPMENT PROGRAM

• Ms. Kavita Karapurkar participated in a one-week National level Online Faculty Development Program on "Digital Pedagogy: ICT & AI-assisted teaching in line with OBE & NEP" organized by the Internal Quality Assurance Cell (IQAC) of St. James College of Nursing and Pharmaceutical Sciences, Chalakudy in association with The Kerala State Higher Education Council (KSHEC) from 29th May to 05th June 2024 and has completed all the assessments and secured an 'A' grade.

• Mrs. Sudha Valan

- Participated in a one week Faculty Development Program on "Scientific Computing Essentials with MATLAB: A Comprehensive" conducted from 24th to 28th June, 2024, collaboratively organized by the Anand International College of Engineering, Jaipur, INDIA, and MathTech Thinking Foundation, Fazilka, INDIA.
- Attended a one week (online) national-Level FDP on AI Tools organised by Brainovision Solutions India Pvt. Ltd. in association with All India Council for Technical Education (AICTE) from 17th to 21st February, 2025.

Attended a one week online Faculty Development Program on "Cracking the Gen Z Code: Teaching Strategies for the Next Generation" organised by Nucleus of Learning and Development from 10th to 15th March 2025,

Ms. Manjot Kaur

- Participated in a one week Online National Level Faculty Development Program on "Unleashing the Power of AI Tools in Teaching," organized by KIIT College of Education, Gurugram (Haryana), in collaboration with Nucleus of Learning and Development (NLD) from 10th to 15th June 2024
- Attended the IP Awareness/Training program under National Intellectual Property Awareness Mission organized by Intellectual Property Office, India, on 17th March, 2025.
- Attended a 6-day online Faculty Development Program on "Revolutionizing Education with Generative AI: Teaching and Learning Strategies" held from 10th to 15th March 2025 organized by the Departments of CSE, IT, CSE (AI & ML), CSE (DS), CSE (CS), MCA at Narasaraopeta Engineering college (NEC) in collaboration with Blackbucks Group.
- Mrs. Sudha Valan & Ms. Manali Chavan attended a Faculty Development Program Capacity Building Program for Colleges on 'Innovative Teaching Pedagogy and Skills Component of NEP' organized by the Ratan Tata Maharashtra State Skills University at Ratan Tata Maharashtra State Skills University, Swami Vivekanand International Skills Development Academy, Vidyavihar West, Mumbai on 28th November 2024.

• Dr. Lakshmi Menon

- Attended a workshop on "Savouring Health: Exploring the Link between Culinary Nutrition and Culinary Medicine," organised by Symbiosis School of Culinary Arts and Nutritional Sciences as a part of the 56th Annual National Conference of Nutrition Society of India (NSI) on 13th November, 2024, at the Symbiosis International University campus, Lavale, Pune.
- Attended the Shri. M.M. Chitale Memorial Session & Student Start-up Pitch Competition organized as a part of the 30th Indian Convention of Food Scientists and Technologists by the Association of Food Scientists and Technologists (India) at D.Y. Patil University, Navi Mumbai, on 21st December, 2024.

- Ms. Bhavisha Sancheti attended a workshop on 'Inner Balance: Exploring the Gut Microbiome's Impact on Health,' organized by Symbiosis School of Culinary Arts and Nutritional Sciences as a part of the 56th Annual National Conference of Nutrition Society of India (NSI) on 13th November, 2024, at the Symbiosis International University campus, Lavale, Pune.
- Ms. Milina Pereira completed a 3 Day AICTE Approved FDP on "Universal Human Values" organised by the Department of Computer Engineering of Vasantdada Patil Pratishthan's College of Engineering and Visual Arts, Sion-Mumbai from 11th to 13th February, 2025.
- Ms. Paulomi Nair attended a workshop on "Voice the Story Using the Power of Voice and Storytelling in the Classroom" by Ms. Meghana Telang, a producer, author, and pedagogue on 21st September 2024, organized by Smt. P.N. Doshi Women's College in collaboration with Dr. BMN College of Home Science under the RUSA Mentorship Program.
- Ms. Neetu Singhi attended a two-day National level conference on "The Knowledge Bridge: Academia to Industry" organised by R.J College of Arts, Science and Commerce, Ghatkopar on 24th and 25th January.
- Ms. Aditi Yadav attended a five-day All India Inter-University Women's Chess Tournament (Zonals) from 30th December 2024 to 5th of January 2025 held at Sam Global university Bhopal. I was appointed as the Manager of S.N.D.T Women's University Team.

FACULTY AS RESOURCE PERSONS

• **Prof. Dr Mala Pandurang** was invited by the School of Civilisation Studies of Somaiya University to chair a session at a seminar on 3rd February 2025 on "History of Mumbai through Theatre".

• Dr. Pradnya Ambre

- Invited to join an SDC Panel of Natural Dyes and Biobased Alternatives dedicated to advancing the use of natural dyes and biobased auxiliaries across the textiles, food, and cosmetics sectors. This initiative is under the aegis of the Society of Dyers and Colourists, Bradford, England on 12th October, 2024.
- Invited as a Resource Person to conduct a lecture cum workshop on Bundle Dyeing Technique for B.Design students at National Institute of Fashion Technology, Mumbai on 2nd April 2025.

• **Dr. Vinaya Vaishampayan,** invited as a resource person to speak on 'Growing strong and Aging well: optimising Nutrition car' in the conference Nutribodycon - 'Body composition across the clinical spectrum' organised by IAPEN at the Tata memorial Hospital on 19th and 20th April 2025.

• Dr. Rupali Sengupta

- Chairperson for a scientific session on 'Fueling life: Maternal Body Metrics & Infant Health and Building Strong Foundations: Childhood & Adolescence beyond Growth Charts' on 19th April, 2025 organised by Nutribodycon: Body composition across the Clinical Spectrum at TATA Memorial Cancer Hospital.
- Jury member for PAN India competition on "Meri Paushtik Rasoi" supported by Glenmark Foundation on 26th April, 2025 at Ramanath Payyade College of Hospitality Management Studies, Mumbai.

Ms. Paulomi Desai Nair

- Conducted a workshop on "The Role of Anthropometric Measurements in Assessing Nutritional Status in the Community" at SIES College of Arts, Science and Commerce, Sion (West), on 21st January 2025 for M.Sc. Part I and Part II students of Biochemistry and Food Technology & Nutraceuticals provided theoretical insights and hands-on training in anthropometric techniques.
- Conducted a session on "PCOD and the Role of Food Habits in its Management" for XI standard students of Shri M.P. Shah Junior College of Arts and Commerce for Women on 12th April 2025.

PUBLICATIONS

- Prof (Dr.) Mala Pandurang with Jinal Baxi. "Toward re-centring the senescent:
 Pedagogical possibilities of Anglophone short fiction". In The Many Worlds of
 Anglophone Literature. Transcultural Engagements, Global Frictions. Ed. Silvia
 Anastasijevic (Anthology Editor) Magdalena Pfalzgraf (Anthology Editor), Hanna Teichler
 (Anthology Editor) Bloomsbury Publishing. 2024. 9781350374096
- **Dr. Harsha Chopra with** Shah Bhargavi Vijay, Chopra Harsha, Medithi Srujana, Ungarala Venkat Ramakrishna, "Nutritional Potency of Mangifera indica L. (Mango): Focus on Mango as Antioxidant", Current Functional Foods; Volume 2, Issue, Year 2024, e200324228150. DOI: 10.2174/0126668629288525240228182 840

- Ms. Manjot Kaur. "Cybersecurity Challenges and Solutions 2050". 'Digital India 2050'.
 ISBN: 978-93-340-4065-4
- Ms. Prachi Tendulkar. "Advancements in Digital Textile Printing", Technological Innovation and Sustainability: Navigating Future through Fashion. Choudhary, A.S., Singh, S., (2024). SAAR Publications. DOI:10.21276/saar/9788197355615
- Ms. Manali Chavan. 'Learning Indian Knowledge Systems through Projects.' 'Creating Centres of Excellence: Enabling and Empowering Teachers.' Bombay Teachers' Training College, HSNC University, Mumbai, India, (2024). Aarhat Publication and Aarhat Journals. ISBN: 978-81-970733-7-3

SEMINARS AND WORKSHOPS ATTENDED BY NON-TEACHING STAFF:

- 16 non-teaching staff of Dr BMN College of Home Science, 10 from Smt MMP Shah
 College of Arts & Commerce, and 1 from Smt Sunanda Pravin Gambhirchand College of
 Nursing attended a 2-day RUSA-sponsored training program at The Leslie Sawhny
 Training Centre, Deolali, on 14th and 15th June 2024
- Attended a 2 day RUSA sponsored workshop at The Leslie Sawhney centre, Deolali on 23rd and 24th August 2024 along with the non-teaching staff Smt. MMP Shah College.
- Workshop on 'Positive Emotion' for non-teaching staff, creating a space to enhance well-being and emotional resilience under the guidance of Ms. Nidhi Khimavat, faculty. The session focused on fostering positivity, stress management, forgiveness and mindfulness on 28th March, 2025

LAKSHYA

"Lakshya" an intercollegiate non-teaching staff sports event was organised on 22nd January, 2025. A total of 18 colleges and 180 staff participated in the event.

Winners of Lakshya Event 2025:

Event	Name of the Participant	Name of the College	Prize
Candle	Ms. Jayshree Bhibar	Smt. M.M.P. Shah College	1 st
lighting	Ms. Dhanshree Bhosle	Mulund College	2 nd
	Ms. Jyoti Sajurkar	Mulund College	3 rd
Cricket Team 1		Ganshamdas Saraf College - Malad	1 st
	Team 2	V. B. Dehspande College Mulund	2 nd
Rangoli Ms. Anandi Mestri		Mithibai College Vile Parle	1 st
	Ms. Asrita Thevar	SIES College Sion	2 nd

	Mr. Gajanan Chavan	Guru Nanak College Sion	3 rd
Carrom	Mr. Arjun Singh	SIES College Sion	1 st
Male	Mr. Sunny Bohot	R.J. College Ghatkopar	2 nd
Carrom	Ms. Neha Bapardekar	SIES College Sion	1 st
Female	Ms. Ujwala Patole	Nagindas Khandwala College Malad	2 nd
One Minute	Ms. Suvarna Bhangare	Mulund College	1 st
Game	Ms. Chitrali Kelkar	Sunanda P.G. Shah Nursing College	2 nd
	Ms. Kiran Mhatre	Mulund College	3 rd
Best out of	Ms. Sushmita Thakar	Nagindas Khandwala College Malad	1 st
waste	Mr. Mahesh Kolhe	Mithibai College Vile parle	2 nd

STUDENTS' PRESENTATION

- Ms. Ananya Mhatre (TYND) presented poster on "Smart Nutrition Exploring the Impact of Health and Wearable Devices on Personal Wellness Management" at the 56th Annual National Conference of Nutrition Society of India (NSI)- a three-day National Conference from 13th November to 15th November 2024 on the theme of "Transdisciplinary Approaches in Addressing Nutrition Challenges", at Symbiosis International University campus at Lavale, Pune.
- The following students participated in E-poster competition on RUSA Sponsored Interdisciplinary International conference on 'Vanaprasthasharam: Health and Longevity in Senior Citizens' on 9th December 2024.
 - Ms. Sadiya Shaikh, Ms. Karina Malusare and Ms. Vrushali Patil (TYFSN): "Curcumin:
 A Natural and Safe Alternative for Relieving Osteoarthritic Pain in Elderly Patients—

 A Review"
 - Ms. Asma Salanwala (TYFSN): "Impact of Mind Diet on Alzheimer's Risk and Cognitive Decline in Elderly Health"
 - Ms. Hasti Gala, Ms. Latika Rastogi, Ms. Asmita Shinde and Ms. Krishna Vaishav
 (TYND) with Dr. Harsha Chopra: "Dietary Intake and Nutritional Status of Senior Citizens living in Mumbai"
- Ms. Danisha Khan and Ms. Nida Shaikh (TYND) presented their research proposal titled "Harmonic Healing: A study on Music's Influence on Peptic Ulcers" at the Intercollegiate
 research proposal writing competition organized by the UGC Stride RCBC of Dr. BMN
 College of Home Science on 28th February 2025.

VIRTUAL INTERCOLLEGIATE PROPOSAL WRITING COMPETITION

Intercollegiate research proposal writing competition was organized by the UGC Stride RCBC of Dr. BMN College of Home Science on 28th February 2025. 13 Teams of UG students from five institutions participated. Dr. Suman Mundkur, Research Consultant, Academic Research Consultancy Services and Dr. Amol Jogalekar, Assistant Professor, Mithibai College were the judges. The winners are as follows:

Name of the Student	Paper Title	College	Prize
Ms. Trush Sitap and	Transforming Nursing Education	Smt. SPG College	1 st
Ms. Vaishnavi Vedre	from Lecture Hall to Reflective	of Nursing	
	Stories.		
Ms. Nidhi Darji and	Interplay between Love, Perceived	Smt. Maniben	2 nd
Ms. Swara Trivedi	Loss and Contentment across Age	Nanavati Women's	
	Groups and Gender.	College	
Ms. Sadiya Shaikh and	Can Consumption of Natural	Dr. BMN College of	2^{nd}
Ms. Adiba Dafedar	Probiotic Foods During Pregnancy Home Science		
	Improve Infant Gut Health and		
	Immunity.		

MAJOR RESEARCH PROJECT AWARDED UNDER RUSA (ONGOING) (2023-2025)

Faculty Teams	Project Title	
Dr. Pradnya Ambre	'Effective Utilization of Natural Wastes for Textile Colouration'	
Dr. Lakshmi Menon	'Traditional Foods and Food Adjuncts for Preventive and Promotive	
	Health'	
Dr. Rupali Sengupta	'Ethnobotanical Study of Traditional Indigenous food adjuncts and	
	spices of Warli Tribal Community of Western Maharashtra &	
	identification of its Bioactive Compounds for Health Benefits of	
	community'	
Ms. Bijal Dedhia	'Artisans to Archives: Developing a Digital Repository for	
	Documenting and Disseminating India's Traditional Textiles'	

MINOR RESEARCH PROJECT AWARDED UNDER RUSA (ONGOING)

Faculty Teams	Project Title
Mr. Nitin Pawar	'Leveraging Uniform CPU Configurations for Enhanced Educational Efficiency: A Comprehensive Analysis'
Ms. Fatema Fanuswala	'To Initiate Effective Strategies to Promote Diversity on the Campus of Dr. BMN College of Home Science'
Mrs. Vidya Subramanian	'Evaluation of Awareness, Preference, and Usage of Library Reading Materials by Undergraduate Students'
Ms. Arundhati Lahiri	'Role of nutritional education and iron supplementation in prevention of Iron Deficiency Anemia among female students (16-23yrs) studying in a women's Junior college and undergraduate campus'
Dr. Vrushali Datar	'Archaeo-Tourism: A Tool for Sustainable Development of the Destination and Conservation of Tangible Heritage of Maharashtra. Case Study - Ramtek – Nagpur'
Dr. Rupali Sengupta	'Nutrishiksha – A comparison and pre and posttest of knowledge, attitude and practice (KAP) on health and nutrition through NEP (nutrition education program) and changes in body composition amongst school and college going students across Mumbai'
Ms. Sajani Mathew and Dr. Harsha Chopra	'Association of Chronotype with the Diet, Sleep, Body Mass Index and blood pressure in Adolescent Girls aged 16-18 Years studying in Dr. BMN College'
Dr. Vinaya Vaishampayan and Dr. Roma Patki Metabolic Parameters on Physical Fitness amongst Young Female 18-22 years'	
Mrs. Sharada Sirisila and Prof. Dr. Mala Pandurang 'Exploring Pedagogical Strategies to Promote Interger Interactions: An interdisciplinary approach'	
Mr. Shahjahan Khan	'The AI-Integrated Campus: Increasing Efficiency and Efficacy for All Stakeholders'

Ms. Anjali Patel	'Designing pedagogical interventions for developing environmental mindfulness among urban undergraduate students'
Ms. Madhura Ghaisas	'Transforming food waste into paper and its quality analysis - an initiative towards sustainable environment'
Ms. Nidhi Khimavat, Mrs. Honey Thakkar and Ms. Gulnaaz Engineer	'Influence of Sexually Explicit Content on Dyadic Relationship: Developing a Marital Sexual Satisfaction Scale'

MEGA EVENTS OF THE YEAR

Ruby Jubilee celebration was organized to commemorate the 40th anniversary since the establishment of BMN college. The event was graced by the Chief guest, Ms. Triya Nanavati; 6 senior-most Alumni of the college were felicitated (1984-87 batches) on 30th January, 2025.



SEMINARS, CONFERENCES AND SYMPOSIUMS INTERNATIONAL LEVEL

- An International Conference on "Nutrition Communication and Extension: Integrating Science, Policy, and Practice for Healthier Communities" was organized by Smt. Manjulaben Gunvantrai Shah Department of Post Graduate Studies (M.Sc. CND) and Nutrition Society of India, Mumbai Chapter, in collaboration with the Department of Post Graduate Studies, SNDT Juhu & Anjuman-E-Islam College of Home Science, affiliated with SNDT Women's University, on 28th September, 2024. The e-poster competition was held on 26th September, 2024 and 61 e-posters were selected for presentation.
 - Keynote Speaker: Dr. Subba Rao M. Gavaravarapu, Scientist F, Head of Nutrition Information, Communication, and Health Education (NICHE), ICMR-NIN, Hyderabad, discussed the evolution of nutrition education and communication, emphasizing the changes in the nutritional landscape in India.

- Dr. Tina Rawal, Senior Research Scientist, at the Public Health Foundation of India,
 New Delhi Delhi delivered a session on the Role of Policy Advocacy in reducing HFSS (high-fat, salt, and sugar) Consumption and Promoting Healthy Eating Habits.
- Dr. Helen Vidgen, Associate Professor, Queensland University of Technology, Australia, who spoke about "Food Literacy," its influence on food intake, and how it is measured
- Dr. Purnima Thakur, Assistant Director, National Institute of Public Cooperation and Child Development, Government of India, New Delhi, on Nutrition Literacy and Promoting Healthier Food Choices.
- Dr. Mira K. Desai, Head, Department of Communication and Extension, SNDT Women's University, Mumbai, presented innovative tools for nutrition education and communication.
- The RUSA-sponsored International Multidisciplinary conference on 'Vanaprasthasharam: Health and Longevity in Senior Citizens' was organised by the Departments of Food Science and Nutrition and Human Development on 9th and 10th December, 2024. 19 abstracts were selected for the e-poster presentation, and 6 papers were presented. Best Paper was awarded to Ms. Madhura Shirsat, Smt. P.N. Doshi Women's College. Ghatkopar, Mumbai. 60 participants (offline), including delegates and students, and 76 participants nationally (online) attended. The resource persons for the session were as follows:

Day 1 - 9th December 2024 (Online International Speakers):

- Dr. Perminder Sachdeva, Scientia Professor of Neuropsychiatry, UNSW Sydney; Codirector, Centre for Healthy Brain Ageing (CHeBA), Discipline of Psychiatry & Mental Health, School of Clinical Medicine, UNSW Sydney. Director, Neuropsychiatric Institute, the Prince of Wales Hospital, Randwick NSW 2031. University of South Wales. Session Title-'From Surviving to Thriving: The Role of Lifestyle in Healthy Ageing'.
- Dr. Iracemia Leroi, MD, FRCPC. Professor, Geriatric Psychiatry. School of Medicine,
 Trinity College Dublin. Global Brain Health Institute. Session Title-'Eyes, Ears, and
 Mind: Exploring Links to Improve Lives with Dementia'.
- A Wellness Wonderland, an activity-based workshop, was organized for the senior citizens. It was attended by 120 senior citizens.

Day 2: 10th December 2024 (Hybrid - National Speakers):

- Prof. Dr. G. Bhanuprakash Reddy, Scientist G, ICMR National Institute of Nutrition.
 Session title: 'From Research to Practice: Implementing Evidence-Based Approaches in Nutrition for Geriatrics'.
- Dr. Sujata Sriram, Professor and Dean at the School of Human Ecology (SHE), Tata Institute of Social Sciences (TISS), Mumbai. Session title: 'The Social Determinants of Ageing: Understanding Key Drivers'.
- Ms. Clara D'Souza, CEO of ADHATA Trust. Session title: 'Role of NGO in Elderly Care'.
- Ms. Karishma Shah, Karishma Shah Nutrition. Session title: 'Nutrition for Aging Gracefully'.

NATIONAL LEVEL

- A National level Seminar on 'Breastfeeding Week Bridging the Gap between Mother and Child,' was organised by the Department of M.Sc. CND sponsored by RUSA and the Nutrition Society of India, Mumbai Chapter, in collaboration with Smt. MMP Shah Women's College of Arts and Commerce and Smt. P.N. Doshi College of Home Science, Ghatkopar on 3rd August, 2024. The keynote speech was on "Breastfeeding and Future Health of Child" by Dr. Zinal Unadkat Shah, Pediatrician and Lactation Consultant. 300 participants attended across 7 states from India.
- National level Symposium was organised on 'DIGIHUM: Digital Innovations in Humanities and Literature Education' in collaboration with Dept. of English, Smt. P.N. Doshi Women's College of Arts & ELTAI (Mumbai Chapter) on 19th September, 2024. The resource persons were Dr. M. S. Xavier Pradheep Singh, Assistant Prof. PG & Research Dept of English, St. Joseph's College (Autonomous), Tiruchirappalli, Tamil Nadu, Dr. Anusha Ramnathan, Assistant Prof., Centre of Excellence in Teacher Education, Innovation and Action Research at the TISS, Mumbai and Dr. Paromita Chakrabarti, Prof., HOD, Dept of English, H.R. College of Commerce and Economics, University of Mumbai. Total no. of participants were 27.
- Shri Kantilal Jadavji Kanji Shivji Library organised a national conference on "Open Access to Scholarly Information: Research & Academic Communities Role in Building a Sustainable Knowledge Society" in collaboration with SHPT School of

Library Science & BMN KRC, SNDT Women's University on 20th and 21st September 2024. Speakers:

- Dr. Sridhar Gutam, Principal Scientist (Plant Physiology) at ICAR- IIHR, Banglaore.
 Session on "Empowering Research communities: Open Access as a Catalyst for a Sustainable Knowledge Society"
- Dr. Susmita Das, Principal Documentation Officer at BARC, Bangladesh. Session on "Towards Responsible Publishing: Defining Our Role in the Scholarly Communication Ecosystem".
- Dr. Deepali Kuberkar, Head Librarian at TMH, Mumbai. Session on "Open Access Research: Case Study of One DAE One Subscription"
- Dr. Mohit Garg, Assistant Librarian at Indian Institute of Technology Delhi. Session on "Workshop on Identifying Predatory Journals
- Dr. Meghana Sanjeeva, Librarian at VES College of Arts Science and Commerce, Mumbai. Session on "Moderator of Panel Discussion on Current Landscape of Open Access"
- Dr. Sridhar Gutam, Principal Scientist (Plant Physiology) at ICAR- IIHR, Bangalore.
 Panelist:- Advocacy and Support for Open Access
- Dr. Kaushal Giri, Chief Manager, EXIM Bank, Mumbai. Panelist:- Building and Sustaining OA Infrastructure
- Dr. Sunita Pujar, Librarian, Durgadevi Saraf Institute of Management Studies,
 Mumbai. Panelist:- Transformative Agreements
- Dr. Vrushali Dandawate, Librarian; AISSMS College of Engineering, Pune DOAJ
 Ambassador India. Panelist:- OA policies and mandates at various levels
- Dr. Shantashree Sengupta, Librarian, Progressive Education Society's Modern College of Arts, Science and Commerce, Pune. Panelist:- Institutional Repository Management
- RUSA-sponsored National Symposium was organized on "Bridging Gaps in Tourism and Hospitality Education: Designing a Skill-Based Curriculum" was organised by the Department of Resource Management and Hospitality Management on 30th November, 2024 Resource Persons:
 - Mr. Shailesh Thakur, Freelance Corporate Trainer and Visiting Faculty for Tourism and Aviation, Mumbai.
 - Mr. Vikas Tembhare, Founder, DTORR, Nagpur.
 - Dr. Jaideep Hire, Academic Coordinator, YCMOU, Nashik.
 - Mr. M. Arun Prakash, Room Division Manager, Hotel Planet Hollywood, Mumbai.

- Mrs. Navaz Karanjia, Rtd. Sr. Faculty, Mumbai University and SNDT Women's University, Mumbai.
- Dr. Rohit Borlikar, Assistant Professor, Department of Tourism Management, Faculty of Commerce and Management, Indira Gandhi National Tribal University, Amarkantak, Madhya Pradesh.
- Dr. Kumar Satyam, Senior Lecturer, Institute of Hotel Management, Bhopal, (Under the Ministry of Tourism, Government of India).
- Dr. Mona Mehta, Assistant Professor in the Department of Family and Community Resource Management at The Maharaja Sayajirao University of Baroda, Vadodara.Dr. Kshamali Sontakke, Associate Professor and Head, Department of Commerce,
- Chetana's H. S. College of Commerce and Economics & Smt. Kusumtai Chaudhari College of Arts, Mumbai.
- Ms. Richa Kokate, Human Resources Management Professional & Strategic Partner.
- Ms. Tapati Debnath, Transformational Training Leader & Aviation Expert and Asst Training Manager, Hotel Planet Hollywood, Mumbai.
- National Nutrition and Health Research Conference on 'Nutraceuticals and Functional Foods in Health' sponsored by Nutrition Society of India, Mumbai Chapter and in collaboration with Hirabai Cowasji Jehangir Medical Research Institute, Jehangir Hospital, Pune & Department of Home Economics of Smt M. M. P Shah Women's College of Arts & Commerce (Autonomous) on 12th March, 2025.

Guest of Honor: Dr. SubbaRao M Gavaravarapu, Scientist 'F' & Head Nutrition Information, Communication & Health Education (NICHE), National Institute of Nutrition, ICMR, Hyderabad

Keynote Address: Role of Nutraceuticals and Functional Foods in Health- Dr. D.B. Ananth Narayana, Chief Scientific Officer, Ayurvidye Bangalore Research and Training Trust

Session 1- Advances In Functional Foods

- Vitamin D & Calcium Supplementation for Bone Health by Dr. Anuradha Khadilkar
 Deputy Director and Consultant Pediatrician, Hirabai Cowasji Jehangir Medical
 Research Institute, Jehangir Hospital, Pune
- Fermented Foods: Traditional Practices with Modern Health Benefits by Prof. Dr. Jyoti
 Prakash Tamang Department of Microbiology, School of Life Sciences, Sikkim
 University. Sikkim
- Functional Foods for Endocrine (Hormonal) Health by Dr. Shilpa Varma Chief
 Nutritionist, Bellevue Multispeciality Hospital, Mumbai

Session 2: Industry Trends And Regulatory Landscape

- Nutraceuticals for Women's Health: A Growing Market by Dr. Geeta Dharmati Geeta
 Nutriheal Consultancy, Pune
- Regulatory Aspects of Health Supplements & Nutraceuticals Labelling by Dr. Sheetal
 Gupta, Joint Director and Incharge National Food Laboratory, FSSAI, Navi Mumbai

Session 3: Research Challenges & Opportunities

- Overcoming Barriers in Nutraceutical RCTs by Mr. Dharmendra Ved, COO, Jehangir Clinical Development Center, Jehangir Hospital, Pune
- Bioavailability Optimization of Functional Ingredients by Dr. Milind Patole,
 Laboratory Director Linq Labs, Pune

Session 4: Panel Discussion & Valedictory Address

- Protein Supplements: Myths, Science, and Innovations by Moderator: Ms. Sheryl Sallis
 Founder and Director, Nurture Health Solutions, Mumbai, India. Founder, CANQC.
- Valedictory Address: Spices as Nature's Pharmacy: Unlocking Their Therapeutic Potential by Dr. G. Bhanuprakash Reddy, Scientist 'G' & Head Biochemistry, National Institute of Nutrition, Hyderabad, India

STATE LEVEL

- A RUSA-sponsored workshop on 'Implementation of NEP 2020' was organized by Dr. BMN College of Home Science in collaboration with the Principals Forum of SNDT Women's University on 11th July, 2024. Prof. Ruby Ojha, Pro Vice Chancellor of SNDTWU, delivered the keynote address, emphasizing the transformative potential of NEP 2020 in revitalizing the higher education landscape in India. The workshop was attended by 60 faculty members (principals and IQAC coordinators) from 12 different institutions under SNDT University.
- RUSA-sponsored Holistic Sports Symposium was organized by the Sports Committee in collaboration with Smt. MMP Shah Women's College of Arts & Commerce, on 16th and 17th August 2024.
 - Day 1: Sessions for all students on the Seva Mandal Education Society (SMES) campus:
 - Balancing Sports, Fitness, Wellness, and Academics by Dr. Jaywant Mane, Director of Physical Education and Sports at K.M.C. College, Khopoli, Mumbai University.
 - Power of Mindset in Sports and Life by Dr. Neetu Joshi, Assistant Professor at B.P.C.A's College of Physical Education, Wadala, Mumbai.

Day 2: Sessions designed for sports faculty, coaches, and trainers, featuring:

 Sports Ethics by Dr. Kavita Kolgade, Sports Director at SNDT Women's University (SNDTWU).

- Sports Nutrition by Ms. Anuja Patel, Sports Nutritionist.
- Sports Psychology by Ms. Grishma Ashar, Sports Psychologist.
- Intra-campus competitions in yoga, carrom, and chess further enriched the event,
 promoting a holistic approach to sports and well-being.

Intra-Campus Tournament Winners List:

Event	Prize	Name	College name
Yoga	1 st	Ms. Sakshi Gupta	Dr. BMN College of Home Science
	2 nd	Ms. Tanisha Pujari	Dr. BMN College of Home Science
	3 rd	Ms. Bhavan Gupta	Dr. BMN College of Home Science
	4 th	Ms. Harshadha Chavan	Smt. MMP Shah Women's College
Carrom	1 st	Ms. Namra Shaikh	Smt. MMP Shah Women's College
	1 st	Ms. Pranali Rasal	Smt. MMP Shah Women's College
	2 nd	Ms. Gauri Tambe	Smt. MMP Shah Women's College
	3 rd	Ms. Bagul Trupti	Smt. MMP Shah Women's College
	3 rd	Ms. Neelam Jagdale	Smt. MMP Shah Women's College
	3 rd	Ms. Naziyunnisa Shahida	Smt. MMP Shah Women's College
Chess	1 st	Ms. Krutika Pustake	Dr. BMN College of Home Science
	2 nd	Ms. Sakshi Bhole	Smt. MMP Shah Women's College
	3 rd	Ms. Sneha Monde	Dr. BMN College of Home Science

- Symposia was organised on 'IKS Living Heritage of India' for FYB.Sc. students. The guest speakers for the sessions were Dr. Namrata Ganneri, Assistant Professor, Dept. of History, SNDT Women's College of Arts & SCB College of Commerce and Science for Women, Churchgate, Mumbai, Ms. Harshana Nikam, Assistant Professor, Dept. of History, Vaze Kelkar College, Mulund, Mumbai, and Ms. Sneha Nagarkar, Visiting Faculty, Dept. of Archaeology, Centre for Hindu Studies, Mumbai University. Total no. of beneficiaries were 60 on 21st September, 2024.
- A symposium on "Menstrual Health and Hygiene" by Dr. Anjali Mulke, "Health, Wellness
 and Yoga" by Ms. Dimple Sanghvi and "Sustainable Menstrual Health" by Ms. Moha
 Kamat. The symposium aimed to educate students on the significance of nutrition, hygiene,

- and sustainable menstrual practices, with 75 students participating in the informative session on 19th December, 2024.
- A RUSA-sponsored online symposium was organized on 'Harnessing Artificial Intelligence with Effective Communication' for faculties by the Department of Foundational Courses in collaboration with KET Kohinoor Business School on 07th & 08th January 2025. The speakers included Dr. Sidhant Sethi, Dentist & Consultant at White Rivers Media; Dr. Preeti Shirodkar, Associate Professor of English at KET Kohinoor Business School; Mr. Ameya Naik, an Automobile Journalist and Executive Editor of Ackodrive; and Dr. Raamesh Gowri, Director of Loncure Tech Pvt Ltd.
- RUSA-sponsored symposium on "Foundations and Frameworks of Intellectual Property Rights", organized in collaboration with Smt. K.G. Shah Law School on 15th February, 2025. The keynote address was delivered by Prof. (Dr.) Gigimon V. S., Professor & Director, Amity Law School, Amity University Mumbai, and Former Chair Professor, DPIIT IPR Chair at Maharashtra National Law University, Mumbai. The symposium also featured distinguished speakers, including Dr. Sajid Sheikh, Assistant Professor of Law, Maharashtra National Law University, Mumbai, and Ms. Juhi Singh, an Entertainment and IP Lawyer based in Mumbai. 215 students (121 TYBCA students and 94 LLB) students participated. The event provided valuable insights into the significance of IPR in various domains, fostering a deeper understanding among participants. The symposium comprised four sessions covering various aspects of Intellectual Property Rights (IPR):
 - Session 1: The Role of IPR in Innovation and Economic Growth, Definition and Scope of IPR
 - Session 2: Nature and Scope of Copyright (Literary and Artistic Works), Trademark Law (Brands, Logos, and Distinctiveness), Infringement and Remedies under Copyright & Trademark Law
 - Session 3: Patents, Industrial Designs, and Semiconductor Layout-Designs
 - Session 4: Trade Secrets and Geographical Indications (GIs)

'Hackathon, Webweavers – A Web Development Hackathon'

The BCA Dept. launched its inaugural 'Hackathon, Webweavers – A Web Development Hackathon' as part of the Ruby Jubilee celebrations, commemorating 40 years of our college's legacy, on 3rd March 2025. 16 teams participated. This event was made possible through the generous support of Mr. Nikunj Jhaveri, Chairman & Founder of System Plus Group of

Companies. Our collaborating partners for the event were Passion 3D World, who helped us in conducting the event seamlessly. The following team won the prize and a cash award:

- First prize and a cash award of Rs. 10,000 to the team of Mr. Aniket Saste, Mr. Omkar Zad, Mr. Ayush Vartak, and Mr. Rajuv Shetty from Mahatma Gandhi Mission College of Computer Science and Information Technology, Kamothe
- Second prize and a cash award of Rs. 7,000 to the team of Mr. Harsh Patil and Ms.
 Vedshri Salunkhe from SIES Graduate School of Technology, Mr. Aadil Shaikh from Lokamanya Tilak College of Engineering (LTCE), and Mr. Aiman Khan from G.R.
 Patil College of Arts, Science, and Commerce.
- Third prize and a cash award of Rs. 5,000, to the team of Mr. Prabhat Anand Tiwari, Mr. Abhishek Shivkumar Tiwari, Mr. Aryan Rajesh Singh, and Mr. Deepak Kumar Yadav from Bharatiya Vidya Bhavan's Sardar Patel Institute of Technology (SPIT).

ENDOWMENT / MEMORIAL LECTURES

- Smt. Dakshaben Memorial Lecture Series was organised by the NSS Unit and Women's Cell, in collaboration with Lions Club of Sion and Rotary Club of Queens Necklace, Mumbai. The topic was "Life, Challenges and Transplant" by Dr. Vrishali Patil, Multi Organ Transplant Surgeon, Director Transplant Surgery, Dr. D. Y. Patil Hospital, Pune on 3rd September, 2024.
- Shri. Mohanlal Pathak Endowment Lecture Series was organized by the Gandhian Studies Centre on "Gandhian Philosophy: Reflection on his Principles & Pragmatism" by Dr. Uma Maheswari Shankar, Principal, SIES College of Arts, Science and Commerce & Head of the Department of Philosophy, as a part of the 7th Shri. Mohanlal Pathak Endowment Lecture Series on 'Gandhian Values and Principles' held on 1st October, 2024.
- Shri Madhav Bakshi Memorial Lecture Series was organized by the Gandhian Studies Centre on 'Value Education.' a session on "Championing Inclusion and Equity" by Mr. Ketan Kothari and Ms. Poonam Deokar, Xavier's Resource Centre for the Visually Challenged, was organized by the Gandhian Studies Centre & Code of Conduct committee on 13th March, 2025.

67th FOUNDATION DAY CELEBRATIONS

The 67th Foundation Day of Seva Mandal Education Society was celebrated on 1st August, 2024. The oath-taking ceremony for the student body was held, and office bearers were

felicitated. The chief guest was Mr. Vivek Bhimanwar, Transport Commissioner, Govt. of Maharashtra. In keeping with the best practices of promoting industry-academic interaction, the following experts from the corporate sector were felicitated:

- Ms. Lino Paul, Sports Authority of India Ltd., Mumbai for linkages with the Department of M.Sc in Clinical Nutrition and Dietetics.
- Ms. Naaznein Hussein, Shamrocks Nutrascience for linkages with the Department of M.Sc. in Clinical Nutrition and Dietetics.
- Mr. Rajesh Saboo, i4t for linkages with the Department of Computer Applications.
- Mr. Yogesh Gaikwad, SDC International India Pvt Ltd. for linkages with the Department of Textile Science and Fashion Design.
- Ms. Varsha Gorey, Apollo Hospital, Navi Mumbai for linkages with the Department of Food Science and Nutrition.
- Ms. Annie Almedia, Veena World for linkages with the Department of Resource Management.
- Ms. Iteshree Date, ADAPT Skills Development Centre for linkages with the Department of Human Development.
- Ms. Adithi Muralidhar, HBCSE for linkages with the Department of Foundational Courses.

The following non-teaching staff were felicitated for their dedicated services:

Mrs. Kavita Kasar (30 years)

Mrs. Anita Bairisetty (30 years)

Mr. Subhash Chavan (30 years)

Mr. Rakesh Bhatt (30 years)

Mr. Kishor Patil- (30 years)

Mrs. Chitra D'Souza (30 years)

Mrs. Shahida Hussain (25 years)

Mrs. Rupesh Guray (10 years)

Mrs. Anita Fernando (10 years)

Mrs. Khurshid Shaikh (Employee of the year)

Mr. Pankaj Badbe (Employee of the year)

Volume 14 Special Issue of the IDEAS Peer-Reviewed Interdisciplinary Journal was released on 1st August, 2024. The issue included select manuscripts presented at the International Conference 'Reconnecting with Roots: Indian Knowledge Systems for the 21st Century' held in January 2024.

Teachers' Day was celebrated on 5th September, 2024. The chief guest was Shri. Chetan Desai, District Governor, Rotary District 3141. Guest of honor was Dr. Archana Badhe, I/C Registrar, Maharashtra Nursing Council, Nursing Superintendent, G.T. Hospital. The following teachers were felicitated for their achievements and dedicated services:

Completion of dedicated service:

- Prof. Dr. Mala Pandurang (Principal) (30 years)
- Ms. Priya Shah (30 years)

- Ms. Monika Mhatre (30 years)
- Mr. Shravan Kamble (10 years)

Dr. Vinaya Vaishampayan, Vice Principal was felicitated for award of Doctor of Philosophy (Ph.D.) on "Assessment of Nutritional Status of Geriatrics Residing in Mumbai under Different Familial Conditions" from the University of Mumbai in 2023.

The following teachers received recognition for the number of research paper publications/presentations/posters presented at the National and International levels.

- Prof. Dr. Mala Pandurang
- Dr. Rupali Sengupta
- Dr. Vrushali Datar
- Ms. Manjot Kaur
- Ms. Milina A. K. Pereira
- Dr. Roma Patki
- Ms. Sharada Sirisilla

- Dr. Lakshmi Menon
- Ms. Manali Chavan
- Ms. Arundhati Lahiri
- Ms. Gulnaaz Engineer
- Ms. Prachi Tendulkar
- Mr. Nitin Pawar
- Ms. Bhavisha Sancheti

- Ms. Reema Jose
- Ms. Madhura Ghaisas
- Dr. Harsha Chopra
- Ms. Honey Thakkar
- Ms. Neetu Singhi
- Mrs. Sudha Valan
- Ms. Sonu Mishra

BEQET members were also felicitated: Prof. Dr. Mala Pandurang, Dr. Pradnya Ambre, Ms. Manjot Kaur, Dr. Lakshmi Menon, Dr. Harsha Chopra, Ms. Honey Thakkar and Ms. Reema Jose.

MEMORANDA OF UNDERSTANDING FOR COLLABORATIVE VENTURES The institution signed the following MOUs for the academic year 2024-2025:

- MUSE Foundation set up a Muse Movie Club
- Smt. P.N. Doshi College, Ghatkopar for Faculty & Student Exchange Program with the Dept. of Computer Applications.
- Aseema Charitable Trust for Social Outreach Programmes.

- Letter of Understanding with Tata Power Skill Development Institute (TPSDI) for jointly designing, developing, delivering, and/or assessing courses with a focus on skill development and employability skills.
- Smt. Kamlaben Gambhirchand Shah Law School for student and teacher exchange program, seminars, workshops, and various other research activities.
- Smt. Sunanda Pravin Gambhirchand Institute of Nursing & Paramedical Sciences for student and teacher exchange programs, seminars, workshops, and various other research activities.
- Smt. Maniben M.P. Shah Women's College with the UGC STRIDE Research Capacity Building Centre at Dr. BMN College of Home Science for Mentoring Interaction.
- Sports Authority of India (SAI), Mumbai for internships & workshops for PGDSSFN students.
- NGO United Way for Environment Awareness Activities.
- Smt. Manjulaben Gunvantrai Shah Department of Post Graduate Studies, M.Sc. in Clinical Nutrition and Dietetics with International Training Centre Food Safety and Applied Nutrition, Government of India (ITCFSAN), Mumbai for Tribal Entrepreneurship Development and also to create awareness on ethnic tribal food products.
- Gujarati Kelvani Mandal (Amulakh Amichand School, Amulakh International School, B.A.K. Swadhayay Bhavan) and Smt. Manjulaben Gunvantrai Shah Department of Post Graduate Studies, Post Graduate Diploma in Sports Science Fitness and Nutrition for nutrition consultancy for sports students of the school.
- Smt. Manjulaben Gunvantrai Shah, Department of Postgraduate Studies, M.Sc. in Clinical Nutrition and Dietetics, with Avinashilingam Women's (deemed) University for Home Science & Higher Education for Women for the national-level student & faculty exchange program.
- Smt. Kamlaben Gambhirchand Shah, Department of Computer Applications, Sadabai Raisoni Women's College, Nagpur, for the state-level student & faculty exchange program.
- Shakti Plastic Industries Ltd a recycling unit for dry waste and e-waste collection.
- Avanti Edutech's Swardhara for Music Literacy Program
- Textile Science and Fashion Design department with SDC International Pvt Ltd, UK for collaborative activities for students and faculty to offer SDC certification courses in Colour Science and Colour Management, hosting workshops, seminars, etc.
- Human Development Department with ADHATA Trust for Student internships and conducting workshops for their coordinators
- Human Development Department with Able Disabled All People Together (ADAPT) for Student Internships
- Indian Women's Scientist Association (IWSA) for collaborative activities
- EECH with Research Innovation Incubation Design Labs (Riidl) for Developing Collaboratively Entrepreneurial Activities of Mutual Benefit
- Lion Tarachand Bapa Hospital and Research Centre Jain Society Sion (West) for providing health facilities and hospitalization

STUDENT-TEACHER EXCHANGE PROGRAM

- An online course on 'Women of the Global South' conducted by Wilkes University, Pennsylvania, USA, from January to April 2025. 5 students under the Department of Foundational Courses attended.
- 10 M.Sc. Clinical Nutrition and Dietetics students visited Avinashilingam Women's (deemed) University for Home Science Higher Education for Women from 8th to 13th September 2024. 7 students and 2 faculty from Avinashilingam Women's (deemed) University for Home Science Higher Education for Women visited Dr. BMN College from 22nd to 28th September 2024.
- 56 students from Dr. BMN College and 6 students from Vaze Kelkar College, Mumbai attended a session on 'Gender Sensitization' on 13th August 2024 at Dr BMN College. 14 students of TYB.Sc. attended the 'Spectrum of Change: Exploring Diversity, Equity and Inclusivity' Seminar on 13th November 2024 at V.G. Vaze Kelkar College of Arts Science and Commerce, Mumbai. The resource persons were Dr. Nilakshi Roy, Ms. Meghana Kulkarni, Mr. Harish Iyer and Ms. Shilpi Rastogi from the Sweekaar Foundation.
- SHPT School of Library Sciences, SNDT Women's University conducted a program on 'Soft Skills for Professional Enhancement' on 2nd and 3rd August 2024. 20 SYB.Sc. students and 23 students from SHPT attended the session. The resource persons were Ms. Ravija Srinivas, Image Consultant and Dr. Monica Khanna, Head of Foreign Languages Department, Maharashtra State Skills University.
- A workshop on the 'Art of Podcasting' was organized under the Student Exchange Program
 by Mr Aloke Thakore, a journalist, researcher, and teacher for students of Dr. BMN College
 and Department of Extension & Communication (SNDT), five teachers from Dr. BMN
 College participated on 20th August, 2024
- 'Disability Awareness' session was conducted for the students of 18 SYHD, 15 TYHD students from Dr. B.M.N. College & 4 M.Sc. students from Smt. P. N. Doshi College. Dept. of Human Development in collaboration with the Centre for Disability Research and Training (CDRT), Kirori Mal College Delhi, organised this course from 14th August 2024 to 14th September 2024.

Smt. K.G. Shah Department of Computer Applications organised a RUSA-sponsored 12-hour "Competitive Exam Training" course for FYBCA students and Smt. P.N. Doshi Women's College, Ghatkopar from 26th to 28th and 30th December, 2024.

MATHEMATICS ASSOCIATION

Date	Details
28.09.2024	A 'Hot potato' game (mathematics quiz) was conducted for 50 SYBCA
	students.
21.12.2024	RUSA sponsored symposium was organized on the topic 'AI & Data Science:
	Unveiling the Power of Mathematics and Statistics - an Interdisciplinary
	Approach.' 199 SY and TY BCA students attended the same. 8 students from
	Smt. P. N. Doshi Women's College attended the symposium under the student
	exchange program. The sessions covered under the symposium were:
	Session 1: Introduction to Artificial Intelligence by Mr. Rahul Gupta, Senior
	Project Manager, Edufront Technologies Pvt. Ltd.
	Session 2: Statistical Foundations for Modern Data Science Applications by
	Mr. Nirakar Padhy, Sr. Data Scientist, Collinson
	Session 3: From Theory to Practice: Mathematics in AI Development by
	Dr. Ramsagar Yadav, Assistant Professor, Department of Mathematics,
	Statistics and Computer Science, SES's L. S. Raheja College of Arts, and
	Commerce (Autonomous)

ENGLISH LITERARY ASSOCIATION

Faculty Members: Ms. Reema Jose (In-charge), Ms. Milina Pereira, Ms. Manali Chavan

Date	Details
02.09.2024	A session on 'The Quality of Leadership' was conducted by Ms. Fatema
02.08.2024	Fanuswala, college counselor for the students of FYB.Sc.
	Photo essay competition was held on the theme 'Campus Life'. The following
24.08.2024	winners were announced: 1st prize - Ms. Rhea Chetiwal (TYBCA), 2nd prize -
	Ms. Aastha Shah (TYBCA) and 3 rd prize - Ms. Jiya Ambekar (SYB.Sc.)
	Students studying the Proficiency in English Communication Skills (Basic)
26.08.2024	paper visited a library and participated in an activity of identifying hidden names
	of books or novels from the given posters.
14.09.2024	On the occasion of Hindi Bhasha Divas an interactive session was organised on
	'History of Hindi Language' by Dr. Sandesha Bhavsar, Assistant Professor,

	Department of Hindi, Smt. MMP Shah College of Arts and Commerce	
	(Autonomous).	
	A RUSA sponsored workshop was organized in collaboration with St. Xavier's	
19.09.2024	College, Mumbai on 'Poetry Writing' by Ms. Rochelle Potkar, Writer of Indian	
19.09.2024	Fiction & Poet. 8 students from Dr. BMN College and 15 from St. Xaviers	
	College attended.	
17.01.2025	A book review competition was organised. 70 FYB.Sc. students participated.	
08.03.2025	Ruby Jubilee Special Issue of the College Bulletin, 'The Creator's Canvas' was	
	circulated in celebration of the Institute's 40 th Year since establishment in 1984.	
	This issue included interviews of management members, teaching, and non-	
	teaching staff, along with creative contributions from the students.	

COLLABORATIVE VENTURES/EXTENSION ACTIVITIES

Community Outreach Program:

- 'Nutricarnival: a Play Way Method' was organised to create awareness about health and nutrition, a fun filled week event Students and teachers from different colleges and Sparsh Foundation (18 students and 5 health care workers and parents), participated in the event from 14th to 23rd September 2024.
- A community outreach program was conducted on Indian Traditional Arts and Crafts by Parampaik Karigars, sponsored by RUSA. Students, as well the participants from the Vision Rescue community, attended the 4 different sessions by various artisans. Kerala Murals by Mr Sujith Bhuvm, Wayanad, Kerala; Applique and Cut work by Mr Vikram Singh, Barmer; Bandhani by Mr Naushad Khatri, Bhuj and Madhubani Painting by Moti Karn, New Delhi from 20th to 24th August 2024
- Project Uday, a nutrition session on impact, consequences and management of Malnutrition in children was conducted in Kherwadi Municipal School on 24th October, 2024 for 115 parents of children who were screened as Moderately Acute Malnourished (MAM).
- Community Outreach Program at the Antar Bharati Balgram School (India Sponsorship Committee), Lonavla, which was conducted by 14 TYHD, 16 SYHD and 5 PGECE students. The students conducted activities like puppet shows, dramatization, arts and crafts activities and games for 200 children, including the children studying in the school as well as children from nearby balwadis. The theme was 'Stone Age to Civilization'.

VASTRAKALA

Department of Textile Science and Apparel Design organized the annual event Vastrakala 2025, an exhibition-cum-sale of innovative products developed by FYTSFD, SYTSFD and TYTSFD students under the 'Earn While you Learn Scheme' initiative of Employability and Entrepreneurship Career Hub on 26th March, 2025. More than 50 different varieties of products were designed and developed using creative ideas under the supervision of their teachers. Innovative products included a special collection of Tie and Dye dupattas, embroidered articles like bag, shoes and other fashion accessories, hand painted sarees, articles with special techniques of surface ornamentation. All the product packaging was done by students.

NATIONAL HANDLOOM DAY

The Department of Textile Science and Apparel Design celebrated National Handloom Day on 7th August, 2024 with events such as Reel making competition, Innovative Product Development competition, Garment Design Competition was organized. 250 students and faculty participated in the event. Following are the winners of various events:

- Reel making competition: Ms. Nikita Jadhav (TYTSFD)
- Innovative product development: 1st prize: Ms. Jagruti Bait (SYAA), 2nd prize: Ms. Samruddhi Durgude (SYAA) & 3rd prize: Ms. Vaishnavi Deshmukh (FD) and Ms. Mauli Pawar (SYTSFD)
- Garment Design competition. Students designed the garments and stitched using handloom and khadi materials: 1st prize: Ms. Surbhi Manjhi (TYTSFD), 2nd prize: Ms. Sanchi Bithale (TYTSFD), 3rd prize: Ms. Prajakta Jagtap (Fashion Designing and Merchandising) & Consolation: Ms. Sana Ansari and Bushra Ansari

NATIONAL TOURISM DAY

Department of Resource Management and Hospitality Management celebrated National Tourism Day on 23rd January, 2025. Four states from four zones - east, west, north and south were showcased, and educational games were organized. 98 participants from different colleges (Guru Nanak Khalsa College of Arts, Science & Commerce; SVT; Smt. Maniben M.P. Shah Women's College; Smt. Kamlaben Gambhirchand Shah Law School; and Smt. Sunanda Pravin Gambhirchand Institute of Nursing & Paramedical Sciences) participated in the event. Winners of the educational games are as follows:

1st prize: Ms. Maitreyee Rawal (Khalsa College)

2nd prize: Ms. Gulafsha Khan (Smt. M.M.P. Shah College)

3rd prize: Mr. Aryan Sonkar (Khalsa College)

SHORT ONLINE CERTIFICATE COURSE IN ONCONUTRITION

The 4th batch of the Online Short-Term Certificate Course in Onconutrition (30 hours) was successfully coordinated by Ms. Paulomi Desai, (Assistant Professor) in July 2025. It was designed by Mr. Shivshankar Timmanpyati, Chief Clinical Dietitian at Tata Memorial Hospital, Parel, Mumbai. The course aims to enhance clinical knowledge and expertise in the specialized field of cancer nutrition. This year's batch comprised 21 qualified and practicing dietitians from across India, with the course being open to international participants. The sessions were conducted by distinguished clinical dietitians and oncology nutrition specialists from various parts of the country. The course continues to serve as an invaluable platform for professional development in onconutrition and remains an annual offering, fostering the advancement of knowledge and skills in cancer care nutrition.

BALMELA

Balmela was organised by the Department of Human Development on the theme "Stone age to Civilization". The event was attended by 728 children and 224 adults. 7 schools, namely, Amulakh Amichand, B.A.K. Swadhyay Bhavan, Twinkling Angels, Kangaroo Kids, Prangan (Bandra), Edistaa, Auxilium, and Shishuvan School, took part in the event. Students from H.M.N. Jr. College and MMP Shah Jr. College also visited the event. Various activities like puppet shows, dramatization, art and craft activities, and games were conducted. Ms. Inaya Chowdhry, a child artist who played the role of junior Alia Bhatt in the movie Darlings was invited as the chief guest for the event. Overall, the students had hands-on experience planning, managing, and conducting an event on a grand scale. IWSA teacher trainees were also invited to participate in the activities on 17th January, 2025.

AKANKSHA

"Akanksha" an intercollegiate fest on the theme "EMOTIONS" was organised on 2nd December, 2024. The Chief Guest was Mr. Kunal Pandagale, Indian Rapper- "Kaam Bhari" events were organised. A total of 23 colleges and 429 students across Mumbai participated.

Winners of Akanksha Fest 2024:

Event	Name of the	Name of the College	Prize
	Participant		
Cartooning	Ms. Usha	Dr. BMN College of Home Science	1 st
	Shailendrakumar Punna		
	Ms. Uzma Deraiya	Smt. Shardaben Champaklal Nanavati	2 nd
		Institute of Polytechnic	

	Ms. Gauri Sunil Sawant	Navneet College	3 rd
	Mr. Swapnil M.	Annasaheb Vartak College	Consolation
	Sonawane		
Face Make	Ms. Kimaya Kulkarni	MMK College of Bandra	1 st
Up	Ms. Kiran Ragade	Dr. BMN College of Home Science	2 nd
	Ms. Dipti C Maurya	Smt.Sunanda Pravin Gambhirchand	3 rd
		College of Nursing	
Reel	Ms. Shreya Chanche	Rachna Sansad College	1 st
Making	Ms. Riya Surjagade	SIES College of Arts, Science and	2 nd
		Commerce	
	Mr. Ravi Rajendra	ICLES Motilal Jhunjhunwala College	3 rd
	Pandit	of Arts, Science & Commerce	
Stand-Up	Ms. Babita Gupta	Dr. BMN College of Home Science	1 st
Comedy	Mr. Arthaay Namdeo	Shivajirao S Jondhale College of	2 nd
	Sawant	Engineering	
	Mr. Farooqui Sufiyan	MMK College of Bandra	3 rd
	Mr. Rafil Raza	Nagindas Khandwala College	Consolation
Street Play	Mr. Omprakash Subhrat	Vivekanand Education Society of	1 st
	Gachhayat	Arts Science	
	Mr. Jugal Kishor	Prahladrai Dalmia Lion College	2 nd
	Satendra Maddheshiya		
	Mr. Lokesh Vijay Koli	ICL Motilal Jhunjhunwala Vashi	Consolation
		College	
Group	Ms. Shrawasti Tilak	Dr. B.M.N. College of Home Science	1 st
Dance	Mr. Com Bos	MMK College of Bandra	2 nd
	Ms. Adiba Qureshi	Maniben Nanavati womens College	3 rd

TEKZONE – IT Techfest

Smt. K.G. Shah Department of Computer Applications organised a one-day intercollegiate Techfest 'Tekzone Season 19' The theme was "AI UNLEASHED: Redefining Creativity" on 4th March, 2025. 171 participants from 27 colleges across Mumbai participated in the fest. The chief guest for the function was Mr. Faheem Momin (Founder, CEO, Director of Driving Business Transformation through Hyper Automation, BPM and Data Analytics Expertise). The sponsors for the event were AD Computers, Refere India, Porwal Services, Gurukul Chess Academy and the department alumni. The fest included a social eco cause, like e-waste collection, which totaled 110 kgs, and the same was handed over to NGO Shakti Plastics Industries Ltd., which has a recycling unit. In line with the tradition of felicitating Young Achievers, Ms Bhagyashree Rane (2016) and Ms Praveena Kondyala, (2015) batch were felicitated.

Event	Prize	Name	College
Game Forge	1 st	Ms. Sneha Singh	Vidyalankar School of Information
(Game Design			Technology
using AI)	2 nd	Ms. Rutuja Patil	Dr. BMN College of Home Science
	3 rd	Mr. Krishal Hariya	Vidyalankar School of Information
			Technology
WebWonders	1 st	Mr. Harsh Patil	S I E S College
(Website	2 nd	Mr. Aadil Shaikh	Lokmanya Tilak College of
Design using			Engineering
AI)	3 rd	Mr. Shahilsha Diwan	J E S College
Tek Tales	1 st	Mr. Rohan Tukaram	Smt. Shardaben Champaklal
(Video Making		Sakpal	Nanavati Institute of Polytechnic
using AI)	2 nd	Mr. Suraj Moolya	SIES
	3 rd	Mr. Swapnil	Vidyalankar School of Information
		Ravsaheb Mendake	Technology
Techie Tokens	1 st	Ms. Shruti More	Dr BMN College of Home Science
(Technical	2 nd	Mr. Faraz Kurwale	Oriental College
Questions)	3 rd	Ms. Jyoti Gupta	Vidyalankar School of Information
			Technology
BeatZilla (Beat	1 st	Mr. Benjamin	St. Xavier's College
Boxing)	2 nd	Jack Beats	L S Raheja
Rhythm Rebels	1 st	Mr. Akshay Waghule	Sree Narayanguru College of
(Solo Dance)			Commerce
	2 nd	Mr. Rajul Tambe	Don Bosco
	3 rd	Mr. Athang Gandhi	Vidyalankar School of Information
			Technology
Rhythm Rebels	1 st	Group 3	Thadomal Shahani Engineering
(Group Dance)			College
	2^{nd}	Group 2	Sathey College
	$3^{\rm rd}$	Fireflies	Dr. BMN College of Home Science

Restaurant Setup

The Department of Resource Management had organized a restaurant setup on the theme of "Flavours of Holi" on 13th March, 2025. Students practiced preparing authentic food. Ambience for the restaurant was created by the students, including the logo, invitation card,

and menu card, as per the theme. Menu of the day included Puran poli with katachi aamti (Maharashtra and Gujarat), Gujjia (Uttar Pradesh, North India), Samosa Channa (North India), Rassam Vadai (South India), Pongal (South India), Thandai (North and West India). Soft Skill enhanced were teamwork, budgeting and event management.

GANDHIAN STUDIES CENTRE

Theme for the year: 'Sustainability via Gandhian Values'

Members: Mrs. Vidya Subramanian (Incharge), Ms. Fatema Fanuswala, Ms. Cinderella D'costa and Ms. Sajani Mathew

Date	Details
	2 batches of children from Little More Preschool visited the Gandhi Smriti
01.08.2024	Ashram as part of the Gandhi Jayanti Celebrations. Students of TYHD
	performed a skit for them.
01.10.2024	On the occasion of Gandhi Jayanti, 5 TY Human Development students,
	under the guidance of the faculty Ms. Gulnaaz Engineer, performed a skit on
	Mahatma Gandhi's principles at the Gandhi Smriti Aashram, Dr. BMN
	College. Beneficiaries: 40 children from the Little More Preschool in the age
	group of 2 to 4 years.
	A poster-making competition was organised for SYJC students on the
	occasion of Gandhi Jayanti.
01.10.2024 -	The Library and Gandhian Studies Centre did a Book Display of Books on
07.10. 2024	and By Gandhiji. The library also shared a Virtual Book Shelf of Books by
	Gandhiji
03.10. 2024	Screening of the movie "Road to Sangam" for 118 TYBCA students as a
	part of Gandhi Jayanti celebrations.
	A digital poster-making Competition on the topic: Ahimsa and
	Environmental Protection was organised by the Centre.
09.01.2025	Session on Mahatma Gandhi's Relevance in Modern Times was conducted
	by members of the Bombay Sarvodaya Mandal. This session provided the
	Second Year B.Sc. and NSS students with insights into Gandhian principles
	and their significance in today's society. Beneficiaries: 65.
24.01.2025	A lecture on leadership based on Gandhian values was conducted as part of
	the SY.BSc curriculum for life skills. Organized by the Gandhian Studies

Center in collaboration with Mindspace Counseling Cell, this session was
led by resource person Prof. Dr. Mala Pandurang.

CULTURAL COMMITTEE

Committee Members: Ms. Sonu Mishra (In-charge), Ms. Shilpa Surulkar, Ms.Gulnaaz Engineer, Mrs. Arundhati Lahiri, Ms. Prachi Tendulkar, Ms. Nalini Parab and Mr. Shravan Kamble, Ms. Aditi Yadav, Ms. Banasri Rao, Mrs. Ahilya Mali, Ms. Priya Shah, Mrs. Kiran Gungiri (till January 2025), Ms. Priyanka Kubal

Date	Details
20.07.2024	Organized staff picnic at "Nature Trails" in Durshet, Khopoli.
01.08.2024	67 th Foundation Day celebration was organised. Office Bearers of the Student Body for 2024 were elected.
01.08.2024 -	Ms. Sebastina Nadar (SYBCA), Cultural Representative, successfully attended and
03.08.2024	completed the SNDTWU Leadership Training Camp, organised by the Department
	of Student's Development, held at Kushtarog Nivaran Samiti, Shantiwan, Nerul Panvel.
05.08.2024	Inhouse Poster Painting competition was organized for the students on campus. Ms.
	Manjot Kaur, Faculty from the Bachelors of Computer Applications department,
	judged the competition. 1st prize: Ms. Shruti Tirlotkar (SYAA), 2nd prize: Mr.
	Harshal Kanekar (TYAA) and 3 rd prize Ms. Samruddhi Durgude (SYAA).
05.08.2024	Inhouse Essay Writing competition in English, Hindi, Marathi and Gujarati
	languages was organized. Winners were 1 st prize: Ms. Shruti Jadhav (SYAA), 2 nd
	prize: Ms. Namita Devadiga (SYBCA) and Ms. Harshada Paliwal (M.Sc. CND II)
	and 3 rd prize: Ms. Ariba Khab (SYBCA) in English language.
06.08.2024	Organised an inhouse Rangoli competition. 15 students from different
	specializations participated in the competition. Former Jr. college staff member Mrs.
	Kalpana Singh judged the competition. Winners were 1 st prize: Ms. Rahi Mastekar
	(TYBCA), 2 nd prize: Ms. Rutuja Bhosale (SYTSFD) and 3 rd prize: Ms. Pratiksha
	Baviskar (TYTSFD).
06.08.2024	Organised an inhouse Elocution competition. Ms. Glynis Machado, Assistant
	Professor at Wilson College and Ms. Mahima Kharat, Soft Skills Trainer judged the
	competition. Winners were 1 st prize: Ms. Sakshi Kadam, 2 nd prize: Ms. Gayatri Pillai
	(STBCA) and 3 rd prize: Ms. Ummekulsum Shaikh (SYJC).
06.08.2024	Ms. Ruchita Kadav, Ms. Kanika Kinjale, Ms. Huda Khan, Ms. Alfiya Shaikh, and
&	Ms. Prachi Shah with Ms. Bansari Rao attended a 2-day YUVA Mahotsav

07.09.2024	Orientation our workshop arganized by the Department of Student's Development
07.08.2024	Orientation cum workshop organized by the Department of Student's Development,
	SNDT Women's University at Churchgate Campus. Ms. Priyanka Gawai (B.Sc.)
07.00.2024	and Ms. Nirmiti Bhalekar (BCA) attended the second day of the orientation.
07.08.2024	Smt. Gunvantrai Shah Department of Post Graduate Studies organized a Fresher's
	Meet for M.Sc. CND, PGDSSFN, and PGECE students. The theme was 'Fictional
00.00.200	Characters.'
08.08.2024	Organised an inhouse Spot Photography competition. 16 students from different
	specializations participated. Ms. Tina Bhosale, Creative Producer, Pansworld
	Television (India) Pvt Ltd. judged the competition. Winners were 1 st prize: Mr.
	Harshal Kanekar, 2 nd prize: Ms. Samruddhi Matkar and 3 rd prize: Mr. Darshan
	Karval.
14.08.2024	Organised a FY B.Sc. Fresher's Meet. The judges were Ms. Neetu Singhi (Asst. Prof,
	BCA Department). Winners were as follow:
	Fresher's Queen: Ms. Karina Sharma (FYTSFD), Princess I: Ms. Venna More
	(FYFSN) and Princess II: Ms. Bahar Gupta (FYRM).
11.10.2024	Organized Raas Garba for the students of B.Sc., BCA, M.Sc., Junior college and
	Polytechnic students.
26.11.2024	Organised picnic for students to Imagica Water Park where 143 students were
	accompanied by 7 faculty members.
04.12.2024	Dr. Vibha Surana conducted a workshop in Prangan for 32 students on the topic
	"Learn Non-violent Communication."
26.01.2025	The 76 th Republic Day celebration was held in Udaan Sports Arena where chief
	guest Mr. Rajnish Goyal, Principal Chief Electrical Engineer, Central Railway was
	invited.
30.01.2025	The Annual Day Calabration 2024 2025 was arganized with anot authorism
50.01.2025	The Annual Day Celebration 2024-2025 was organized with great enthusiasm,
	featuring a variety of performances by students and staff, showcasing their talents
	across different artistic disciplines.
28.02.2025	Organised a Poster Making Competition on the occasion of Marathi Bhasha Diwas
	for B.Sc. and BCA Department, Junior college organised a reciting of Maharashtra
	Geet and Speech and also essay writing on the topic Marathi Bhasha Diwas.
44.5	
11.04.2025	Farewell for the TYBSc students was organised on the theme 'Masquerade'
	Farewell for the MSc CND, PGECE and PGSSFN students was organised on the
	theme 'Pinteresty'.
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SPORTS COMMITTEE

Committee Members: Ms. Paulomi Desai (In-charge), Ms. Priyanka Vinjale (Sports Teacher), Ms. Bhavisha Sanchetti, Ms. Nidhi Khimavat, Ms. Sukanya Vyas, Ms. Anita Sharma, Ms. Pradnya Nawlu, Ms. Anuja Ghadigaonkar (Gym Instructor)

Date	Details
21.06.2024	International Day of Yoga was celebrated sponsored by RUSA under the
	Faculty Fitness Training program. Ms. Meena Siva, Yoga Instructor and Ms.
	Riddhi Shah, Yoga Instructor and Life Coach conducted yoga sessions. 76
	teaching staff and non-teaching staff members participated and 123 students
	participated.
23.06.2024	10 students and sports teacher Ms. Priyanka Vinjale attended a yoga session at
	SNDT Women's University and Kaivalyadhama Yoga Institute organized at
	Marine Drive by Shri. Ravi Dixit and supported by Dr. Kavita Kholgade
	session featured a blend of asanas, promoting unity and empowerment among
	the participants.
02.07.2024	A sports orientation for the academic year was conducted for the students of
	FYB.Sc. by sports teacher Ms. Priyanka Vinjale & sports committee members.
06.07.2024	Sports coaching orientation was conducted by Chess Coach Mr. Hrishikesh
	Chavan and Yoga Instructor Ms. Dipali Kalamkar.
	Sports complex 'UDAAN' sponsored by the Rotary Club of Queen's Necklace
	and the Parikh Foundation was inaugurated. 10 SYJC students participated in a
	cricket match. The event was jointly organized with Smt. MMP Shah College.
	A sports orientation for the academic year was conducted for the students of
	PGSSFN and M.Sc. CND by sports teacher Ms. Priyanka Vinjale & sports
	committee members.
24.07.2024	Kabbadi and Chess coaching for students commenced.
01.08.2024-	Ms. Malati Konar (SYBCA) attended SNDTWU Leadership Training Camp
03.08.2024	for Sports Leaders, organised by the Department of Student's Development,
	held at Kushtarog Nivaran Samiti, Shantiwan, Nere-Panvel.
09.08.2024	Sports coaching and orientation of chess, yoga, kabaddi was conducted by Ms.
	Priyanka Vinjale and Mrs. Pradnya Nawlu for FYJC students.
21.08.2024	Essay Writing Competition on Advance Olympic Game was conducted for
	SYJC students on the occasion of International Sports Day. Essay Writing
	Competition was conducted for FYJC students on the occasion of
	Independence Day.

21.08.2024- 22.08.2024	Ms. Sakshi Gupta (TYBCA), Ms. Aaditi Shinde (TYND), Ms. Bahar Gupta (FYRM), Ms. Tanisha Pujari (FYTSFD), Ms. Isha Rathod (SYTSFD) and Ms. Mejak Shaikh (SYTSFD) attended the yoga workshop organized by SNDT Women's University, Churchgate.	
24.09.2024 - 29.09.2024	Self-defense training workshop series was organised for students to empower young women, was conducted by Mr. Mahesh Navale, Nirbhaya Squad Karate Coach through Mumbai Police.	
27.09.2024 - 01.10.2024	FYJC and SYJC students participated in the Athletic Tournament at DSO. at Priyadarshini Park Grant road and DSO Tournament for Chess was organised at Bharat Ratna Rajiv Gandhi Stadium, Dharavi.	
23.09.2024 - 25.09.2024	Sr. Intercollegiate Kho-Kho, Basketball, Hand Ball, Taekwondo, Road Race Tournament 2024-25 at Pune.	
01.10.2024	Ms. Sanjana Soni, Ms. Khushboo Jaiswal, and Ms. Chandra Auji (SYJC) participated in the DSO (District Sports Office) Chess Tournament held at Bharat Ratna Rajiv Gandhi Stadium, Dharavi, Mumbai. The students were accompanied by Sports Teacher Ms. Priyanka Vinjale.	
14.11.2024- 18.11.2024	Ms. Karina Sharma (FYTSFD) attended the All-India Inter-University Cross Country Tournament Coaching Camp, at SRMP College of Home Science, Akluj.	
19.11.2024- 20.11.2024	Ms. Karina Sharma (FYTSFD) was selected to represent SNDT Women's University and successfully participated in the All India Inter-University Cross Country Championship held in Mangalore.	
22.11.2024	Ms. Sakshi Gupta (TYBCA), Ms. Anushka Shigvan (SYRM), Ms. Tanisha Pujari (FYTSFD), and Ms. Bahar Gupta (FYRM) attended the One-Day Yoga Workshop organized by SNDT Women's University, Churchgate.	
08.12.2024-	Ms. Karina Sharma (FYTSFD) attended the West Zone Inter-University Kho-	
14.12.2024	Kho Tournament Coaching Camp scheduled at Shri Chhatrapati Shivaji Maharaj Krida Sankul, Nashik.	
16.12.2024-	Ms. Sakshi Gupta (TYBCA), Ms. Taneesha Pujari (FYB.Sc.), and Ms. Bahar	
21.12.2024	Gupta (FYBSc) attended a Yoga training camp for the All India Inter-University	
	Yoga Tournament held at the Churchgate Campus.	
23.12.2024-	Ms. Krutika Pustake (SYBCA) and Ms. Sneha Monde (TYBCA) attended the	
30.12.2024	University Chess Coaching Camp held at Juhu Campus and was selected in the	
	University team for the West Zone Inter University Chess Championship.	
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23.12.2024- 24.12.2024	The Annual Sports Festival 2024-2025 was inaugurated by Chief Guest Shri Vasant Khetani, Hon. Secretary of SMES. The awards highlight exceptional achievements and emerging talents.
30.12.2025 - 03.01.2025	Ms. Pragati Shinde (TYBCA), Ms. Prerna Avhad (M.Sc.CND II) and Ms. Karina Sharma (FYTSFD) attended the training camp held at Churchgate Campus for the South West Zone Inter-University Karate Tournament
02.01.2025- 05.01.2025	Ms. Krutika Pustake (SYBCA) and Ms. Sneha Monde (TYBCA) participated in the University team, at the West Zone Inter University Chess Championship, held at SAM Global University, Bhopal.
04.01.2025- 09.01.2025	Ms. Tanisha Pujari (FYTSFD) was selected and participated in the University Wrestling Coaching Camp held at Pune Campus (Sahyadri Kushti Sankul, Pune).
06.01.2025- 08.01.2025	Ms. Pragati Shinde (TYBCA), Ms. Prerna Avhad (M.Sc.CND II) and Ms. Karina Sharma (FYTSFD) participated in South West Zone Inter-University Karate Tournament, Chennai
07.01.2025 to 08.01.2025	Ms. Anushree Lele (SYBCA), Ms. Asha Chouhan (SYFSN), Ms. Vanshika Jain (SYBCA), Ms. Rinku Chodhary (SYBCA) participated in the Adventure Sports Training Camp 2024-2025, organized by SNDT Women's University and held at Nashik
11.02.2025- 22.02.2025	Ms. Krutika Pustake (SYBCA) was selected for the University Chess Camp held at Juhu campus. and she participated in the camp State Ashwamedh Chess Tournament at Gondwana University, Gadchiroli.
12.03.2025	Ms. Mehak Shaikh (SYTSFD), Ms. Isha Rathod (SYTSFD), Ms. Gayathri Siva (FYND), and Ms. Bahar Gupta (FYRM) attended the One-Day Workshop on Fitness Foundation and Training organized by the Department of Sports and Physical Education at Juhu Campus.

Winners of Annual Sports Festival

Event	Prize	Winner's Name
Skipping	1 st	Ms. Afreen Khan (FYJC) and Ms. Karina Sharma (FYTSFD)
	2 nd	Ms. Anshika Gupta (SYJC) and Ms. Aaisha Shaikh (FYRM)
	3 rd	Ms. Anamika Gupta (SYJC) and Ms. Sheetal Verma (FYFSN)
Langdi	1 st	Ms. Karina Sharma, Ms. Seema Mandavkar, Ms. Mansi Devrukhkar,
		Ms. Rekha Naval, Ms. Aaisha Shaikh, Ms. Sheetal Verma, Ms.

		Apurva Shinde, Ms. Gayathri Siva Subramanian, Ms. Sana Shaikh,
		Ms. Misba Khan (FYB.Sc.), Ms. Anupriya Bharti, Ms. Saher bano
		Khan, Ms. Nisha Shah, Ms. Shanti Sankar, Ms. Laxmi Pawan, Ms.
		Mamta Sahani, Ms. Varsha Sha, Ms. Archana Gupta, Ms. Naina Kori,
		Ms. Jiya Mishra (FYJC)
	2 nd	Ms. Sapna Kanade, Ms. Khushida Shaikh, Ms. Nasreen Shaikh,
	2	Ms. Anuskha Shigvan, Ms. Manisha Diwakar, Ms. Akshata Dhokle,
		Ms. Asha Chouhan, Ms. Sanika Gaikwad, Ms. Asifa Khan, Ms. Sana
		Khan (SYB.Sc.), Ms. Chandra Suji, Ms. Nandani Gaud, Ms. Nasreen
		Laskar, Ms. Shaina Harsan, Ms. Sakshi Kesarwani, Ms. Sanjana Soni,
		Ms. Ranu Maurya, Ms. Namrata Shigvan, Ms. Sonam Sonkar, Ms.
		Masina Sardar (SYJC)
	3 rd	Ms. Sakshi Theek, Ms. Krupa Patekar, Ms. Mansi Patel, Ms. Kajal
	J	Jaiswal, Ms. Vaishanavi Kotiyan, Ms. Shrawasti Tilak, Ms. Prabha
		Jha (TYBCA), Ms. Vedika Patel, Ms. Vanshika Sakpal, Ms. Moksha
		Patel (SYB.Sc.), Ms. Aksa Sayyed Ms. Riya Tiwari, Ms. Aamina,
		Ms. Shifa Chauhan, Ms. Fariha Chaudhary, Ms. Adeeba Khan, Ms.
		Tayeba, Ms. Fiza Shaikh, Ms. Shifa Khan, Ms. Habiba (SYJC)
Chair ring	1 st	Ms. Anjali Patel (Foundational Courses Faculty)
(female)	2 nd	Dr. Rupali Sengupta (M.Sc. CND Faculty)
	3 rd	Ms. Nidhi Palav (Admin Staff)
Chair ring	1 st	Mr. Rupesh Gurav (Non-teaching)
(male)	2 nd	Mr. Shubh Unnikrishnan (Admin Staff)
	3 rd	Mr. Sunil Pujari (Non-teaching)
Standing	1 st	Ms. Namrata Shigvan (SYJC) & Ms. Akshata Dhokle (SYFSN)
Broad Jump	2 nd	Ms. Shanti Sonkar (FYJC) & Ms. Mansi Pate (TYBCA)
(Female)	3 rd	Ms. Sanika Yadav (SYJC) & Ms. Karina Sharma (FYTSFD)
Relay	1 st	Ms. Shaikh Fatima, Ms. Priyanka Singh, Ms. Anamika Gond, Ms.
4x100m		Sakshi Sarvankar (SYJC), Ms. Vishaka Jaiswal, Ms. Vanshika
		Dighe, Ms. Vanshika Jain, Ms. Samiksha Dabhade (SYBCA)
	2 nd	Ms. Fiza Shaikh, Ms. Riya Tiwari, Ms. Aksha Sayyed, Ms. Shifa
		Chauhan (FYJC), Ms. Krisha Patil, Ms. Shalini Vishwakarma, Ms.
		Anisha Singh Bisht, Ms. Hansini Suryavanshi (FYBCA)
Tug of War	1 st	Ms. Habiba Khatoon, Ms. Anupriya Bharti, Ms. Shanti Sonkar, Ms.
		Riddhi Hande, Ms. Laiba Khan, Ms. Nisha Shah, Ms. Nasreen
		Shaikh, Ms. Kanchan Nadar (FYJC), Ms. Zainab Memon, Ms. Alisha
		Ansari, Ms. Zainab Butt, Ms. Shifa Khan, Ms. Mahek Shaikh, Ms.
		Tanisha Rathod, Ms. Alisha Mansuri, Isha Rathod (SYTSAD)
		Mr. Nelson P.V, Ms. Aditi Yadav, Ms. Sharada Sirsilla, Ms. Neetu
		Singhi, Ms. Shilpa Surulkar, Dr. Rupali Sengupta, Ms. Chitra

	2 nd	Lolam, Mr. Shastri Jagade (Teaching - Non teaching) Ms. Chandra Auji, Ms. Brunda Devi, Ms. Namrata Shigvan, Ms. Sanjana Soni, Ms. Shariya Chaudhary, Ms. Arya Sughghare, Ms.
	2 nd	
		Sanjana Soni, Ms. Shariya Chaudhary, Ms. Arva Sughghare. Ms.
		J
		Shaziya Shaikh, Ms. Anshika Gupta (SYJC), Ms. Moksha Patel, Ms.
		Krupa Patekar, Ms. Mousam Shah, Ms. Prachi Chheda, Ms. Sanskruti
		Khapre, Ms. Amisha Kasrung, Ms. Prajakta Sarnaik, Ms. Vaibhavi
		Sakharle (TYBCA)
	3 rd	Ms. Anushka Verma, Ms. Priyanka Singh, Ms. Fatima Shaikh, Ms.
		Anamika Gond, Ms. Sakshi Sarvankar, Ms. Payal Gupta, Ms. Veena
		Chintakindi, Ms. Shah Umme Kulsum (SYJC), Ms. Karina Sharma,
		Ms. Saniya Pawar, Ms. Zara Rumani, Ms. Tanishka Kalgutkar, Ms.
		Saee Panvekar, Ms. Aaisha Shaikh, Ms. Sameera Ansari, Ms.
		Tejaswini Jatla (FYB.Sc.)
Passing the	1 st	Ms. Chitra D'souza, Mr. Nelson P.V, Mr. Sunil Poojari, Mr. Sanjay
ball		Lolam, Mr. Rupesh Gurav (Non-teaching)
(Teaching	2 nd	Dr. Lakshmi Menon, Ms. Sonu Mishra, Ms. Bansari Rao, Ms. Neetu
and Non-		
teaching)	3 rd	Ms. Pinal Tujave, Ms. Dipali Rele, Ms. Ahilya Mali, Ms. Bharti
		Dudham, Mr. Ishwar Avhad (Jr. College Faculty)
Carrom	1 st	Ms. Sanika Londe (SYJC), Ms. Isha Rathod (SYTSAD), Ms. Sonu
		Mishra (M.Sc. CND Faculty), Mr. Sunil Poojari (Non-teaching)
	2 nd	Ms. Arya Sugadhare (SYJC), Ms. Khalida Shaikh (PGDSSFN)
		Dr. Vinaya Vaishampayan (VP, HOD, FSN Faculty)
		Mr. Kishor Tawde (Non- teaching)
	3 rd	Ms. Riddhi Hande (FYJC), Ms. Vishaka Jaiswal (SYBCA)
		Ms. Manali Chavan (Foundational Courses Faculty)
		Mr. Sanjay Lolam (Non-teaching)
Walking/	1 st	Ms. Sakshi Sawankar (SYJC), Ms. Karina Sharma (FYTSFD)
100 meters		Ms. Aditi Yadav - (BCA Faculty)
race	2 nd	Ms. Shaziya Chaudhary (FYJC), Ms. Sakshi Theek (TYBCA)
		Ms. Neetu Singhi - (BCA Faculty)
	3 rd	Ms. Archana Gupta (FYJC), Ms. Hansini Suryavanshi (FYBCA)
		Ms. Sharada Sirsilla (BCA Faculty)
Basketball	1 st	Ms. Yashika S. Vane (SYJC), Ms. Isha Rathod (SYTSFD)
throw		Dr. Rupali Sen Gupta (M.Sc. CND Faculty), Mrs. Laxmi Gupta
		(Non-teaching)
	2 nd	Ms. Fatima Y. Shaikh (SYJC), Ms. Sana Shaikh (FYTSFD)
		Ms. Sajni Mathew (ND Faculty), Mrs. Nital Moghe (Non-teaching)
	3 rd	Ms. Pavitra R. Devendra (FYJC), Ms. Laxmi Dubey (SYND)
		Mrs. Sujata Pawar (Non-teaching)
(Teaching and Non-teaching) Carrom Walking/ 100 meters race	1^{st} 2^{nd} 3^{rd} 1^{st} 2^{nd} 3^{rd} 1^{st} 2^{nd} 1^{st} 2^{nd}	Anamika Gond, Ms. Sakshi Sarvankar, Ms. Payal Gupta, Ms. Chintakindi, Ms. Shah Umme Kulsum (SYJC), Ms. Karina S Ms. Saniya Pawar, Ms. Zara Rumani, Ms. Tanishka Kalgutka Saee Panvekar, Ms. Aaisha Shaikh, Ms. Sameera Ansar Tejaswini Jatla (FYB.Sc.) Ms. Chitra D'souza, Mr. Nelson P.V, Mr. Sunil Poojari, Mr. Lolam, Mr. Rupesh Gurav (Non-teaching) Dr. Lakshmi Menon, Ms. Sonu Mishra, Ms. Bansari Rao, Ms. Singhi, Ms. Reema Jose (Sr. College Faculty) Ms. Pinal Tujave, Ms. Dipali Rele, Ms. Ahilya Mali, Ms. Dudham, Mr. Ishwar Avhad (Jr. College Faculty) Ms. Sanika Londe (SYJC), Ms. Isha Rathod (SYTSAD), Ms. Mishra (M.Sc. CND Faculty), Mr. Sunil Poojari (Non-teachi Ms. Arya Sugadhare (SYJC), Ms. Khalida Shaikh (PGDSSF) Dr. Vinaya Vaishampayan (VP, HOD, FSN Faculty) Mr. Kishor Tawde (Non-teaching) Ms. Riddhi Hande (FYJC), Ms. Vishaka Jaiswal (SYBCA) Ms. Manali Chavan (Foundational Courses Faculty) Mr. Sanjay Lolam (Non-teaching) Ms. Sakshi Sawankar (SYJC), Ms. Karina Sharma (FYTSFD Ms. Aditi Yadav - (BCA Faculty) Ms. Shaziya Chaudhary (FYJC), Ms. Sakshi Theek (TYBCA Ms. Neetu Singhi - (BCA Faculty) Ms. Archana Gupta (FYJC), Ms. Hansini Suryavanshi (FYBCA Ms. Narada Sirsilla (BCA Faculty) Ms. Yashika S. Vane (SYJC), Ms. Isha Rathod (SYTSFD) Dr. Rupali Sen Gupta (M.Sc. CND Faculty), Mrs. Laxmi (Non-teaching) Ms. Fatima Y. Shaikh (SYJC), Ms. Sana Shaikh (FYTSFD) Ms. Sajni Mathew (ND Faculty), Mrs. Nital Moghe (Non-teac Ms. Pavitra R. Devendra (FYJC), Ms. Laxmi Dubey (SYND)

Standing	1 st	Ms. Kulsum Shaikh (SYJC) & Ms. Zoya Shaikh (FYFSN)
High Jump	2 nd	Ms. Sanika Yadav (SYJC) & Ms. Sakshi Patil (FYTSFD)
	3 rd	Ms. Rutuja Maragje (SYJC) & Ms. Eshwari Ayekar (FYTSFD)

NATIONAL SERVICE SCHEME (N.S.S.)

N.S.S. Program Officers: Mrs. Sharada Sirisilla (In-charge), Mr. Nitin Pawar, Ms. Madhura Ghaisas, Ms. Anjali Patel, Mrs. Bharti Dudam

Date	Details
04.07.2024	On the occasion of Van Mahotsav week, organised a sapling plantation, garden
	cleaning drive and a session on the importance of medicinal plants. 10 NSS
	Volunteers attended the activity.
	2 NSS volunteers along with Ms. Sharada Sirisilla attended Masika Mahotsav 2024
07.07.2024	at Chembur in collaboration with CORO India, Muse Foundation. This event aimed
07.07.2024	to foster open discussions about menstruation, break taboos, and promote
	menstrual hygiene.
	A street play workshop was organised for First year NSS volunteers and SYHD
01.08.2024	students by Mr. Santosh Panigrahi, Head of Community Work Cell at Aseema
	Charitable Trust. The workshop was attended by 37 students.
01 09 2024	NSS Unit in collaboration with Gandhian Studies Center and Youth Peace
01.08.2024	Foundation (YPF) organised a Peace Education program for 10 hours.
	On occasion of World Breastfeeding Week, NSS Unit organised the following
	events:
	- A session titled, "Breastfeeding - a boon", for TYBCA students conducted by
	Mrs. Arundhati Lahiri (Assistant Professor, Dept. of Food Science and
02.08.2024	Nutrition).
02.08.2024	A poster making competition was organised and judged by Dr. Madhavi Sathe
	(Assistant Professor and HOD - Nutrition and Meal Management, Smt.
	Maniben M.P. Shah Women's College of Arts & Commerce). Following are
	the prize winners 1 st prize: Ms. Nikita Jadhav (TYTSFD), 2 nd prize: Ms. Aksha
	Shaikh (TYHD) and Consolation prize: Ms. Chaitanya Parab (TYTSFD).
	In collaboration with the Department of Food Science and Nutrition organised a
	session on "Nourishing our future - The importance of Breastfeeding", by Ms.
	Reshma Sidhaye, Lactation Counselor, Breastfeeding Promotion Network of India
06.08.2024	(BPNI) Mumbai. 33 TYBSc students attended.
	68 girls with 2 POs participated in "Peace Rally" with posters on peace messages,
	slogans and symbols in memory of those who died on the fateful days when
	Hiroshima and Nagasaki were bombed on 6 th and 9 th August 1945 respectively

08.08.2024	A session on "Organ Donation" was organised for NSS Volunteers by Ms. Namrata Subhash Chopdekar, Associate Professor, Smt. Sunanda Pravin Gambhirchand College of Nursing.
09.08.2024	Mr. Nitin Pawar attended NSS orientation cum meeting at SNDTWU. He has been appointed as PRO of NSS West Zone at SNDTWU.
10.08.2024	30 NSS volunteers attended a Symposium on "Manodhairya Scheme" (the scheme provides financial help to victims of violent crime and abuse), organised by Dr. BMN College and Smt.Kamalaben Gambhirchand Shah Law School.
10.08.2024	Ms. Ashweta Karkere (SYBCA) assisted doctors in free medical camp in the community.
24.09.2024	NSS alumni interaction session was organised for First year NSS students. Session was conducted by Ms. Mahima Kharat, alumni from Dept. of Human Development, total no. of beneficiaries were 18.
28.09.2024	Ms. Yogeshwari Chettiyar, (SYTSAD) student got selected for NRD/SRD Parade at University level. She attended the pre NRD/SRD camp at Nanded from 25 th to 28 th September 2024.
01.10.2024	23 NSS volunteers with PO participated in Vyasanmukti Rally organised by
	Nashabandi Mandal Maharashtra State from Azad Maidan to Gateway of India.
	Ms. Triveni Tandel (TYBCA) was selected as Campus Ambassador of the college.
13.11.2024	She attended the campus Ambassador Training Program organised by SNDTWU at SVT College of Home Science, Juhu Campus, SNDTWU.
	Ms. Vaibhavi Sakharle, Ms. Naincy Shukla, Ms. Harshita Yadav and Ms. Soumya
	Dontula (SYBCA) students successfully completed "Avhaan-Disaster
07.11.2024 -	Management Camp" representing SNDTWU organised by Government of
16.11.2024	Maharashtra hosted by Sant Gadge Baba University at Amravati. Ms. Vaibhavi
	Sakharle topped Avhan camp among 1500 students.
02.12.2024 -	AIDS AWARENESS WEEK
07.12.2024	• A group of 9 NSS volunteers participated in street play competition at Akanksha - Intercollegiate Festival and performed a play on the theme of "Aids awareness".
	• Movie "My Brother Nikhil" was screened for NSS volunteers on 5 th December, 2024.
	Red ribbons were distributed in the college to all students and staff by NSS volunteers to spread awareness.
	Red ribbon symbol was formed by the volunteers in the college ground - UDAAN.
	Poster Making competition was held on 7 th December 2024.

10.10.0004	NSS Volunteers visited Manav Seva Sangh, a Senior Citizen home. They made
10.12.2024 -	Ayushman Bharat cards for senior citizens above the age of 70. These cards were
12.12.2024	made using app Ayushman Bharat under PMJ Yojna.
	20 students participated in the annual rally by NGO MAVA to observe
10.12.2024	'International Human Rights Day'. The rally started from Dadar TT Circle (outside
	Damodar Mithaiwala) and culminated at Ruia College, Matunga.
	5 NSS Volunteers namely Ms. Shivani Yadav, Ms. Mansvi Jangid, Ms. Japnit Kaur,
	Ms. Krishna Kalpesh Gore, Ms. Preeti Rathod (SYB.Sc.) conducted an awareness
11.12.2024	program on menstruation and healthy eating through games and taught the female
	participants to make pouches at Maharashtra Nagar (Mankhurd)Kalwa, organized
	by Vision Rescue. 44 Women from slum community attended the workshop.
	7 NSS Volunteers assisted in "Masika Mahotsav - an event to spread awareness on
14.12.2024	facts and myths about menstruation" in the community at Krishnachiwadi,
	Asangaon. It was in collaboration with Muse Foundation.
10.10.0004	Ms. Rinku Chaudhari, Ms. Gauravi Jadhav, Ms. Saara Bhosale (SYBCA II) and
12.12.2024 -	Ms. Tuba Fatema (FYB.Sc.) attended a 5-Day Theatre Workshop on
17.12.2024	Intersectionality organised by MAVA (Men Against Violence & Abuse).
	36 volunteers (12 each day) volunteered at Dental Camp for BMC School Children
16 12 2024	organized by Vision Rescue at Shivaji Nagar BMC School, Govandi. Volunteers
16.12.2024 -	helped in filling the forms and escort children. The objective of the camp was to
18.12.2024	check, create awareness and provide guidance about oral health and hygiene among
	school children.
	Organised a webinar on "How to Stop Child Sexual Abuse" in collaboration with
17.12.2024	Sakshi - a right based organization as directed by the Government of India. 76
	students attended.
	7 NSS volunteers volunteered at a blood donation camp at Sion organized by
01.01.2025	"Unique Blood Motivators" an NGO. They helped in the blood donation camp and
01.01.2023	motivated people to donate blood. They also spread awareness about organ
	donation in the same camp.
	Ms. Anushree Lele, Ms. Vanshika Jain, Ms. Aditi Patel and Ms. Rinku Choudhary,
	(SYBCA) attended a workshop on "Empowering Youth through Innovation and
15.01.2025	Entrepreneurship Training" organised by SNDT Women's University (NSS and
	Innovation & Incubation Centre) in collaboration with WISE (Women Incubation
	Startup Entrepreneurship) at SNDT Juhu campus. Volunteers participated and won
	second group prize in entrepreneurship activity with student volunteers from other
	institutions.
18.01.2025	An awareness session on "Road Safety" was organised during the Road Safety
	Week in collaboration with Nehru Yuva Kendra Sangathan, Mumbai for 88

	SYBCA students. The speaker was Inspector Suryavanshi from Mumbai Traffic
	Police. 10 students helped Mumbai traffic police in managing near sion hospital
19.01.2025	20 NSS volunteered at TATA Mumbai Marathon. They assisted the Senior
	Citizens' Run of 4.2 K.M. in collaboration with Adhata Foundation.
22.01.2025 -	21 NSS volunteers volunteered at the Education Awareness Day program to create
29.01.2025	awareness among parents in the communities at Maharashtra Nagar, Mandala,
29.01.2023	Kalwa and Shivaji Nagar organised by Vision Rescue.
	A session on "Your Voice, Your Power: Vote for a better tomorrow" was organised
24.01.2025	on account of 'National Voters Day' by Ms. Radhika Purohit (Assistant Manager,
24.01.2025	Education Division - SBI Foundation) and Mr. Chaitanya Prabhu (Lawyer,
	Founder and CEO - Mark Your Presence).
	Ms. Dontula Soumya and Ms. Vandana Gupta (SYBCA) participated in Street Play
26.01.2025	for "Men Against Violence and Abuse" at Lokshahi Utsav at S.M. Joshi Socialist
	Foundation, Navi Peth, Pune organised by MAVA.
	71 NSS Volunteers participated in a Peace and Unity Rally on Mahatma Gandhi's
30.01.2025	death anniversary. The rally was from SNDTWU, Juhu campus to Juhu Chowpatty,
	organised by Sarvodaya Mandal.
	37 NSS volunteers attended the National Level Conference on Ideation &
08.03.2025	Entrepreneurship for Women organised by SNDTWU in collaboration with the
08.03.2023	National Service Scheme (PM-USHA Initiative - MERU) at SNDT Women's
	University, Patkar Hall, Churchgate.
	NSS Annual Day was organised. Chief guest was Mr. Prakash M. Nadar, Blood
11.03.2025	Man of India, International Para-Sports Champion, World record achiever & Social
	Worker. 145 NSS volunteers attended.
17.03.2025	15 NSS Volunteers participated in a beach clean-up drive at Mahim Reti
17.03.2023	Bunder/Mahim Causeway in collaboration with United Way Mumbai.
18.03.2025	15 NSS Volunteers participated in a beach clean-up drive at Shorewalks-Juhu
18.03.2023	Chowpatty in collaboration with United Way Mumbai.
21 02 2025	9 NSS Volunteers help "Vision Rescue HO, Vikhroli" an NGO in data entry for
21.03.2025	the NGO from 19th March 2025 to 21st March 2025.
29.03.2025	Thalassemia check-up was organised in collaboration with Rotary Club of Sion
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NSS SPECIAL CAMP REPORT

Theme - 'Health and Hygiene'

NSS residential camp was organised from 8th November to 14th November 2024. The theme was 'Health and Hygiene'. The Special Camp was organised in collaboration with Aseema Charitable Trust for community activities in different areas and schools at Bandra. Each day

began with a prayer, self-defence session and delegation of duties for various groups to cook, clean, manage the camp duties and community service. The activities done are listed below:

Date	Details
08.11.2024	Inauguration by Chief Guest, Mr. Sitaram Shelar (Founder of Pani Haq,
	Founder Director of Centre for Promoting Democracy, Member of Hamara
	Shaher Mumbai Abhiyan Committee). Session on 'Health and Hygiene across
	age groups' by Ms. Paulomi Desai (Assistant Professor, Smt. S.C.N Institute
	of Polytechnic, Dr. B.M.N. College of Home Science).
09.11.2024	Training workshop on awareness on 'Importance of Menstrual Hygiene' by
	Mr. Nishant Bangera and Ms. Amritha Mohankumar (Muse Foundation).
	Know Your Area activity- where students visited different areas in Matunga
	vicinity in groups, to get familiarized with important spots in the area.
10.11.2024	Workshop on "Sanitary Pouches Making" by Ms. Prachi Tendulkar (Assistant
	Professor, Dr. B.M.N. College of Home Science).
	Know your college activity, where students went to different areas in the
	college in teams and a competition was conducted.
11.11.2024	Students visited Nehru Science Centre, Worli. They saw various science-based
	sections at the centre, a movie in dome tired: Australia's Great Wild North"
	and participated in their anniversary quiz. Students visited Coastal & Marine
	Biodiversity Centre at Airoli and learnt about mangroves, different types of
	birds and other marine flora and fauna. Reflection activity conducted before
	bed-time.
12.11.2024	Menstrual Health & Hygiene sessions were conducted by NSS volunteers, for
	students at Kherwadi Municipal School, Bandra East and on General Health
	and Hygiene at Pereirawadi Municipal School, Bandra West. Sessions were
	conducted through board games and various activities. The volunteers
	conducted a cloth sanitary napkin pouch making workshop for female workers
	at the schools. Students visited three communities to spread awareness through
12 11 2024	street play at Lal Mitti, Murugan Chawl and Gazdar Band at Bandra West.
13.11.2024	Sessions on good Health and Hygiene and Aids awareness were conducted at
	Pereirawadi Municipal School, Bandra West. Sessions were conducted through
	board games and various activities. The volunteers conducted a cloth sanitary
	napkin pouch making workshop for female workers at the schools.
	Students visited communities at Khar Pipeline, Kherwadi and Garib Nagar in
	Bandra East to create awareness through street plays on Environmental Health
	and Menstrual Health and Hygiene.

14.11.2024	Valedictory function was conducted. Mrs. Rita Atul Sanghavi (Former
	President, Lions Club of Sion) was invited as the Guest of Honor and Ms.
	Himani Zope (Aftercare Case Worker, Prakruthi Organisation) was invited as
	the Chief Guest.

WOMEN'S CELL

Committee Members: Ms. Manali Chavan (In-charge), Ms. Milina Pereira, Ms. Reema Jose, Ms. Amita Chedda, Ms. Niddhi Khimavat and Ms. Pradnya Nawlu

Date	Details
06.07.2024	Orientation about the committee was given to M.Sc. CND, PGSSFN and
	FYB.Sc. students. 135 students attended.
27.07.2024	In collaboration with Dept. of Foundational Courses, a session was organised for
	TYB.Sc. students on the topic of 'Women Financial Literacy: A Road Map for
	Sustainable Women Empowerment' by Dr. Karuna Shinde, Associate Professor
	& HOD from the Department of Economics of Smt Parmeshwaridevi Durgadatt
	Tibrewala College of Arts Commerce Science. 63 students attended.
20.08.2024	A student-led initiative organized a campaign staging a silent protest and a tribute
	to rape survivors. Students of all colleges on campus came together and signed a
	petition to raise their voices against violence against women in the wake of the
	rising rape cases.
23.08.2024	A debate was organised on 'Women's Safety' for SYBCA II students
	On International Day of the Girl Child, Ms. Yogeshwari Chettiyar and Ms.
11.10.2024	Fatema Kapasi, (SYBSc) displayed infographics and relevant images on the
	campus
	On the occasion of International Men's Day, student volunteers, Ms. Yogeshwari
19.11.2024	Chettiyar and Ms. Fatema Kapasi, (SYB.Sc.) presented handmade thank you
	cards as a gesture of appreciation to the male staff on campus.
	Organised a seminar on 'Women's Empowerment' in collaboration with Rotary
	Club of Bombay East. The eminent speakers were Dr. Preeti Shirodkar,
18.12.2024	Associate Professor, Koor Business School, Mumbai, Mrs. Anuradha Shekhar,
10.12.2024	Former Vice Principal and Head - Dept. of Food Science and Nutrition, Dr. BMN
	College of Home Science and Mrs. Rakhee Gadhave, In-charge Principal, Smt.
	Kamlaben Gambhirchand Shah Law School. 231 participants attended.
	Ms. Aastha Shah (TYBCA) and Ms. Yogeshwari Chettiyar (SYB.Sc.) attended
28.01.2025	the seminar on 'Spectrum of Identity - navigating gender, law and social change'
20.01.2023	organised by Women's Development Cell and Gender Club of MMP Shah
	College.

02 02 2025	A film screening was organised on 'Reel to Real: Exploring Gender Through
	Cinema' in collaboration with Men Against Violence and Abuse (MAVA) to
	commemorate the International Women's Day on 8th March for B.Sc. students.
03.03.2025	The facilitators from MAVA were Mr. Pravin Thote, Senior Program
	Coordinator and Gender Trainer, Mr. Prashant Barge and Mr. Rushikesh Pol,
	Youth Outreach Coordinator. The total number of beneficiaries was 70.
	On the occasion of International Women's Day a special issue of the College E-
09 02 2025	Bulletin was released in collaboration with the English Literary Association. This
08.03.2025	issue included the events conducted by the Women's Cell in the academic year
	2024-25 and creative contributions from the students.
11 02 2025	Ms. Alishabee Ansari (SYHD) was felicitated with the Gender Champion award
11.03.2025	(2024-25) for contributing to gender sensitization activities.
27.03.2025	Organised a Free Dental Check-up camp in collaboration with Team Parivartan
	and Government Dental College, CSMT for all the students and non-teaching
	staff on campus. Total beneficiaries were 136.

STRIDE RESEARCH CAPACITY BUILDING CENTRE

Committee members: Dr. Pradyna Ambre (Co-ordinator), Ms. Kavita Karapurkar,

Dr. Harsha Chopra, Dr. Lakshmi Menon, Ms. Sajani Mathew

Date	Details
01.08.2024	Workshop on 'Design Thinking' by Mr. Shreenivas Ransubhe, UX Design
	Consultant. 80 FYB.Sc. students participated
13.09.2024	Session on 'AI resources for Research' by Ms. Mugdha Deshpande, Research
	Associate, Hirabai Cowasji Jehangir Medical Research Institute, Pune was
	organised for students of Smt. Manjulaben Gunvantrai Shah Department of
	Post Graduate Studies in Clinical Nutrition and Dietetics and Sports Science
	Fitness Nutrition. 50 students attended.
30.09.2024	Session on 'Formulation of Hypothesis' by Dr. Neelam Naik, Assistant
	Professor, Usha Pravin Gandhi College of Arts, Science and Commerce. 100
	TYBCA, FYM.Sc. and SYM.Sc. students attended.
14.12.2024	In collaboration with EECH committee, organised Ideation workshop for
	SYB.Sc. students. The resource person was Mr. Shrinivas Ransubhe,
	Consultant, Ux Design and Human Experience Expert, Mumbai. The session
	was attended by 21 students from B.Sc. and 4 students. The students learnt the
	various tools and techniques to ideate and find innovative solutions for simple
	as well as complex problems.
	A workshop on 'Research Proposal Writing' was conducted by Dr. Suman
18.01.2025	Mundkur, Research Consultant, Academic Research Consultancy Services. 33

	students from Smt. MMP Shah College of Arts and Commerce, J. H. Wadhwa
	College, Maniben Nanavati, Smt. P. N. Doshi Women's College of Arts and
	Commerce and Dr. B. M. N. College attended.
03.02.2025	An online introductory session on 'NVivo Qualitative Analysis software' by
	Mr. Ashutosh Sharma, Technical Executive, Numerical Analytics Instruments
	Pvt Ltd.

PARENT-TEACHER ASSOCIATION

B.Sc. PTA Committee 2024-2025

FYB.Sc. Induction was organised on 1st July 2024.

President:	Prof. Dr. Mala Pandurang (Principal)
Vice President:	Ms. Sakina Kapasi (parents of Ms. Fatema Kapasi)
Secretary:	Dr. Roma Patki
Joint Secretary:	Mr. Sandeep Dubey (parent of Ms. Laxmi Dubey)
Treasurer:	Ms. Anjali Patel
Active Members:	Mrs. Rita Kothari (parent of Ms. Diya Kothari), Mrs. Aasiya Bano
	Shaikh (parent of Ms. Sana Bano Shaikh), Mr. Ganesh Pugoankar
	(parent of Ms. Kasturi Pugoankar), Mrs. Fatema Kunda (parent of Ms.
	Khadiza Kunda), Mrs. Poonam Dubey (parent of Ms. Sakshi Dubey),
	Mrs. Marceline Fernandes (parent of Ms. Raincy Fernandes), Mrs.
	Sangeeta Machral (parent of Ms. Ashwini Machral)

SMT. K.G. SHAH DEPARTMENT OF COMPUTER APPLICATIONS

FYBCA PTA meet and induction program was organised on 30th November, 2024

President:	Prof. Dr. Mala Pandurang (Principal)
Vice President:	Mrs. Rumana Kirkire (Parent of Ms. Rushi Kirkire)
Secretary:	Ms. Cindrella D'costa (Faculty)
Joint Secretary:	Mr. Sandeep Raikar (Parent of Revati Raikar)
Treasurer:	Mr. Shahajahan Khan (Coordinator)
Active Members:	Mrs. Seema Tambe (Parent of Ms. Prakshama Tambe), Mr. Pradeep
	Kumbhar (Guardian of Ms. Dipika Kumbhar), Mr. Dattaram Bhagat
	(Parent of Ms. Bhumika Bhagat) Mr. Sachin Belhekar (Parent of Ms.
	Harsha Belhekar)

PLACEMENT/EMPLOYABILITY AND ENTREPRENEURSHIP CAREER HUB (EECH)

Members (B.Sc. Home Science): Dr. Pradnya Ambre (In-charge), Dr. Vrushali Datar, Dr.

Harsha Chopra, Dr. Lakshmi Menon, Mrs. Honey Thakker

Members (Smt. K.G. Shah Department of Computer Applications): Ms. Neetu Singhi

(In-charge), Ms. Sukanya Vyas and Ms. Aditi Yadav

Details
14 TYBCA students were selected in I4T as IT Trainees in the IT service Desk
Department with an annual package of 2.16 lakhs.
10 TYBCA students were selected in Mind Zillion as Trainee - Software Engineer
and Trainee Software Tester, their stipend during training is
Rs. 10000 per month and CTC after training will be Rs. 315000.
9 TYBCA students were selected in I4T as IT Trainees in the IT service Desk
Department with an annual package of 2.16 lakhs.
4 TYBCA students were selected in Mind Zillion with an annual package of 3.15
lakhs.
Ms. Meenakshi Ulaganathan and Ms. Sanika Bhosle (TYBCA) students from
2023-2024 batch are placed through on-campus in AMAZON - Data Center India
Private Limited as Data Centre Operation Trainee with the package of *8.57 lakhs
per annum*.
Ms Aarti Counder as Trainee Merchandiser at Shraddha Synthetics, Andheri
(INR 10,000 per month) and Ms. Pooja Selvan as Development Officer at
Debashish Polymer, Mumbai (INR 17,000/- per month) of TYTSAD (2023-
2024) batch was placed through the on-campus.
The placement Cell of BCA had organized a guest lecture on "Corporate
Etiquettes for Career Beginners" by Mr. Srinivas Rao Katkoor, Regional Director
- Human Resources, South Asia SAS India. 101 TYBCA students attended
Organized a guest lecture on "Leveraging LinkedIN" by Mr. Sanjeev Jain, Chief
Information Officer, Integreon Managed Solutions. 95 SYBCA, FYMSc CS and
SYMSc CS students attended.
Ms. Neetu Singhi conducted an orientation session for TYBCA students.
11 TYBCA (2023 - 2024) batch students got selected in I4T (Ideas for
Transformation) as IT trainee in IT service tax department with an annual
package of 2.16 lakhs.

10.08.2024	Conducted a State level aptitude test by MaTPO (Maharashtra Training and
	Placement Officer Association). 118 students from SYBCA and 131 students
	from TYBCA participated.
04.08.2024	Ms. Neetu conducted the orientation of EECH for SYBCA I.
12.08.2024	Dr Pradnya Ambre conducted orientation of the EECH cell for 30 SY and TY
	TSFD students.
21.08.2024	Dr. Lakshmi Menon attended an orientation on "Implementation of Acharya
	Chanakya Skill Development Centre Scheme" organised by the Department of
	Skill, Employment, Entrepreneurship & Innovation, Govt. of Maharashtra at
	University of Mumbai.
21.08.2024	A guest lecture on "Understanding Entrepreneurship" by Mr. Gaurang Shetty,
	Chief Innovation Catalyst, Research Innovation Incubation Design Lab - riidl,
	Somaiya Vidyavihar, Mumbai. 161 SYBCA and TYBCA students attended.
30.08.2024	Ms. Neetu Singhi attended the Training and Placement Officers meeting
	organised by USDC Global.
03.12.2024	A guest lecture on "Business Proposal Making" by Mr. Shailesh B. Sargade,
	Assistant Professor, Mumbai Educational Trust, Bandra. 37 SYBCA and TYBCA
	students attended
18.12.2024	Organized a selection criteria session for final year M.Sc. CND students on food
	products as a start-up under EECH. The selected students will be presenting the
	food products at the Indian Convention of Food Scientists & Technologists.
17.12.2024	A workshop on "IDEATION" by Mr.Shreenivas Ransubhe, Ux Design
	Leadership Consultant, Mumbai. 23 students participated.
02.01.2025	Organized a session on "Scaling Techniques of therapeutics Food products from
	lab to Land" by Mr. KamalNayan, Founder of BIOKRAFT FOODS PVT. LTD.
	105 M.Sc.CND & PGDSSFN students attended.
08.02.2025	In collaboration with the Alumnae Committee, organized an enriching alumni
	interaction session for the TYBCA students.
	The esteemed alumnae who shared their insights were:
	Ms. Himanshi Ajmera (2006-07) Project Manager, Deloitte
	Ms. Aishwarya Suryavanshi (Batch 2013-14) FinOps Associate, Nomura
	Ms. Sadaf Shaikh (Batch 2016-17) Consultant, PWC
	Ms. Sejal Hatiskar (Batch 2021-22) Manager, Jio Reliance
	The session proved to be an eye-opener for students, offering valuable
	perspectives on career planning and providing much-needed clarity about their
	future paths.

11.02.2025	Ms. Rahi Mastekar (TYBCA) was selected as a System Associate at Infosys with
	a salary package of 2.2 LPA.
15.02.2025	Alumna Interaction session for the SYB.Sc. Students. The esteemed alumnae
	who shared their insights were:
	• Ms. Divya Pognade (RM Batch 2018-19) Happiness Catalyst, South Asia
	Happiness Team, Deloitte.
	• Ms. Dhanashree Narkhede (TSAD Batch 2019-20) Jewellery Designer,
	Avlanii Fine Gem and Jewellery, Mumbai.
	Ms. Raina Panjwani (TSAD Batch 2023-24) Start-Up founder - Smiles for Miles
18.02.2025	Pre-placement session by Silverlink Technologies. 90 TYBCA students attended.
21.02.2025 -	95 SYBCA students visited 2 day Somaiya Innovation and Impact Festival at riidl
22.02.2025	(Research Innovation Incubation Design Lab) of Somaiya College. Students
	explored groundbreaking innovations, inspired talks and startup showcases to
	hands-on creative activities like VR gaming, drone challenges, and art
	workshops, the festival provided a dynamic learning experience and valuable
	insights into innovation, entrepreneurship, and future industry trends.
12.02.2025	Pre-placement session on 'Soft Skills' by Dr. Monika Khanna, Faculty -French
	at Ratan Tata Maharashtra State Skills University for 42 M.Sc.CND final-year
	students.
11.03.2025	Ms. Rahi Mastekar, Ms. Unnati Sawant and Ms. Kimaya Patil (TYBCA) students
	got selected in Deloitte as Analyst Trainee with the annual package of 3.25 lakhs
	plus variable benefits.
05.03.2025	In collaboration with the Department of Human Development organised a session
	on 'Financial Literacy' by Mr. Dattatray Vishwas Gawade, Assistant Professor,
	Smt. MMP Shah College for TYHD and TYTSAD students. Concepts like
	budgeting, investments, various schemes for women entrepreneurs, etc were
	covered.
	In collaboration with the Alumnae Committee, organized an enriching Alumnae
	Interaction session for the 97 SYBCA students. The esteemed alumnae who
	shared their insights were:
	Ms. Nisha Umashankar (2018-2019) Consultant, Capgemini, Ms. Milisha Barui
	(2020 - 2021) Web Developer, Flairbrains Techmedia Pvt. Ltd., Ms. Sadaf Saiyed
	(2021-2022) Experience Design Professional, Them Consulting Pvt. Ltd. The
	session proved to be an eye-opener for students, offering valuable perspectives
	on career planning and providing much-needed clarity about their future paths.
17.03.2025	Campus placement for Dalvik Apps was organised for TYBCA students Aptitude
	and Technical rounds were conducted.
19.03.2025	Pre-placement session by I4T was organised. 60 TYBCA students attended

	Ms. Rinku Choudhary, Ms. Vanshika Jain, Ms. Anushree Lele participated in
	WISE SNDTWU INCUBATION CENTRE's IDEATION 3.0. Their topic was
	"DhunMachale" (Karaoke Room).
03.04.2025	Ms. Siddhi Shinde and Ms. Kimaya Gharat got selected in Wipro as Scholar
	Trainee - Work integrated learning program with a stipend of Rs. 15000 per
	month. The company will sponsor M Tech from BITS or VIT.
07.04.2025	Ms. Tejaswini Jadhav, Ms. Aiman Ansari and Ms. Hindavi Chaudhari got
	selected in Wipro as Scholar Trainee - Work integrated learning program with a
	stipend of Rs. 15000 per month. The company will sponsor M Tech from BITS
	or VIT.
19.04.2025	Ms. Sakshi Gupta from TYBCA got selected in Wipro as Scholar Trainee - Work
	integrated learning program with a stipend of Rs. 15000 per month. The company
	will sponsor M Tech from BITS or VIT.

WORKSHOPS ORGANISED UNDER RASHTRIYA UCHCHATAR SHIKSHA ABHIYAN (RUSA)

Date	Details
14.06.2024	Workshop on Design and Implementation of APAV course in the curriculum structure of semester 3 under NEP 2020 was conducted for 17 faculty members. The APAV team of 3 members from IIT, Mumbai conducted the workshop for the faculty members.
24.07.2024	15 TYHD students attended a session on "Formulating Objectives and Writing Methodology for a Research" by Dr. Suman Mundkur sponsored by RUSA and organised by UGC STRIDE Research Capacity building Center.
10.07.2024 - 11.07.2024	Session on 'Quality Control – Standards and test methods for fabric and garment testing' by Mr. Mukund Gharge, Textile Technology consultant and Chartered Colourist (SDC, UK). 12 TYTSFD students attended.
09.07.2024	Session to demonstrate rendering techniques for creating fabric effects on paper by Ms. Gaurangi Rajapurkar, TSFD Alumni for 15 TYTSFD students
22.07.2024	Symposia on 'Pathophysiological conditions of Inflammation & Infection' by Dr. Eileen Canday, Chief Dietician, Sir H.N Reliance Hospital.
01.08.2024	Session on "Industrial insights and technologies in the food industry" by Mr. Lucky Sharma (Co-founder of Ramanupam Food Solutions and Director of Tegos Pack LLP) for SYFSN and TYFSN students.

	Session was organized to demonstrate mechanical croqui poses by Ms. Gaurangi Rajapurkar, TSFD Alumni for TYTSFD students.
	Session on 'Nutrition for Critical Care' by Ms. Naziya Shaikh, Clinical Nutritionist for SYND and TYND students
07.08.2024	Session on 'Unravelling India's Handloom Heritage' by Dr. Nayana Tadvalkar, Textile Designer, Art Historian, Museologist and Faculty. Under IKS 87 FYB.Sc students attended.
8.08.20024- 09.08.2024	A two day Symposium on "Tomcat Server Essentials; from setup to Mastery" by Mr. Shravankumar Narsayya Sauda, Full Stack Developer, Tata Consultancy Services, Mr. Manish Nishad, Software Engineer II, Deloitte and Mr. Hitesh Mishra, Sr.Consultant – Software Services, eClerx. 115 TYBCA students attended
17.08.2024 & 24.08.2024	Symposium on 'Strings Narrative: Exploring the Art of Storytelling & Puppetry' by Ms. Nidhi Bagaria & Ms. Jayamala Joshi. 14 FYHD & 3 PGECCE students attended
17.08.2024	Session on "Emerging Trends in Hospitality Management" by Mr. Deven Alvares, Asst. Prof., Rizvi College of Hotel Management. 40 RM (HM) students attended.
21.08.2024 22.08.2024	Symposia on "Entrepreneurship" was organized for 25 SYRM (HM) students conducted by Tata Power Skills Development Institute (TPSDI)
03.09.2024	Symposium on 'Cognitive Excellence: Exploring Psychological testing & executive functioning skills' by Dr. Vidya Satish and Ms. Trupti Talekar 15 TYHD students attended.
	Session on "Industrial insights and technologies in the food industry" by Ms. Joshna Joseph Arangassery (Sr. Executive QA and Regulatory, Roha Dyechem Pvt. Ltd.) for SYFSN and TYFSN students.
05.09.2024	Symposium on "Understanding the participatory research and its significance & Ethics in Participatory Research and Planning Research" by Mr. Sunil Gangavane and Ms. Priyanka Pal for TYND students.
13.09.2024 & 14.09.2024	Symposia on 'Decoding the food labels'. M.Sc.CND II students attended the following session - Food Labelling by Mr. Ritesh Mathur (Founder) & Ms. Ratanpriya Mathur (Co-Founder), F2F Ltd, and Mr. Nilesh Lele, Founder of F2F Ltd.

	 A session on Nutritional Supplements and its implications by Ms. Gauri Murthy, Sports Nutritionist Bridging the gap between Tradition & Innovation Food Design through Sensory Science by Ms. Bhavana Upilli, Food Technologist.
13.09.2024 14.09.2024	Symposia "Rendezvous with the Hospitality and Tourism Industry" by Mr. Manohar Desai, CEO, Anokhi Holidays, conducted a session on Global Distribution Systems (GDS). Ms. Preeta Ram Mankekar, Asst. General Manager, Inflight Services, Department, Air India and Ms. Tanvi Ravi Jadhav, Manager, IFS, Air India, Mumbai. 48 students attended.
14.09.2024	Symposium on "Introduction to Transaction Processing and PHP Database Integration" by Ms. Sonalika Singh, Packaged App Development Associate, Accenture, Mr. Om Dubey, Web Developer, Saint Gobain and Ms. Rimi Roy, Web Developer, Saint Gobain. 117 SYBCA attended.
14.9.2024	Session on 'Nutritional supplements & their implications' by Ms. Gauri Murthy, Sports Nutritionist for PGSSFN students
19.09.2024	Nutritional education session on 'Understanding the impact of Anemia on health' by Ms. Nandita Dhanki, RD, Assistant Dietician, ACTREC, Tata Memorial Center. 73 students attended.
20.09.2024	Workshop on 'Roadmap to Self Publishing' by Ms. Khushi Hinduja, Author of Amazon Best Seller Book, (BMN Alumni - Food Science & Nutrition 2000-2001). 16 faculties and students attended.
	Symposia on 'Advance Pattern Making Techniques (Gown)' by Ms. Snehlata Belkar, owner of Sneha's Closet for 15 TSAD students.
21.09.2024	Faculty Capacity Building Program on 'Advancements of Textile and Garment Quality Control equipment and test methods' by Mr Mukund Gharge, Textile Technologist and Consultant, Mumbai. 10 faculty members attended
24.09.2024	A visit to Mana Shakti for Holistic Health & Wellness was organized by Department of Food Science & Nutrition for students from Avinashilingam Women's University (7students & 2 faculty).
25.09.2024 - 26.09.2024	 2 Day Faculty Capacity Building Program in collaboration with SDC International India Pvt Ltd on Recent Trends in Textile and Fashion. 70 participants including Faculty members from various institutes in Mumbai and Baroda. Following topics were covered by the experts from industry: Day1: Dynamic Global textile supply chain by Mr Ullhas Nimkar, Founder of
	Nimkartek.

	 Recent trends in waste water management by Dr Jaideep Dudhbhate, Consultant in wastewater treatment. Challenges in managing Colour in supply chain by Ankita Kothari from Pantone. Cyber security in E commerce by Ms Vidya Garbyal, Director Infosec, Mityung, New Delhi. Day 2: online mode via Microsoft teams platform AI in Textile Business by Yogesh Gaikwad, Director SDC international India Pvt Ltd. Advances in Digital Printing by Rajendra Patil, Founder Bluedigit Technologies, Surat. Impact of textile on environment textile aspirations vs reality, Mr Andrew Filarowski, Technical Director SDC international UK. Nothing less about Embroidery by Dr Susan Kay Williams, Chief Executive,
28.09.2024	Royal School of Needlework, UK. Faculty Capacity Building Program on "Enchantment of Enhancing Woven Fabric Construction and Analysis: A Practical Perspective for Industry Applications" by Mr. Aniket Gajbhiye, Assistant professor, VJTI, Mumbai. 10 faculty attended
03.10. 2024	Session on 'Sports Nutrition' by Ms. Anuja Patel, Sports Nutritionist for PGDSSFN students
13.12.2024- 14.12.2024 & 16.12.2024	Faculty Development Workshop on 'Fundamentals of Management' by Mr. Adrian Rosario, Trainer for corporates, NGOs, hospitals and educational institutions. 10 Teachers and 14 TYHD students attended
14.12.2024	Workshop and panel discussion on "Food as Medicine: A Holistic Approach" with Smt. MMP Shah College of Commerce and Arts, in collaboration with NSI. 52 faculty participated from Nutrition Colleges across Mumbai.
14.12.2024	Symposium on "Nutrition for Pulmonary Health" by Divyal Vera, Dietician, Sir H.N. Reliance Hospital and Sneha Ambre, Senior Dietician, DY Patil, Hospital. 80 M.Sc. CND students attended.
17.12.2024 - 18.12.2024	FDP on 'Advanced Pattern Making' by Dr Sabita Baruah, Fashion Design expert, Former Faculty, SVT College of Home Science, Juhu Mumbai. 67 teachers and 22 SYTSAD students participated in this hands- on training workshop. They learnt the pattern making by innovative draping method and made the various patterns with different styling elements.

18.12.2024 20.12.2024	Sessions on 'How to use AI' by Mr. Mukund Swamyya, subject Expert for Junior College Teacher's attended by Mrs. Dipali Rele, Mrs. Bharti Dudam, Mrs. Ahilya Mali, Mrs. Pinal Tajane, Mrs. Pradnya Nawlu and Ms. Bansari Rao
04.01.2025	Session on "Fabric Rendering Techniques" by Ms. Gaurangi Rajapurkar, Student alumni for SYTSAD students

VISITS ORGANISED UNDER RASHTRIYA UCHCHATAR SHIKSHA ABHIYAN (RUSA)

Date	Details
20.08.2024	Field visit was organised to 'Govardhan Eco Village' for the students of FY RM (HM). 11 students participated along with faculty members, Ms. Anjali Patel and Ms. Manali Chavan.
04.09.2024	41 M.Sc.CND II students visited the National Food Laboratory, Govt. of India to get hands-on experience of the Food Analytical equipment
12.09.2024	44 M.Sc. CND I students visited Medicover Hospital to get practical approaches to the clinical case study.
21.09.2024 <i>-</i> 27.09.2024	Field visit was organized for 27 RM students to Bijapur, Aihole, Pattadakal, Hampi and Hospet, Karnataka to understand the Heritage of India from the 5 th Century, Chalukya Dynasty.

GREEN CLUB

Committee Members: Ms. Milina Pereira (In-charge), Ms. Reema Jose, Ms. Amita Chedda, Ms. Pinal K

Date	Activity
03.07.2024	Green club induction program was conducted for students of FYBSc.
06.07.2024	A symposium on 'Ecological Preservation' by Mr. Jayesh Harsura, Hon. Jt
	Secretary of the National Society of the Friends of the Trees. Seed collection
	drive was organised on the eve of Vanamahotsav week celebrations. 95 FYB.Sc.
	and SYBCA students participated.
30.07.2024	Ms Milina Pereira, Green Club Incharge attended a One day Mumbai District
	workshop on 'Youth Engagement and Water Stewardship' (YEWS) for Green
	club faculty coordinators organised by St Xavier's College, Mumbai

11.08.2024	14 Green Club students along with NSS volunteers participated in a Tree Plantation Drive and Nature Walk at Aarey Forest, under the guidance of Mr Jayesh Harsoraon.			
20.08.2024	Session on' Utilization of Food Waste for Paper Making' by Ms. Madhura Ghaisas, Assistant Professor, Department of Food Science & Nutrition, was conducted for FYBSc.			
21.08.2024	Organized a RUSA sponsored symposium on 'Enriching Green Club Activities on Campus' by Master Trainer from YEWS. Mr Niranjan Chavan, Assistant Professor at Ramnarain Ruia College for 88 students from SYBS.c/SYBCA/FYBS.c.			
21.09.2024	Organised a beach clean-up drive post-Ganpati Visarjan at Chatrapati Dadar Beach, under the supervision of Mr. Malhar, Activist, NGO United Way. 20 Green Club members and NSS volunteers participated			
25.09.2024 & 11.03.2025	Water Audit was conducted on the campus by FYBSc and FYBCA students.			
17.12.2024	Plastic collection drive was conducted. 20 kgs of plastic collected was handed over to Shakti Plastics Industries.			
29.12.2024	10 students participated in a Mangrove clean up drive at Coastal & Marine Biodiversity Centre in collaboration with NGO United Way, Airoli.			
04.01.2025	10 students of FYBSc labelled wet and dry waste stickers on dustbins as an initiative to curb the issue of segregation of waste in Campus under the guidance Ms Reema Jose			
12.01.2025	Session on dry and wet waste segregation was organised for the janitors of the college. The session was conducted by Ms. Pinal K, Green Club faculty HMN Junior College and Green Club Incharge, Ms Milina Pereira.			
21.01.2025	Session on 'Dry and Wet Waste Segregation' was organised for the janitors of the college. The session was conducted by Ms Pinal K, faculty Smt.HMN Junior College and Ms Milina Periera, Green Club Incharge.			
21.02.2025	Ms. Saee Panvekar (FYB.Sc.) & Ms. Arzoo Farooqui (FYBCA) attended the Light House Green Clubs Workshop at Sasmira's Institute of Management Studies and Research.			
05.03.2025	10 (FYBCA) & 9 (FYB.Sc.) students with faculty Ms Reema Jose attended the workshop on 'Exploring Sustainability' led by Ms Adithi Muralidhar, Scientist at Homi Bhabha Centre for Science Education.			
12.04.2025	Donated (165 long pages) books bound by students, additionally also contributed a carton full of blank pages collected during page collection drive, to NGO Goonj			

in response to their appeal under "Khushiyon ka Recycle' drive at their centre in
Vile Parle. These books were donated for school children from deprived sections
of society

ALUMNAE INTERACTION

Date	Activity			
DEPAR	DEPARTMENT OF FOOD SCIENCE & NUTRITION AND DEPARTMENT OF NUTRITION AND DIETETICS			
20.07.2024	Ms. Harshita Tiwari (TYND alumni 2023 Batch) conducted a session with TYND students on 'How to prepare Seminar report and PowerPoint presentation'.			
17.03.2025	Ms. Shreya Babar- (ND 2020 Alumna) Pediatric Nutritionist SRCC hospital was invited as an Expert Speaker to talk on eating disorders in Adolescence.			
21.03.2025	 Dept. of Food Science and Nutrition, Nutrition and Dietetics in collaboration with EECH organized an Alumni Interaction Session titled "Exploring Career Pathways for Gen Z: Opportunities and Emerging Trends". 5 Distinguished Alumni were invited: Ms. Namita Nanal - FSN 2002 - Founder Nutritionist, Nanal's Slimming Solution Ms. Divya Magnani- FSN 2007 - Culinary Nutritionist, My Food Karmaa Ms. Khadija Mogal - FSN 2018 Product Specialist, Origins Nutra Ms. Dhwani Sonde - ND 2020 Founder Level Up for Women Ms. Riya Chandra - ND 2020, Public Health Researcher They interacted with current TYFSN, and TYND about their journey. 			
	DEPARTMENT OF TEXTILE SCIENCE AND APPAREL DESIGN			
19.07.2024	A RUSA sponsored session was organized to demonstrate 'Rendering Techniques for Creating Fabric effects on Paper' in the Basic Fashion Illustration class for 15 TYTSFD students. The session was conducted by TSFD Alumni, Ms. Gaurangi Rajapurkar.			
01.08.2024	A RUSA sponsored session was organized to demonstrate 'Mechanical Croqui poses' in the Basic Fashion Illustration class for TYTSFD students. The session was conducted by TSFD Alumni, Ms. Gaurangi Rajapurkar.			

20.09.2024	RUSA sponsored Symposia on 'Advance Pattern Making Techniques (Gown)' was conducted by expert Ms. Snehlata Belkar (TSAD Alumna 2019-20 batch), owner of Sneha's Closet, for TSAD students. Number of Beneficiaries: 15 students.			
19.12.2024	RUSA sponsored session on 'Resin Art' was organized by the department for the students of 15 SYB.Sc. Minors under the subject "Design Elements in Everyday Life". The resource person was Ms. Zeenat Thakur, Student Alumni of Dr. BMN College of Home Science.			
04.01.2025	RUSA Sponsored session on 'Fabric Rendering Techniques' was organized by the department for the students of 15 SYTSAD under the subject Fashion Illustration. The resource person was Ms. Gaurangi Rajapurkar, Student Alumni, Dr. BMN College of Home Science.			
DEPARTN	MENT OF M.SC. IN CLINICAL NUTRITION AND DIETETICS AND P.G. SPORTS SCIENCE FITNESS AND NUTRITION			
22.03.2025	 Smt Manjulaben Gunvatrai Shah Department of Post Graduate Studies and EECH organised an Alumnae interaction with M.Sc.CND and PGDSSFN. Ms. Anjana Mehndha, Alumni (2017-2019) Nutritionist, Marico Industries Ltd., Mumbai Ms. Priti Adhikari (2019-2021) Ph.D. Scholar, Institute of Chemical Technology, Matunga, Mumbai Ms. Charmi Thakker, Alumni PGDSSFN (2019-2020), Coach National Patna Kabbadi team, Mumbai Ms. Nandita Dhanaki, M.Sc.CND (2017-2019) Dietician ATRECT, Tata Memorial Cancer Hospital, Kharghar, Navi Mumbai Ms. Sheetal Harnekar , M.Sc.CND (2018-2020), Dietician D.Y.Patil Medical College, Mumbai Ms. Bansari Rao, M.Sc.CND (2017-2019), Founder, Nutrition insights, Faculty, Smt HMN Junior College, Mumbai The Alumnae spoke on various topics, such as interview preparedness, career and research opportunities, and experiences at the M.Sc. CND program that helped shape their professional lives. 			

DEPARTMENT OF FOUNDATIONAL COURSES			
26.07.2024	A session was organised for TYB.Sc. students on the topic of 'Women & Health' under the subject of Introduction to Women's Issues. The resource person was (Alumni) Ms. Urvi Gajra, Dietician & Yoga Instructor. Beneficiaries were 52.		
20.09.2024	A RUSA sponsored workshop on 'Roadmap to Self-Publishing' was organized for faculty and students. The resource person was Ms. Khushi Hinduja, author of the Amazon bestseller book (BMN Alumni - Food Science & Nutrition 2000-2001). The total no. of beneficiaries were 16.		

INTERNAL QUALITY ASSURANCE CELL ACTIVITIES

Date	Details			
29.07.2024	RUSA sponsored session for the faculty on "Artificial Intelligence Tools for Teaching, Learning and Research" by Mr. Mangesh Ghodke, Librarian, N. G. Acharya & D. K. Marathe College, Chembur.			
28.08.2024 - 29.08.2024	RUSA sponsored 2 day Faculty Capacity Building Program was organised on "Preparation of Lesson Plans, Question Papers and Innovative Pedagogies" by Dr. Smita Gupta, Retd. Prof., Kapila Khandwala College of Education, Juhu.			
15.10.2024	Academic Audit was conducted by Dr. Mira Desai - Chairperson, Professor & Head, Department of Extension & Communication. P.G. Department, SNDT University, Prof. Dr. Vishaka A. Karnad, Professor Department of Textile and Fashion Technology, College of Home Science Nirmala Niketan and Prof. Dr. Seema Purohit, Professor Emeritus. BK Birla College.			
27.11.2024	A session of 'Self Awareness and Entrepreneurship' was organised by Mr. Khushrow Irani, Co-Founder, S & K Associates and Trainer at Leslie Sawhny Training Centre, Deolali. 25 teaching staff members attended			
18.12.2024	Session on "Risk Management Approaches" by Mr. Shashikant Rajpura, Consultant. 19 teaching and non-teaching staff members from Dr. BMN College, Smt. MMP Shah College of Arts and Commerce and Anjuman Islam College of Home Science attended the session.			

SHRI KANTILAL [BACHUSHETH] JADAVJI KANJI SHIVJI LIBRARY

Librarian: Mrs. Vidya Subramanian

Date	Details				
05.08.2024 - 08.08.2024	Orientation was given for the 110 SYJC & 120 FYJC students of Smt. HMN Junior College of Home Science. The students were accompanied by the faculties, Mr. Ishwar Awhad, Mrs. Ahilya Mali and Mrs. Bharti Dudam.				
12.08.2024	12 SYB.Sc. students have joined M.LISc students of SHPT School of Library Science, SNDTWU on a RUSA Sponsored event "BOOKS WITH BENEFITS" to celebrate National Librarian's Day.				
01.10.2024	The Library and Gandhian Studies Centre did a Book Display of Books on and by Gandhiji. The library also shared a Virtual Bookshelf of Books by Gandhiji.				
03.10.2024 - 11.10.2024	The library also organised a competition during Navratri displaying books according to the colours of Navratri.				
13.10.2024	Books and Clippings displayed on Mr. Ratan Naval Tata were put up in the library.				
15.10.2024	A book display of books on and by Dr. A P J Abdul Kalam was done on the event of 'Reading Inspiration Day' commemorating his birth anniversary.				
01.01.2025 - 17.01.2025	Under the "Vachan Sankalpa Maharashtracha", the Library and the Dept. of Foundational Courses organised the following programs: 01.01.2025 - Book Reading Activity 01.01.2025 - Book Display 02.01.2025, 06.01.2025, 12.01.2025, 17.01.2025 - Virtual Book Display Reading Skills workshop: 03.01.2025 to 07.01.2025 - Reading Dialogue Programs 17.01.2025 - Book Review Writing Competition				
15.02.2025- 28.02.2025	Book Displays and Posters on the following themes/ Subjects 15.02.2025 - 18.02.2025 - Textiles by Department of Textile Science and Fashion Design 19.02.2025 - Chhatrapati Shivaji Maharaj Jayanti 24.02.2025 - 26.02.2025 - Early Childhood Education by Department of Human Development 27.02.2025 - Marathi Rajbhasha Diwas 28.02.2025 - National Science Day				

Faculty Activities: Mrs. Vidya Subramanian

Date	Details			
25.10.2024	Mrs. Vidya Subramanian, Librarian attended a "Conclave on Future of Libraries" organised by Central Library IIT Bombay.			

MINDSPACE

College Counsellor: Ms. Fatema Fanuswala

Counselling Days and Timings: Monday to Saturday (9.00 am to 2.30 pm)

Date	Details				
02.08.2024	Session on 'The Quality of Leadership' was conducted for the students of				
	FYBSc				
09.01.2025	Session on "Mahatma and His Relevance in Modern Times" was conducted				
	by members of the Bombay Sarvodaya Mandal for SYBSc and NSS students				
10.01.2025	Lecture on 'Building Support Systems and Managing Stress Effectively' for				
	Tourism and Hospitality students of the Polytechnic Department. The session				
	emphasized the importance of building support systems, managing stress				
	effectively, and fostering relationships that aid in career and personal success				
January 2025	Counselling and Student Referrals: Three clients were provided with				
	necessary psychological care, including psychiatric referrals. Anxiety and				
	depression testing was conducted where required. A total of 38 individual				
	counseling sessions were conducted, out of which 7 were new referrals from				
	teachers, and 4 new students began therapy on their own. A parent meet was				
	organized to ensure the holistic development of students and to address their				
	academic and personal concerns.				
20.01.2025	Lecture on 'Child Psychology' was conducted for 26 FYHD students students				
20.01.2025	Workshop on 'Identification of Mental Health Concerns and Sensitization'				
	was conducted for PGECE students				
22.01.2025	Lecture on 'Mental Health Awareness and Mindfulness' was conducted for				
	FYBSc students. This session provided students with tools to enhance their				
	mental well-being.				
22.01.2025	Workshop on Stress Management: A workshop on stress management was				
	conducted for FYBSc students as part of their Health and Wellness curriculum.				

	In collaboration with Ms. Paulomi Desai, this session focused on effective				
	stress management techniques				
29.01.2025	Lecture on 'Emotional Intelligence for Fashion Designing Students: Raise				
	Your EQ - Raise Your Success' was conducted for 40 Fashion Designing				
	students.				

STATUTORY BODIES FOR THE YEAR 2023-2024

RIGHT TO INFORMATION CELL

Members	Designation	Name of the members	Address
Public Information Officer	Librarian	Mrs. Vidya Subramanian	Dr. BMN College of Home Science, 338 RA Kidwai Road, Matunga Mumbai 400019 Email:smesedu@gmail.com
Asst. Public Information Officer	Office Superintendent	Mr. Pravin Chalke	Website. www.bmncollege.com
1st Appellate Authority	Principal	Prof. Mala Pandurang	Tel 022-24095792

EXAMINATION CELL

Chief Controller of Examination Controller of Examination

Prof. Mala Pandurang, Principal

Mr. Shahajahan Khan (Vice Principal and Coordinator, Bachelor

Computer Applications)

Dy. Controller of Examination Members

Dr. Roma Patki (Resource Management (Hospitality Managemen

- Dr. Rupali Sengupta (Senior Faculty, M.Sc. Clinical Nutrition and Dietetics and Post Graduate Diploma in Sports Science Fitness and Nutrition)
- Ms. Sudha Lawrence (Faculty, Department of Computer Applications)
- Ms. Bijal Dedhia (Faculty, Textile Science and Apparel Designation 1)

ANTI-RAGGING COMMITTEE

Committee constituted as per the directives of the Honorable Supreme Court of India dated May 16th, 2007 and UGC Regulations to Curb the menace of Ragging in Higher Educational Institutions, 2009:

Head : Prof. Dr. Mala Pandurang (Principal)

Representative of the : Ms. Varsha Dasu Gavit (Police Sub Inspector, Matunga

Police Police Station, Mumbai)

Representative of the : Adv. Rahim Bashir Shaikh (Sub-Editor, Crime, Flash

Local Media News)

Representative of NGO : Mr. Nishant Bangera (Founder, Muse Foundation)

Faculty Members : • Dr. Vinaya Vaishampayan (Vice Principal, HOD,

Food Science and Nutrition)

 Mr. Shahajahan Khan (Vice Principal and Program Coordinator, Bachelor of Computer Applications)

• Dr. Vrushali Datar (HOD, Department of Resource

Management (Hospitality Management)

Administrative Non

Teaching Staff

• Mrs. Anita Bairisetty

Student Representative : • Ms. Nikhita Jadav (TYTSAD)

• Ms. Asha Chohan (SYFSN)

Ms. Sugyani Gujuri (SYBCA- II)

• Ms. Amruta Kamble (TYBCA-I)

Ms. Vasundhara Singh (SYMSc.CND)

Parent Representative : • Ms. Sandhya Lele

Anti-ragging Squad

Name	Designation	Email	Mobile
Mr. Shahajahan	Vice Principal and Program	khan@bmncollege.com	9867997415
Khan	Coordinator, Bachelor of		
	Computer Applications		
Dr. Vinaya	Vice Principal, HOD, Food	vinaya@bmncollege.com	9967586292
Vaishampayan	Science and Nutrition		
Mrs. Anita	Administrative Staff	anitabairisetty@gmail.com	8928868260
Bairisetty			

Every year selected Parent and students are invited as a part of the Committee

INTERNAL QUALITY ASSURANCE CELL

Members of the Dr. BMN College of Home Science IQAC cell are as follows

the Institution Member from the Management • Shri Pravin Shah (Chairman, SMES) • Dr. Bharat Pathak (Hon. Secretary SMES) One nominee each from local society, Students and Alumni * Prof. Mira Desai, Professor and Head (Department of Extension and Communication, P.G. Department SNDT Women's University, Mumbai) • Prof. Dr. Ashok R. Athalye (Department of Fibres and Textiles Processing Technology, ICT, Mumbai) • Ms. Jayashree Rukhana (Part time Lecturer at SNDT Women's University) One nominee each from Employers // Industrialists/Stakeholders • Dr. Shilpa Charankar (Executive Secretary, Seva Mandal Education Society) • Dr. Mandar Talvekar (Head – Content Development, Tata Power Skills Development Institute) • Dr. Nilesh Lele (Proprietor, Exelon Marketing) • Dr. Rachana Rawal (Senior Manager, Glaxosmithkline -Parent) Teachers to represent all (Academic) and Head, Department of Food Science and Nutrition) • Dr. Vrushali Datar (Head, Department of Resource Management (Hospitality Management)
Management Dr. Bharat Pathak (Hon. Secretary SMES) Prof. Mira Desai, Professor and Head (Department of Extension and Communication, P.G. Department SNDT Women's University, Mumbai) Prof. Dr. Ashok R. Athalye (Department of Fibres and Textiles Processing Technology, ICT, Mumbai) Ms. Jayashree Rukhana (Part time Lecturer at SNDT Women's University) One nominee each from Employers /Industrialists/Stakeholders Dr. Shilpa Charankar (Executive Secretary, Seva Mandal Education Society) Dr. Mandar Talvekar (Head – Content Development, Tata Power Skills Development Institute) Dr. Nilesh Lele (Proprietor, Exelon Marketing Dr. Rachana Rawal (Senior Manager, Glaxosmithkline -Parent) Teachers to represent all (Academic) and Head, Department of Food Science and Nutrition) Dr. Vrushali Datar (Head, Department of Resource)
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Management (Hospitality Management)
Dr. Rupali Sengupta (Coordinator, M.Sc. Clinical
Nutrition and Dietetics/PGDSSFN)
Ms. Manjot Kaur (Assistant Professor, Computer
Applications)
Dr. Pradnya Ambre (Head, Department of Textile
Science and Apparel Design)

	Ms. Honey Thakkar (Head, Department of Human
	Development)
	Dr. Harsha Chopra (Coordinator, Nutrition and
	Dietetics)
	Ms. Salethmary (Faculty, Department of Computer
	Applications)
Senior Administrative	Mr. Shahajahan Khan (Vice Principal
Officers	(Administration), Controller of Examination
	Ms. Vidya Subramanian, Librarian
	Ms. Anita Bairishetty (Junior Clerk, Non-teaching
	Staff)
Student Representatives:	Ms. Laxmi Dubey (SYND)
	Ms. Alfiya Shaikh (TYBSc)
	Ms. Harshada Paliwal (MSc CND -II)
	Ms. Munira Bagasarawala (SYBCA-I)
	Ms. Saima Choudhary (TYBCA-I)
One of the senior teachers	Ms. Kavita Karapurkar
as the coordinator/Director	
of the IQAC	

POSH (Prevention of Sexual Harassment) Committee

- Dr. Nandita Mondal, Assistant Professor, Centre for Labour Studies School of Management and Labour studies, TISS, Mumbai Campurs
- Dr. Rakhee Gadhave, In-charge Principal Smt. K. G. Shah Law School
- Dr. Mala Pandurang, Principa, Dr. B. M. N. College of Home Science
- Ms. Kavita Karapurkar, IQAC Coordinator, In charge Women's Cell

CELL FOR PREVENTION OF CASTE-BASED DISCRIMINATION EQUAL OPPORTUNITY

The college has a zero-tolerance policy towards any kind of caste-based discrimination. As per the instructions received from the UGC, the college has formed a special cell for the prevention of caste-based discrimination.

Head : Prof. Dr. Mala Pandurang (Principal)

Representative of the Management : Dr. Dilip Trivedi, President, SMES

Representatives of Non-Teaching Staff : Mr. Pravin Chalke, Office Superintendent/

Ms. Kavita Kasar - Clerk

Member of faculty as representative : Ms. Shilpa Surulkar, Asst. Prof., Department of

Computer Applications

Student representatives : Ms. Vanshita Dighe (SYBCA-II)

Ms. Prachi Goyal (SYBSc)

Ms. Namita Baikar (MSc.CND -II)

INTERNAL COMMITTEE / WOMEN'S CELL

Presiding Officer: Mrs. Manali Chavan

Faculty Members : Ms. Milina Pereira

Ms. Reema Jose

External Member : Dr. Nandita Mondal, Assistant Professor, Centre for Labour

Studies School of Management and Labour studies, TISS,

Mumbai Campus

Legal Adviser : Ms. Rakhee Gadhave, In-charge Principal, Smt. K. G. Shah

Law School

Non-Teaching Staff : Mrs. Shahida Hussain

Students : Ms. Purva Joshi (TYBSc)

Ms. Aastha Kanojiya (SYBSc)

Ms. Deepanjali Banerjee (MSc CND -II)

Ms. Aastha Shah (TYBCA-I)

Ms.Simran Gupta (SYBCA-II)

Ms. Laxmi Pol (SYBCA-II)

COMMITTEE FOR UNFAIR MEANS IN EXAMINATION AT COLLEGE

Complaints to the cell should be sent to the following address Designated officer -

Examination Incharge, Unfair means in examinations, Dr. BMN College of Home-Science,

338, R.A. Kidwai Road, Matunga (E) Mumbai-19

The composition of the college Unfair means in examinations is as follows:

- Prof. Dr. Mala Pandurang, Principal
- Dr. Vinaya Vaishampayan, Vice-Principal Academics
- Mr. Shahajahan Khan, Vice-Principal Administrative
- Ms. Honey Thakkar, HOD (Human Development)
- Ms. Manjot Kaur Assistant Professor, Computer Applications

COMPOSITION OF COLLEGE DEVELOPMENT COMMITTEE

Chairperson (SMES) : Shri. Pravin Shah (Chairman, SMES)

Hon.Secretary : Dr. Bharat Pathak

(SMES)

Special Invitees of the: Dr. Dilip Trivedi (President, SMES)

Management Dr. Shilpa Charankar (Executive Secretary, SMES)

One Head of : Dr. Vinaya Vaishampayan

department, to be Vice-Principal (Academics) and

nominated by the Head of Department - Food Science and Nutrition

Principal or the Head of the Institution

Principal : Prof. Dr. Mala Pandurang

Members : • Mr. Shahajahan Khan (Vice Principal (Administration)

and Program Coordinator, Bachelor of Computer Applications)

• Dr. Vrushali Datar (Head, Department of Resource Management

(Hospitality Management)

• Mrs. Honey Thakkar (Head, Department of Human

Development)

• Dr. Rupali Sengupta (Coordinator, M.Sc. Clinical Nutrition and

Dietetics/PGDSSFN)

• Mrs. Kavita Karapurkar (IQAC Coordinator)

External Members : • Dr. Ela Dedhia (In-Charge Principal, IQAC Coordinator, and

Head of the Department of Textiles and Fashion Technology,

College of Home Science Nirmala Niketan and presently

:

representing NCCIP - AICTE, as a Regional Coordinator for the Central Region of India (covering Gujarat, Madhya Pradesh and Chhattisgarh), and as a Resource Person for Universal Human Values)

- Dr. Vibhuti Patel (Ph.D. Economics. Prof. Advanced Centre for Women's Studies, School of Development Studies TISS)
- Dr. G.S Nadiger (Textile and Management Consultant / Trainer)
- Ms. Neha Gillon (Independent Brand Consultant, Freelance Organization)

Special invitee : Dr. Rupali Sengupta (In-charge MSc CND)

Non - Teaching Staff : Mrs. Anita Bairisetty

Students : Ms. Vaishnavi Kotian (VP) (TYBCA-I)

Representatives Ms. Prachi Shah (TYBSc)

STUDENTS GRIEVANCE REDRESSAL CELL (SGRC)

Dr. BMN. College has set up a grievance redressal cell for the benefit of its students, teaching faculty and non-teaching staff. Complaints to the cell should be sent to the following address Designated officer, Grievance Redressal Cell, Dr. BMN College of Home Science, 338, R.A. Kidwai Road, Matunga (E) Mumbai-19, **Email id : khan@bmncollege.com**

The composition of the college Grievance Redressal Cell is as follows:

- Dr. Bharatbhai Pathak (Hon Secretary, SMES) Special Invitee
- Prof. Dr. Mala Pandurang (Principal)
- Dr. Vinaya Vaishampayan (Vice Principal and HOD, Food Science and Nutrition)
- Mr. Shahajahan Khan (Vice Principal and Coordinator, Dept. of Computer Applications)
- Ms. Shilpa Surulkar Senior Faculty, Department of Computer Applications
- Ms. Rehana Bepari HOD, Department of Beauty Culture and Hair Dressing
- Mr. Pravin Chalke (Office Superintendent)

Section Student Representatives

B.Sc. : • Ms. Nikita Jadhav (TYTSAD)

• Ms. Asha Chouhan (SYFSN)

Post Graduate Studies : • Ms. Vasundhara Singh (MSc CND-II)

Bachelors in Computer : • Ms. Prachi Jha (SYBCA-I)

Application • Ms. Kajal Jaiswal (TYBCA-I)

Beauty Culture and Hair • Ms. Sakshi Kumbhar (FYBCHD)

• Ms. Tushi Gupta (FYBCHD)

Artlicle) Section

Prioritizing Mental Health on Campus: A Collective Responsibility

By Ms Fatema Fanuswala, Counselling Psychologist, Dr. BMN College of Home Science

In today's fast-paced and ever-evolving world, many of us unknowingly lose our identity in the race to succeed. The constant pressure to measure up to societal expectations often leads us to neglect our well-being and that of our loved ones. As a counselling psychologist, I witness this transformation daily in the students and colleagues around me. First-year students enter college with a vision, and by the time they graduate, their outlook has often shifted—sometimes in empowering ways, but other times with considerable challenges.

When discussing students, we must recognize that their growth on campus extends beyond academics. Holistic development is crucial, and mental health plays a pivotal role in shaping their experiences. Mental health encompasses everything—from students' personalities and academic performances to their relationships at home. Raising awareness about mental health services and resources is imperative to help students navigate these transformative years effectively.

However, the responsibility of fostering a mentally healthy environment should not rest solely on mental health professionals. Every faculty member, administrative staff, and peer can play a role in supporting students. After all, the brightest student who excels academically may secretly struggle with anxiety or perfectionism. The reserved student who seems withdrawn may have undergone a significant life change, and the most social and cheerful student may be dealing with personal challenges such as anxious attachment. These students are our future athletes, artists, scholars, and leaders, making it essential to prioritize their mental well-being for a better world.

To create a proactive and inclusive campus environment that prioritizes mental health, we must take collective action at all individual, institutional, and societal levels. Mentoring should be an integral part of academic and personal development. Faculty members and senior students should actively engage in guiding and supporting students, fostering a culture of openness and trust. Every student should have access to professional counselling services where they can discuss their challenges in a confidential and supportive setting. We should work towards creating a space where all students, regardless of their backgrounds, feel accepted and valued. Diversity and inclusivity training for faculty and students can help eliminate biases and create a more supportive environment. Faculty and staff should be equipped to recognize signs of mental health struggles and encourage students to seek professional help when needed. Having a clear and approachable referral system in place can ensure that students receive timely support. There is still a significant stigma around seeking therapy. Educational initiatives should be conducted to normalize conversations about mental health and encourage students and staff to seek help without fear of judgment. Well-being should be a fundamental part of academic curriculums and extracurricular activities. Workshops on stress management, mindfulness, and self-care should be conducted regularly. Creating peer support groups where students can share their experiences and struggles in a safe space can be highly beneficial.

Mental health on campus should not be an afterthought but a priority. By taking small yet significant steps at every level, we can create an academic and emotional environment where students thrive. As we celebrate the 40th anniversary of Dr. BMN College of Home Science, let us commit to fostering a culture of well-being, inclusivity, and proactive support for our students, ensuring they are equipped to build a brighter future for themselves and the world.

Echoes Through the Years!

An untold journey of forty years,
A Journey filled with dreams and hopes,
Hundreds of stories and laughs echo classrooms,
Each moment engraved, each memory bound the hearts!

Growing from ordinary roots to soaring high,
Above the same wide, fertile land,
Through Challenges, achievements, chucklings, tears, emotions,
The college grew throughout the year!

Each batch left its mark,
A beacon, illuminating the hearts,
A flame blazing the credence of youth,
From book lessons to life's tests,
Here, we were transformed to be our finest!

Hearts that echoed the empty classes, Lessons learned, moments enjoyed, sagacity shared, friendship made, Far and wide memories laid!

A flight so long and paths unknown, A core of proficiency radiantly sown, A future ahead, yet we navigated, A path is taken, one and all.

An unknown location, we've found our way, With every daylight and every day, The Ruby Jubilee, a sparkle, A path well-trodden, yet unfolding!

Zobiya Khot, FYND



My embroidery design represents the theme "Journey of Memories" by combining various symbolic elements. At the center, the tree with its vibrant leaves and strong roots reflects growth, life, and the foundation of memories that shape us. The camera signifies the act of capturing and preserving those precious moments, while the clock and hourglass emphasize the fleeting nature of time, reminding us to cherish every second. The silhouettes of people under the tree highlight the importance of relationships and shared experiences in creating meaningful memories. The open book with a smiley face represents storytelling and the joy of revisiting past moments. The circular layout, surrounded by floral designs, symbolizes the continuity and interconnectedness of life and its experiences. Together, these elements narrate the beautiful journey of memories and the moments that truly matter in life.

SHIVANI YADAV, SYFSN

Moments that Matter: A Journey of Memories

Life is a garment woven from moments, each one a thread that intertwines with others to create a beautiful memory. Some moments are lost with time, while others linger, stamped in our memories like the lines on a well-worn book. These are the moments that matter, the ones that shape us, inspire us, and stay with us forever. My journey of memories is filled with moments that have left a mark on my heart. One such moment was when I made clay pots in my village with my cousins. I must have been only twelve years old, but the memory of that day remains as vivid as if it were yesterday. The smell of the earthy clay, refreshed our minds, the way we shaped it, guiding the clay with our fingers to the soft clay when mixed with water. The patience, to wait for it to be dried, our curious minds waiting in anticipation. And the feel of making something on our own, the excitement, was incredible. As I look back, I realize that moment was more than just a fun afternoon in the village. It was a moment of connection, of love, and learning. Our patience and curiosity taught us the value of slowing down, of taking the time to appreciate the simple things in life. And as I grew older, I carried that lesson with me, applying it to every aspect of my life. Another moment that matters deeply to me was when I was able to walk on my own after getting diagnosed with tuberculosis and being on bed rest for two months. It was a moment of pride, of accomplishment, and relief. Two months, walking with the support of someone made me have negative thoughts, I felt lonely, felt disabled. I wanted to give up, but my mother didn't. She encouraged me every day, and motivated me to be independent, to walk on my own, she said "don't be afraid of falling, you'll fall and stand up again" and I did. But what makes that moment even more special is the realization that it wasn't just about me. It was about the people who had believed in me, who had pushed me to try harder. It was a moment of connection, love and belief. As I reflect on these moments, I am reminded that life is precious, flowing, and full of beauty. The moments that matter most are often the ones we least expect, the ones that come up on us and leave us shocked and excited. They are the moments that make us laugh, cry, and feel alive. So, let us cherish these moments, hold them close, and never let them go. Let us create new moments, new memories, and new experiences that will stay with us forever. In the end, it is not the years that we live, but the life that we live in those years that truly matters.



Sabiha Esaf -SYHD

A YEAR OF CHANGE

GRATEFUL!

Life was moving smoothly, no highs or lows,

Just a steady pace, with no surprises to show.

But then came this year, with changes so grand,

Everything shifted, like sand beneath my hand.

I come from a conservative family, with rules so tight,

Restrictions that suffocated me, day and night.

But I yearned for freedom, for a life of my own,

To break free from the shackles, and make my heart feel at home.

This year, I suffered, through my thesis work's might,

Traumatic experiences, that tested my will to fight.

I met someone, who wasn't good for me, I confess,

But I kept our friendship, despite the mess.

My friends judged me, with criticism so cold,

But I knew they didn't understand, the story yet untold.

I cried many times, feeling lost and alone,

But then I realized, that change is what makes us grow.

This year, my teachers noticed me, with appreciation so true,

A feeling so wonderful, to be seen and valued anew.

I know that life is unpredictable, with ups and downs so steep,

But I've learned to trust, that everything will be okay, in time, I'll keep.

As I stand in my final year, of college life so dear,

I know that memories, will linger, and bring us cheer.

Though we may not meet, or share laughs, or gossip, or fun,

Notifications on social media will remind us of the good times we've begun.

Time may fly, and friendships may fade,

But memories remain, like a treasure we've made.

So let's cherish these moments, and hold them tight,

For in the end, it's not the years we live,

but the life we live in those years, that truly matter, shining bright.

-Mantasha Musa Inamdar, MSc CND

Cinderella Reborn

A rebel's spark, in glass slippers bright, You shatter norms, with caffeine-fueled light. Kindness abounds, amidst chaotic delight, A demonic charm, that ignites the night.

Critics may scorn, with judgmental gaze, But you rise above, with fierce, wild ways. Unapologetic, untamed, and free, Your spirit blazes, a true anomaly.

Your Instagram bio, a manifesto bold, Declares your individuality, young and old. No demure facade, but authentic fire, A demonic Cinderella, your heart's desire.

In this modern tale, you rewrite the script, A heroine of chaos, with kindness intact. Fuelled by coffee, driven by passion's might, You shine, a rebel, in the dark of night.



Tanisha Thapar, FY TSFD

The Lonely Storm

He was a boy, so joyful and bright, spreading his laughter, a beacon of light. She was a girl, so quiet, so shy, with shadows of loneliness clouding her sky. He had his friends, a circle so wide, while she held her storms with no one beside. Her heart was a puzzle, brozen and torn, drenched with a storm that had been long worn. As days went by, their bond grew deep, a love so strong, like a dream they'd keep. He gave her warmth, and she found her place in his kind world with his gentle embrace. But time can change the way hearts beat, the boy grew busy, lost in his feet. She was all alone, with a storm in her heart, a fragile soul, now falling apart. They argued and tried, but love slipped away. The light in her life began to decay. She fought for him but was left on her own, back to the silence she had always known.

Saili Desai, FYND



महत्त्व द्यावं त्या क्षणांना, जेव्हा सोबत कुणी असतं.

महत्त्व द्यावं त्या माणसांना, जेव्हा प्रेमळ कुणी असतं.

महत्त्व द्यावं त्या भावनांना, जेव्हा काळजी कुणी घेतं.

महत्त्व द्यावं त्या आतुर्तेला, जेव्हा खरंच कोणी तरी वाट पहातं.

महत्त्व द्यावं त्या प्रेमाला, जेव्हा ते शुद्ध आणि निर्मळ असतं...

~ साईली देसाई, FYND



समुद्र...

किती मोकळा आहे हा समुद्र,
प्रत्येकाचं दुःख साठवून घेतो हा समुद्र,
ह्या दुःखांवर लाटांचं पांघरूणही घालतो हा समुद्र,
पौर्णिमेच्या चंद्राला पाहून
लहान मुलासारखा पाय मुढपून देखिल बसतो हा समुद्र,
मात्र काळोख्या रात्री उफाळून ही येतो हा समुद्र,
कदाचीत त्याच्या ह्याच रूपामुळे तो खास आहे,
त्याचं स्वतःच एक अस्तित्व आहे,
मुळात तो निःस्वार्थी आहे,
कँदाचित म्हणूनच तो माझ्या जवळचा आहे.

- साईली देसाई, **FYND**

A



Some bonds are fleeting but leave a lasting imprint on the soul. Olly AKA Chhutki a tiny kitten with pale green eyes and a heart full of mischief, was one such bond—a small star who brightened our lives for a brief, beautiful time. It all began On October 25th, Olly wandered into my mother's shop, where my mother offered her a bowl of milk, unaware she'd soon become part of our family. With Oggy, our proud male cat, ruling our home, bringing Olly inside wasn't safe, so she spent her first night in my father's rickshaw. The next day, I met Olly for the first time, she was just a month old. Her pale green eyes and tiny frame won my heart. After 2 days she fell ill with a stomach infection. After a vet visit and treatment, she recovered quickly, bringing joy back into our home during a Diwali we hadn't planned to celebrate due to a family tragedy. Olly's presence turned our sorrow into light, a true blessing. We brought Olly home in a box, keeping her away from Oggy, who wasn't ready to share his space. Initially, he growled and tried to assert dominance, but soon, they became inseparable—sharing spilt milk, playfully fighting, and sleeping side by side. Olly's intelligence amazed us from the start. At just one month old, she knew how to use the washroom, a skill Oggy hadn't yet mastered. Embarrassed by her, he eventually followed her lead to use the washroom after months of messy habits. Olly loved watching TV and reels, and her appetite was endless-finishing 100 grams of cat food in just two days, leading us to buy her a full-kilogram box. Olly also claimed Oggy's secret spots, and though he gave sarcastic looks, he never harmed her. Instead, their bond grew stronger. They were best friends, partners in chaos, and each other's comfort. Life is fragile, and love brings heartache. Oggy fell sick first, and despite being advised to keep Olly away from him, her playful nature couldn't keep her apart. Soon, she too became ill, and despite medication, her condition worsened. She became weak, yet her intelligence and spirit shone through. Even while vomiting, she made her way to the washroom door, as if not wanting to trouble us for cleaning. On her last night, Olly slept beside me. The next morning on 3rd December, she vomited again, her breathing labored & She was in ICU on a ventilator in the afternoon. In the evening, When I returned home from college, I found her near the washroom door, breathing faintly. My brother was crying, and said she wouldn't make it. We rushed her to the hospital, but despite our efforts, she passed away in my arms on the way to the hospital. The weight of Olly's loss was unbearable. Oggy, her partner in crime, gave her a final goodbye before we buried her. The house felt emptier, her favourite spots untouched, and her cat food left uneaten. Every corner echoed with her absence. Though Olly was with us only for just 39 days, she gave us a lifetime of memories. Her intelligence, playful spirit, and unconditional love showed us that even the shortest lives leave the deepest marks. We miss her dearly, but her light continues to guide us in our hearts. Olly's time with us was brief, yet her impact was eternal. She taught us to cherish every moment, find joy in the little things, and love without limits. Though she's gone, her spirit remains a reminder that love, no matter how brief, is always worth it. She was a tiny star who left a big impact, her memory forever etched in our hearts.

Sheetal Verma, FYFSN)

आठवणींचा प्रवास

माझ्या मते आठवणी म्हणजेच आपल्या आयुष्यातील त्या सर्व सुंदर आणि अविस्मरणीय क्षणांचा संग्रहीत ठराव. प्रत्येकाच्या आयुष्यात काही खास आठवणी असतात ज्या त्यांना प्रत्येक वेळी मनाच्या खोलवर कुठे तरी गोड सुख देऊन जातात. आयुष्याच्या विविध वळणांवर या आठवणींचा एक विशिष्ट ठसा असतो. त्यात कधी दु:खाचे रंग असतात तर कधी आनंदाचे, पण सर्वच आठवणी एकत्र येऊन एक विलक्षण अनुभव तयार करतात. एक अशाच आठवणींच्या प्रवासाची गोष्ट सांगताना अनेक वर्षांपूर्वीची गोड अनुभवाची वळणं समोर येतात.

मी लहानपणी जेव्हा माझ्या आजोबांबरोबर राहायची तेव्हा एक अद्भूत अशा वातावरणात मी वेळ घालवायची. आजी आणि आजोबा फारच प्रेमळ होते आणि ते मला छोटया छोटया गोष्टी शिकवायचे. त्यांच्या आवाजाती- ल गोडवा, त्यांच्या चेहऱ्यावर असलेला नेहमीचा हसरा लू चेहरा आणि त्यांच्या सोबत केलेली बागकामाची मजा, हे सर्व आजही माझ्या मनाच्या खोलवर जीवंत आहे. आजीचा । व आजोबांचा हात धरून केलेली शेतकामातील छोटी छोटी काम, ती काही क्षणांची परंतु माझ्या जीवनातील अनमोल आठवण बनून गेली. ते शेतात काम करत असताना मी त्यांच्यासोबत कधी रानफुलांची वेचणी करत होते, तर कधी नदीकिनारी गया' भारत बसायचो. या सर्व अनुभवाचा' छायाचित्रांच्या रूपात माझ्या मनामध्ये आजही त्या गोष्टी जिवंत आहेत.

माझ्या शालेय जीवनातही काही अविस्मरणीय अनुभव घडले. शालेतील सहली, मित्रांसोबत केलेल्या गमती, शालेय उत्सव आणि परीक्षेचा ताण हे सगळं एकत्रितपणे जणू एक सुंदर कथा बनून राहिल्या आहेत.

- Jessica More TYBCA



Amid the laughter of our Secret Santa exchange, I unwrapped my gift with nervous excitement. Inside was a bouquet of red roses-my favourites. My heart skipped a beat.

How did my Secret Santa know?

Then my friend stepped forward, smiling.
"Surprise!" she said. It hit me-she had noticed
the little things: my love for flowers,
how their scent calmed me, and my preference for simple joys.

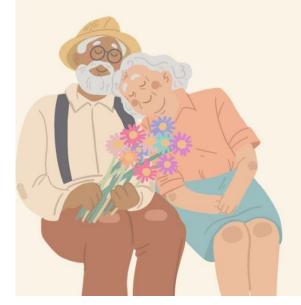
In that thoughtful bouquet, she gave me more than flowers; she reminded me of how much small gestures matter. Sometimes, the best gifts are the ones that say, "I see you."

Jiya Ambekar, SYND

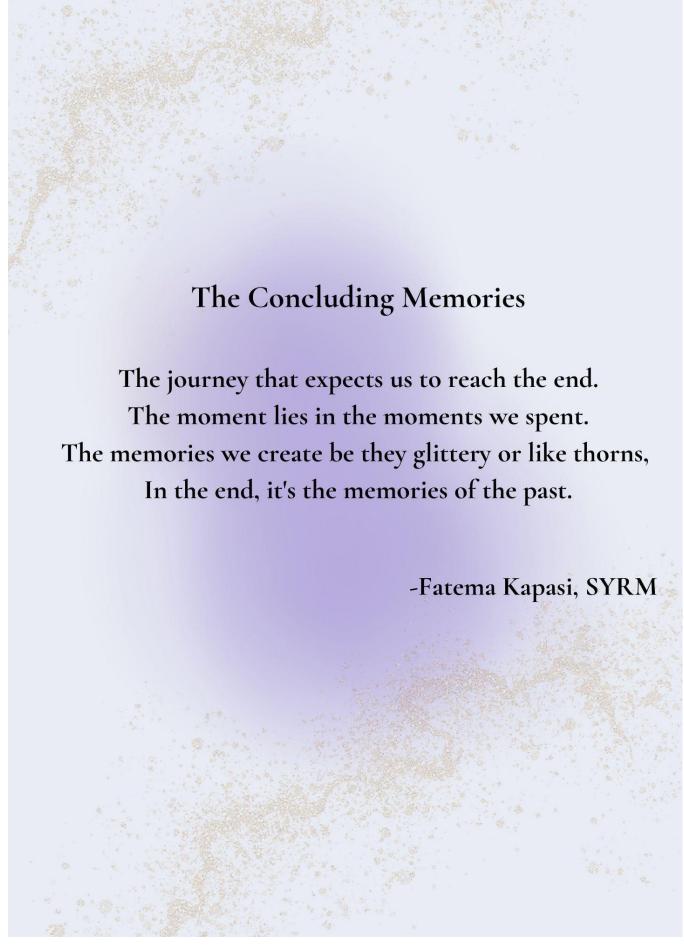
Timeless Moments of Togetherness



This photograph captures the essence of longevity and health in senior citizens. My grandparents, in their golden years, engage in a lively game of carrom, exuding joy and warmth. Their wrinkled hands, a testament to years of love and labor, move with a gentle elegance. This moment, frozen in time, celebrates the beauty of aging, the importance of social connections, and the simple pleasures that contribute to a long, healthy, and happy life.



Vedanti Mhamunkar TYHD



THE INDELIBLE MARK OF A LOVE

My grandmother's love and wisdom have shaped my life in many important ways. From my birth to the day she passed away, every shared moment was a precious gem, a testament to the enduring bond we shared. She was my guiding star, my constant source of comfort, and my most influential teacher. Her gentle guidance shaped my understanding of human relationships, the art of resilience, the sanctity of family ties, and the profound nature of spirituality. Yet, amidst her vast knowledge, she could not prepare me for the void her absence would leave. Beyond her role as a grandmother, she embodied the essence of motherhood, fatherhood, and every significant figure in my life. Her love was as vast as the ocean, as unwavering as the mountains. She shielded me from life's storms, nurturing my growth with tender care. The twelve years we spent together were a symphony of joy, laughter, and unwavering support, a period of unparalleled happiness and learning that defies simple description. Her memory, a cherished keepsake, continues to inspire and guide me, reminding me of the enduring power of love and the profound impact one life can have on another. Her laughter echoes in my heart, a warm reminder of the love we shared. Though she's gone, her spirit lives on, guiding me every step of the way. I'll forever cherish the memories we made, the lessons she taught, and the love she gave. Her absence is a stark reminder to live life to the fullest because you never know when it might end.

Aaiysha Ansari SYND

Here's to all the Daughters

She's the one about whom parents didn't have to worry. She learned all the life skills with ease. Her talent and strength always make a bold statement in society. Her presence, her aura, and her actions are always respected and admired. She is the epitome of power and beauty, but still, no one ever asks her about her likes, her favourite colour, or her favourite movie. No one asks, "Are you okay, sweetie?" She is burdened with responsibilities she never asked for. She heals the traumas of others but is herself battling depression. She has her father's anger issues and her mother's creativity. She heals her mother's scars and has the potential to hold her ground in a heart-toheart conversation with her dad. Her bravery is her armour, her intelligence is her sword, and her patience is her shield. She fearlessly fights all battles alone and still wins with the beauty of her scars. She is a Wonder Woman, neglected by people, but still shines because she is a born star. People value her presence and admire her decisions. She doesn't appreciate herself, while others keep wondering how she manages to do it all alone. She wears her scars with pride and stands strong, reminding us that strength defines elder daughters.

Jiya Ambekar SYND



The sun is setting, it's almost 6pm, the vivid shades of yellow and orange are spreading like calm fire. The setting sun is promoting the end, but on the contrary is depicting a second chance for new beginnings. People are on their way back home journey. Their tired faces are revealing their stress, their heavy bags are depicting their responsibilities, their soul are demanding peace. The trains and buses are filled with people, each one wants to step in, but are left behind as the capacity of buses and trains have exceed their limits. some are hanging outside the train doors risking their lives just because they don't wanna miss this one. At this moment the honking of train running on the tracks alerting the stations of its arrival is the most satisfactory one's. Each one is holding a different story, just not revealing it as no one is there to listen to them. From my eyes I see them as the real supers heroes and wonder women, who are hustling for the needs of their loved ones.

Jiya Ambekar, SYND



MEETING THE END

Setting sun,
Running trains,
Journey of way back home, is making our day.
Dimmy lights,
city nights,
late bus rides,
journry still continues,
Story of each human alive,
bringing back the spark in life,
love is constant,
journey of responsibility changes from day-to-night.
The doors are wide open,
smiling faces welcome,

joy of returning home is like no other,

bringing it to end.

Jiya Ambekar SYND

It was one of those overcast days when the campus felt a little quieter than usual. We were sitting near our gate. All of our friends were together, some with their books opened and some were engaged with their phones. No one was talking at first as we didn't know each other well and it was kind of awkward. But then suddenly, I mentioned the assignment that was due soon. The conversation drifted from homework to random things. And from that day we started talking and not even knowing came closer to each other.

The start of our friendship started with our college campus. After a bit of conversation, we decided to explore our college together and started to know each other better. I still remember that day we sat in our college canteen. A simple one but real. A moment that would fade into memory. I would look back on when I needed a reminder that college was more than just the stress and the work. It was these small, fleeting moments of connection. I will always remember this memory in my heart. and will try to create more on our college campus!

Fond Memories from Campus

The degree college was very different from that I imagined it to be, but it was certainly far better than the junior College, a little bit stress free but also very nervous for the new responsibilities and challenges to face ahead in my life. One of them was my first time doing a presentation. It was a project in the English subject that was given to us. It was actually a group project and that made me ease a little bit, before getting back to my nervous state again. While making the presentation as well, the only thing that made me stuck was how I am going to present it in front of the class, in front of the teacher. But alas! The day came with not sleeping properly the night back, waking up ahead of my alarm I got ready for it. With a shaking body and a nervous self I came to college only to realise that I had reached a whopping 20 minutes early. After informing my parents I was left with the thought "when is it going to end". Finally the time came and the presentation started. Before my group there was another group who was presenting our turn came and we started, turn by Everyone in the group came Did their part and left, and it was my turn now with sweaty and shivering hands I came in front and started to say. As the time passed with me saying, I surprisingly started to gain confidence and my nerve business started to vanish slowly. As the time passed I got more and more relaxed and comfortable. As I ended the presentation, I moved to see my friends and by looking at the smile on their face I realized that I did well. Since then I have always been a little excited for presentations.

It was late afternoon, the kind of light that made everything look softer, more forgiving. A group of us were sitting on the low brick wall near the library, books scattered around but mostly ignored. Everyone was tired, the kind of tired you get after a long day of lectures, but there was still a comfort in being outside, surrounded by the buzz of campus life, the low murmur of students heading to the dining hall or hurrying to catch the bus.

I remember the air was still warm, but there was the faintest hint of coolness in the breeze, a reminder that the semester was starting to shift towards autumn. One of us was idly scrolling through their phone, another had their headphones in and someone else was talking about the party that weekend. It wasn't anything profound, no deep conversations or life changing moments. But it was real. It was those little pauses between the Chaos of assignments, exams and the constant pressure to keep moving forward.

Someone started talking about how they'd missed a class because they slept through the alarm and suddenly we were all joking about the ridiculous ways we all manage to screw up, laughing at how none of us were perfect but we were getting by. Even the sound of a distant siren or the occasional bike bell ringing didn't interrupt the conversation, just faded into the background noise of college life.

A few friends walked by, waving as they passed. There was always that moment of looking up from whatever you were doing, smiling and acknowledging each other in passing. Sometimes, we didn't even stop to talk. It was just these unspoken understanding we're all in this together, even if we're too busy to really say out loud.

Eventually we packed up our things, knowing we still had to hit the library or finish that paper but the rush didn't feel quite so urgent. We walked of in different directions, each of us with our own Little World to return to but for that brief moment, it had left like time slowed down. Just enough to remember why we were doing it all in the first place.

Saleha Temkar, FYFSN

A JOURNEY BACK TO PEACE: MY VIST TO THE VILLAGE

A bright sunflower standing tall under the evening sky. Its yellow petals seemed to glow with happiness, reflecting the beauty of nature around me. Looking at it, I felt a sense of peace and joy. The sunflower reminded me how beautiful life can be when we take a moment to appreciate the small things

Full of green crops and surrounded by small, simple houses. The golden light of the setting sun made everything look magical. Standing there, I could feel the harmony between nature and the people who live there, working in tune with the land.

The sky above was painted with soft clouds, and the fresh greenery stretched far and wide. Walking along these paths brought back memories of my childhood, when life was simpler and calmer. It felt like the village was welcoming me back, offering a sense of belonging.

Jannat Ansari, SYND



THE GOLDEN DAYS OF SCHOOL LIFE

The school was not just a place for learning; it was a treasure trove of memories, a sanctuary where life felt peaceful and carefree. Every corner of the school echoed with laughter, every classroom held lessons that went far beyond textbooks, and every teacher inspired dreams of a brighter future. I still remember how much I learned there, not just academically but about life itself. Those were the days when life was simple and full of joy. The worries of the future seemed distant, and the present was all about friendships, games, and discovering the world one lesson at a time.

The joy of writing with chalk on the blackboard, the excitement of getting books checked, and the thrill of seeing Good or Excellent written by the teacher those little moments held a magic of their own. Each mark felt like an achievement, each comment a token of appreciation. It wasn't just about grades; it was about the pride of doing something right and being noticed for it. Those simple words in red ink brought a sense of happiness that words today cannot describe.

The teachers were more than just educators; they were guides who taught us valuable life lessons and motivated us to aim high. Their encouragement was a light that fueled our ambitions and helped us believe in ourselves But as life moved on, things began to change. The innocence of childhood gave way to the complexities of adulthood. The simplicity of school days was replaced with the challenges of a fast-paced, hard life. I often find myself longing for those golden days when life felt so perfect and peaceful Those memories of school remain etched in my heart, a reminder of a time when life was at its best. It was not just a place; it was a journey of growth, happiness, and endless learning. Those school days will always be the most cherished part of my life



Jannat Ansari, SYND



As this year comes to an end, I find myself reflecting on all the moments that made it unforgettable. It was a year filled with happiness, laughter, and even a few challenges, but every moment shaped me in some way. One of the most special memories was my trip to Goa with my cousins, who are more than just family they are my best friends in the world. From sunny beaches to endless laughter, every moment we spent together was filled with joy. That trip reminded me of how much I treasure the bond we share. Shortly after, my closest cousin who is not just family but also my best friend got engaged. Watching her step into a new chapter of her life was an emotional and overwhelming moment for me. It was pure happiness, and it brought us even closer. Seeing her so happy made my heart full, and it's a memory I'll hold onto forever. This year wasn't just about family; it was also about friendships that grew stronger.

I became closer to my college girl gang, and together we turned everyday moments into something magical. From shared laughter to deep conversations, they became my source of joy and support, making even the simplest days feel special. Another highlight of the year was witnessing the victory parade at Marine Drive after India won the World Cup. The streets were alive with excitement and pride, and being part of that celebration felt incredible. It was a moment of unity and pure happiness that I'll never forget. But not every day was easy. There were moments when sadness crept in and made things hard. Yet, I survived those days, and they taught me to be stronger and more grateful for the happier times. Those moments reminded me that even on the toughest days, brighter days are ahead. This year has been a mix of highs and lows, but every experience has made me grow. It was a year of love, laughter, learning, and resilience. As I step into the next year, I carry with me the memories, the lessons, and the hope for even better days ahead.



Preeti Rathod SYND

Carved Memories & Forgotten Names

Jinny, oh Jinny,

I still remember the days we chased the afternoons barefoot, Quarrelling for the window seat, laughing till we couldn't breathe. With scraped red knees and ice lollies in hand, We built forts in the dirty garden and ran after butterflies. Our world was small, but it felt infinite.

You had this obsession with carving your name on everything I owned, Like you wanted to leave a piece of yourself wherever I go. Your brown eyes and messy curls were a constant, Sometimes comforting, but sometimes a threat. The wooden swings where we engraved our names now sit abandoned, But those summers still whisper in the wind.

Then life began to shift, new college, new people, new dreams.

We drifted, our daily hangouts scattered, and our calls turned to none.

Growing up together with arms linked felt neglected.

Just so you know, I'll always stan Kim Dan,

But in the soil of 'once,' I can still feel your memories tangled with mine.

You went from late-night calls to early mornings in her world, From my New York to her Paris,
And I stood in the middle of it all,
Alone in a crowd, watching us become strangers.
You called it maturing, but to me, it felt like forgetting.

With different faces and mismatched schedules,
We lost the beats we once danced to.
Still, when I think of us, I can only recall our laughter,
Because in my heart, we're still those kids,
With beautiful memories chasing butterflies
Jinny, oh Jinny, where did we go wrong?

NIDA SHAIKH, FYFSN



Step by Step... Growing in Stature

Dr. B.M.N. College of Home Science



Dr. B.M.N college comes into being

AKANKSHA -

first intercollegiate festival commences

our



Initiates unique concept of vacation classes



'Prangan' (Smt. Kamlaben Gambhirchand Shah Children's Nursery)starts as the laboratory for the Department of Human Development

The institution successfully

undergoes the accreditation process by NAAC with a B+



'Dashakotsav' celebrating ten years of existence

Introduces UGC Career Oriented Programs (COP) in Physical Fitness and Weight Management, and Event management



Introduces:
• Diploma course in Beauty Culture and Hairdressing recognized by MSBTE

· Career Oriented program in Beauty Culture



Re-Accreditation by NAAC with an 'A' Grade and CGPA of 3.64/4



Best College (2016-2017) adjudged by S.N.D.T. Women's

University Incepted Language Lab Re-Accreditation by

NAAC with an 'A+' Grade and CGPA of 3.69/4



Naming of the Post Graduate Department as Smt. Manjulaben Gunvantrai Shah Department of Post Graduate Studies



Starts UGC Vocational degree course in Food Science and Quality Control



Starts Post graduate Diploma course in Sports Science Fitness and Nutrition



BCA Department starts a second division.



Commences Master of Computer Applications affiliated to IGNOU



· Awarded Autonomous



Implemented the National Education Policy (2020)



Awarded Empowered Autonomous College Status by by SNDT Women's University





Introduces a Bachelors program in Computer Applications (BCA) under Smt. Kamlaben Gambhirchand Shah Dept. of Computer Applications



Introduces P.G. Diploma in Early Childhood

Commences B.Sc. Program in Nutrition

& Dietetics



BCA Department introduces an inter-collegiate tech festival "TEKZONE"

2009-2010 Silver Jubilee Celebrations



 UGC Status 'College with Potential for Excellence' • CSR Grant from SAS India Ltd. for SMART Classrooms







The Department of Human Development initiates Bal-Mela, a unique experimental venture



Starts M.Sc. program in Clinical Nutrition and Dietetics



Establishes Gandhian Studies



Received Autonomous Status Est. Audio Video recording and Edit room Established Research Capacity Building Centre under UGC Stride Scheme 1) Exam Cell 2) Employability and Entrepreneur Career Hub



Commences MSc. in Dietetics and Food

affiliated to IGNOU

Science Management

Commences Masters of MSc. RM (TTM)



Commences Masters of Computer Science

PROGRAMS OFFERED BY DR. BMN College of Home Science



360 DEGREE
DEVELOPMENT



PROFESSIONAL COURSES

@
AFFORDABLE FEES



FREESHIP AND FINANCIAL AID AVAILABLE

UNDERGRADUATE PROGRAMS

B.Sc. in Human Development

B.Sc. in Textile Science and Apparel Design

B. Sc. in Resource Management (Hospitality Management)

B.Sc in Food Science & Nutrition

B.Sc. in Nutrition and Dietetics

Bachelor in Computer Application

POSTGRADUATE PROGRAMS

M.Sc in Clinical Nutrition & Dietetics

M. Sc in Resource Management (Tourism and Hospitality Management)

M.Sc in Computer Science

PG Diploma in Sports Science & Fitness Nutrition

PG Diploma In Early Childhood Education

INTERCOLLEGIATE CULTURAL FESTIVAL

'AKANKSHA' (Theme: 'Emotions')

2nd December 2024



Akanksha Inauguration Ceremony



Winners of the Face Painting Competition



Standup Comedy



Winners of Cartooning competition

'TEKZONE' (Theme: 'Tech Voyage - The Digital Journey - Breaking the Realms of Reality) 24th & 25th January 2024



Beatboxing - Beatzilla Event



TekTales Event



Game Forge Event



Techie Tokens Event

Recipients of Distinguished Alumna Citation (2025)



Ms. Subbulakshmi R. Sankaradoss Yadava (2017, Bachelor of Computer Applications), Senior Consultant/Deputy Manager, Deloitte



Ms. Nandita Dhanaki (2014, M.Sc. with specialisation in Clinical Nutrition and Dietetics),
Assistant Dietician, Advanced Centre for Treatment, Research and Education in Cancer (ACTREC), Kharghar, Navi Mumbai



Ms. Gitanjali Patel (1988, B.Sc. with specialisation in Human Development), Headmistress, Indian Education Society, KG & Balodyan, Hindu Colony, Dadar, Mumbai



Ms. Sadaf Anjum Shaikh (2017, Bachelor of Computer Applications),
Consultant at PricewaterhouseCoopers, Mumbai



Ms. Naziya Rashid Shaikh (2002, B.Sc. with specialisation in Food Science and Nutrition)

Webweavers – A Web Development Hackathon, 3rd March 2025



Felicitation of Guest of Honor Mr. Rahul Gupta (CEO - Passion 3D World)



Final Round - Team presentations

5th Degree Award Ceremony, 8th March 2025



Marching with the Chief guest



Graduating Batch



Ms. Bhayani Amisha Samir Priti and Ms. Mody Dhvani Sanjay Megha Gold Medalists (2023-2024) of MSc. CND



DEGREE AW DER LOVE

Ms. Siddiqui Kainat Kamil Khatija Gold Medalists (2023-2024) of Bachelor of Computer Applications



Ms. Panjwani Raina Sanjay Kareena Gold Medalists 2023-2024) of B.Sc Home Science (Textile Science and Apparel Design)

Annual Prize Distribution Ceremony, 13th March 2025



Chief guest Shri. Hiren Shah, Vice-chairman of the Seva Mandal Education Society



Prize Winners felicitated

Eminent Guests on Campus



67th Foundation Day Celebrations, Chief guest: Mr. Vivek Bhimanwar, Transport Commissioner, Govt. of Maharashtra. 1st August, 2024



Teachers' Day Celebration, Chief guest: Shri. Chetan Desai, District Governor, Rotary District 3141, 5th September, 2024



Ruby Jubilee celebration (40th anniversary of the college).

The event was graced by the Chief Guest

Ms. Triya Nanavati, 30th January, 2025.



Tekzone 2025, Chief guest: Mr. Faheem Momin (Founder, CEO, Director of Driving Business Transformation through HyperAutomation, BPM and Data Analytics Expertise), 4th March, 2025



Smt. Dakshaben Memorial Lecture Series, Speaker: Dr. Vrishali Patil, Multi Organ Transplant Surgeon, Director Transplant Surgery, Dr. D. Y. Patil Hospital, Pune, 3rd September, 2024



The 76th Republic Day celebration, Chief guest: Mr. Rajnish Goyal, Principal Chief Electrical Engineer, Central Railway, 26th January 2025



Hackathon, Webweavers – A Web Development Hackathon'. Chief guest: Mr. Mayur Tembhare, Director, Gravitech Dreams Pvt. Ltd, 3rd March, 2025



5th Graduation Ceremony, Chief guest:
Ms. Jyoti Kumar Bansal, Chief - Brand and
Communications, Tata Power Company Ltd,
8th March, 2025.

Green Club Activities



Tree Plantation Walk, Aarey Colony. 11th August, 2024



Symposium on 'Enriching Green Club Activities on Campus' 21st August, 2024



Mangrove Cleanup, Airoli, 30th December, 2024.



Workshop on 'Exploring Sustainability' at HBCSE, 5th March, 2025

Gandhian Studies Centre



Shri. Mohanlal Pathak Endowment Lecture Series by Dr. Uma Maheswari Shankar, Principal, SIES College of Arts, Science and Commerce & Head of the Department of Philosophy, 1st October, 2024



Session by Prof. Vibha Surana, Mumbai University, on 'Nonviolent Communication', 4th December 2024



A session for BSc and BCA students on 'Relevance of Mahatma's Values in Modern times' by the Bombay Sarvodaya Mandal members, 9th January 2025



Shri Madhay Bakshi Memorial Lecture Series on 'Value Education' - "Championing Inclusion and Equity" by Mr. Ketan Kothari and Ms. Poonam Deokar, Xavier's Resource Centre for the Visually Challenged, 13th March, 2025

National Service Scheme (N.S.S.)



Avhaan - Disaster Management Camp from 7th to 16th November, 2024



"Organ Donation" session by
Ms. Namrata Chopdekar, Associate Professor,
SMES S.P.G College of Nursing,
8th August, 2024



Blood donation camp, Sion, organized by "Unique Blood Motivators", 1st January, 2025



"Masika Mahotsav at Krishnachiwadi, Asangaon in collaboration with Muse Foundation, 7th July, 2024



"Peace Rally" (in memory of the victims of Hiroshima and Nagasaki atomic bombings), 6th August, 2024



Swachata Hi Seva - beach clean-up drive post-Ganpati Visarjan at Chatrapati Dadar Beach, in collaboration with Green Club, 21st September, 2024



Awareness lecture on "Road Safety" on the occasion of Road Safety Week in collaboration with Nehru Yuva Kendra Sangathan,
Mumbai, 18th January 2025



Education Awareness Day program at Maharashtra Nagar and Shivaji Nagar Mandala, Kalwa from 22nd to 29th January, 2025

Ruby Jubilee & Annual Day Celebration, 30th January, 2025



Management Members, Principal and Vice Principal along with Chief Guest Ms. Triya Nanavati



Lighting the lamp



Fireflies dance performance



Haryanvi Folk Dance by the college dance team.



A dynamic showcase of the sports journey by students of Dr. BMN and HMN Colleges!



SCNI Polytechnic Department of Fashion Design's "Walking the Ramp"



Singing Marathon Performed by Non-Teaching Staff theme – Retro vs Modern



Musical showcase featuring singing and guitar by B.Sc. teachers and students.

Sports



International Day of Yoga, under RUSA's Faculty Fitness Training Program with expert sessions by Ms. Meena Siva and Ms. Riddhi Shah, 21st June, 2024



2nd Annual Inter-Collegiate Chess Tournament in collaboration with the Lions Club of Sion and Lion
 Dr. Ashok Mehta Sports
 & Cultural Academy, 30th November 2024



Kabbadi Competition, Day 1, Annual Sports Festival, 23rd December 2024



Year-round nutrition supplementation scheme to boost sports fitness



Carrom Event, judged by Mr. Prathmesh Salunke. RUSA Sponsored District Level Holistic Sports Symposium, 16th August, 2024.



Ms. Akshata Dhokale clinches gold in Acrobatic Gymnastics at the 38th National Games held in Dehradun, Uttarakhand from 28th January to 14th February 2025.



Day 2, Hoops display Annual Sports Festival, 24th December, 2024



Annual Prize Distribution Ceremony, 8 All India-level athletes honored for excellence in sports, 13th March 2025.

Women's Cell



Session on Financial Literacy by
Dr. Karuna Shinde, Associate Professor &
HOD, Dept. of Economics,
Tibrewala College, 27th July 2024



International Men's Day, 19th November 2024



Film Screening in collaboration with MAVA on 'Reel to Real: Exploring Gender Through Cinema', 3rd March 2025



Dental Camp held on campus for students and non-teaching staff in collaboration with Team Parivartan and Government Dental College, Mumbai on 27th March 2025.

Balmela 2025 - "Stone age to Civilization" 13th & 17th January, 2025



Chief guest: Ms. Inaya Chowdhry, child artist, who played the role of junior Alia Bhatt in the movie Darlings.



Puppet Show



Craft Activities



Dramatization

Dr. Bhanuben Mahendra Nanavati College of Home Science STUDENT SUPPORT SERVICES

- + Library facilities Book Bank, Scholar's Card to Merit Holders, Student Representatives in Library Committee, Online databases, Member of American Library
- + State of Art Computer Labs with Internet Facility and Wi-Fi on campus
- + Counselling Facility Personal and Professional Counselling
- + Health Counselling Facility
- + Mentoring Programme
- + Right To Information Cell
- + Grievance Redressal Cell
- + Anti-ragging Committee
- + Cell for Prevention of Caste based Discrimination
- + Internal Complaints Committee
- + Placement Cell
- + Gymnasium Facilities for staff and students with trained instructor
- + Internship for placement in Industry, Government and Non-Government organizations
- + Beauty Parlour facility at subsidized rates
- + Workshops and training programmes on relevant issues
- + Alumnae Association/Parent Teacher Association
- + Inter Collegiate Festivals "AKANKSHA" / "TEKZONE"
- + Freeships for needy students

Dr. Bhanuben Mahendra Nanavati College of Home Science(Autonomous)

NAAC Re-Accredited 'A+' Gradeith CGPA 3.69/4
UGC Status: College with Potential for Excellence
Enhancing Quality & Excellence in Select Autonomous Colleges Scheme (RUSA)
Best College Award 2016-17 adjudged by S.N.D.T. Women's University

Smt. Parmeshwari Devi Gordhandas Garodia Educational Complex

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